In these days of instant communication, it's easy to overlook the act of writing a thank you note.

You know the kind you put in an envelope, seal, then place in the mailbox. The kind your mother taught you to write!

We at AARP feel that a thank you note is a gift in and of itself. Give back to the "givers" in your life.

Use this thank you note to write someone who has given to you (perhaps it was simply a smile.)

