

Easy fixes for boring tresses

Everyone has that moment sometimes — you roll out of bed, glance in the mirror and recoil. Check out our quick fixes.



A Dash of Soda

In the shower, sprinkle a small amount (quarter-size drop) of Baking Soda into your palm along with your favorite shampoo, and then lather as usual. The baking soda helps to remove the residue that styling products leave behind, so your hair is cleaner and more manageable. It really does make your hair feel super-soft.

Style the Surface

One hair trick is to work with your bangs. You often sleep past your alarm and wake without time to wash your hair, so just wash your bangs. This way, no matter how messy or bad your hair looks, perfectly washed bangs make it seem like I meant to do that. Also, washed bangs and messy hair in a ponytail is always adorable.

Bun and Band

When you're in a rush and don't have time to style your hair, throw it in a bun and add a sleek black headband. Other times, a hippie-style braided headband in loose, messy hair seems to do the magic.

Turn Up the Volume

Here's a quick and simple trick that always seems to do the trick: Bend your head forward, shuffle with fingers, spray or apply a fixative. After that, your hair will appear really

big. Relax it with a scrunching motion. If all else fails, get back in the shower.

Soft as a Baby's...

Baby powder works great for making the oil in your hair disappear and pumping up the volume of limp locks. Simply sprinkle it onto your palms and run your hands through your hair to absorb the oils and give your style a lift.

Some Like It Hot

Most bad hair days start on the second day, meaning you shampooed your hair the day before and it behaved well. Want to be back to day-one gorgeous? Tuck your hair into a shower cap and take your shower. The moisture inside the cap and the heat from the shower help to reconfigure your hair and make it more malleable for styling. Follow by aiming a blow dryer at your roots to perk those locks back up.

Bump It Up

Bumpits are volumizing inserts that add lift and depth to flat, limp hair. Use one to give lift to a bad hair day or to bring your look from day to night. Use it to give lift to a blah day or at the end of the day to bring your look from day to night.

The Ballerina Bun

If you sleep in the bun, let it loose the next

morning to create excellent "just out of bed" hair.

Try a Little Cellophane

This treatment will instantly add shine and sparkle to even the dullest, drabbest days. Just coat hair with a shine treatment, cover in plastic, leave it on for a half hour and rinse out.

Parting Ways

Does your style suddenly look tired? Grab your comb and switch your part to the other side or right down the middle. It takes seconds and can make a world of difference.