



Why Horses?

The horse's survival depends on living in the present moment, making accurate assessments, and responding immediately to the environment. Their senses are created and finely tuned for awareness of what is going on around them for nearly 360°. They are large and powerful creatures yet can feel even the tiniest insect on their body.

Unlike humans, horses respond to what is actually happening. When interacting with humans horses respond to what we are actually communicating - not what we think we are communicating. They know our intention - often before we do.

Interacting with horses provides the opportunity to gain fresh, honest awareness of our truth. Horses have no agenda. They don't care about our power, position, title, degree, or salary. They know our truth. They give us the chance to learn what is profoundly difficult to learn from our human relationships.

Successful interaction with horses requires being present in the moment, communicating clearly and consistently, and having thoughts, emotions, and behaviors that are congruent. "Putting on a happy face" when we are angry, afraid, or frustrated does not work with horses.

**Allow nature's greatest teachers
to transform your life.**

We honor and respect your comfort in exploring truths you may learn with the horses. We provide a safe and confidential environment where you always have choices in learning your truths.



Sue E. Thomas, MS, PCC - founder of LeadershipEAD, LLC, combined her experience in organizations, passion for improving people's lives and love of horses to create L-E-A-D. She works with executives, leaders, professionals, groups and organizations as a life, performance, and executive coach, organizational development specialist, and creates experiential training, workshops and retreats.

Sue utilizes her skills to support people in discovering their strengths, going beyond their limitations, and lead a more fulfilling professional and personal life.

Sue earned a M.S. from Case Western Reserve University in Organizational Development and Analysis, a B.A. in Human Services, and is a Professional Certified Coach through the International Coach Federation.



Mary J. Malek, PhD, is committed to helping individuals, families, and organizations learn new skills to deal with life's challenges, transform relationships, achieve personal goals, and realize dreams.

L-E-A-D has perfectly blended her training as a psychologist and lifelong appreciation for the power of horses to help people find clarity and truth.

Mary earned her PhD in clinical psychology from Kent State University.



4637 Streeter Road • Mantua, Ohio 44255

Phone: 330.274.2693

Email: info@LeadershipEAD.com

www.LeadershipEAD.com

Horsepower

**Transforming the Professional
and Personal Arenas of Your Life**





L-E-A-D offers equine-assisted coaching, workshops and retreats for business, group and personal development. All focus on being in the moment, gaining awareness of limiting thoughts, emotions and behaviors, and creating meaningful change in:

- Accountability and Responsibility
- Behaviors and Attitudes
- Communication
- Confidence and Self-Esteem
- Goal Achievement
- Individual and Group Awareness
- Leadership
- Problem Solving
- Relationships
- Team Dynamics
- Trust and Respect
- Work/Life Balance

No horse experience needed. No riding is involved. All activities are done on the ground.



Horses teach us to be aware, to be conscious of our choices and actions, and to live in the moment.



Business/Group

Replace judgment with sound discernment, develop consensual leadership, create followership and increase ability to be successful.

Gain valuable insight into Emotional and Social Intelligence, its effects on your leadership, interactions with others, and team development.

Learn to inspire commitment, build relationships, develop resourcefulness, maintain composure, and manage change through a unique experience with horses.

Choose from our workshops or let us create a unique experience focusing on your desired outcomes.

Improve:

- Communication
- Creativity and Innovation
- Goal Achievement
- Leadership
- Strategic Relationships
- Team Dynamics and Trust



Personal

Increase your confidence and skills to manage, change, and direct your life and relationships.

BOUNDARIES: Do you have a "whoa"? Learn to build and maintain fences and gates that work.

CHOICES: Kids running "amuck"? Form an understanding of consequences, goals, and persistence.

EQUICOACHING: Need help blazing your trail? Horses guide your exploration.

PARENTING: At the end of your rope? Experience the benefits of a stable and sensible herd.

RELATIONSHIPS: Tired of the manure? Transform your relationships.



Customized

We realize that one size does **NOT** fit all. For this reason, we can tailor our workshops to your needs or create a customized experience for any business, group or individual.

Your customized experience can be conducted at our farm utilizing our horses or at another facility.

Incorporate overnight stays, coaching, skill or leadership assessments, and a variety of outdoor experiences with the power of the horses.

Perfect for business retreats, sabbaticals, group development, jump starting your career, professional or personal development, strengthening relationships, or just for fun.

Allow us to create a moving and eye-opening experience that produces meaningful results.

Visit us online at: www.LeadershipEAD.com for information about workshops, calendar of events, online registration, and more. Watch our video! Sign up for our monthly newsletter. Call us today: (330) 274-2693