



## Benefits

### **AWARENESS**

*uncover aspects of yourself that unconsciously create stress*

### **EMOTIONAL CALM**

*discharge the associations that hold in stress patterns at the source*

### **POSITIVE THINKING**

*reprogram negative perceptions and beliefs*

### **PHYSICAL EASE**

*weaken energy bonds that hold pain and disease in place*

### **RELATIONSHIP PEACE**

*turn off your emotional triggers and judgments*

### **EMPOWERMENT**

*learn to use your energy to create what you want*

### **PLEASURE**

*live from your heart*

*with peace, compassion, serenity, acceptance, appreciation, forgiveness, connectedness, wisdom, love, joy, hope, passion and purpose*

Eliminate the origins of stress in

★ *Mind, Body & Spirit* ★

## ★ Testimonials ★

"Rose is an extraordinary human being, full of wonder, inquiry, exploration and question, on a journey to learn, be, and serve humanity."

"Working with Rose has been one of the greatest gifts of my life. In a few months, I have received a lifetime of healing. Counseling never made much of a difference. Rose is different. Her classes helped me find the peace and patience to be a better mother to my children. There is no other person I would rather work with than Rose."

"I am no longer stuck in unhealthy patterns that are not useful to me anymore. I always walk away from Rose with the feeling of empowerment and control of my life and my issues."

"I had given up and wanted to die. Then I worked with Rose and my life feels utterly and delightfully new. I know I was depressed, but I can't remember how that felt. It's gone forever! Rose made me believe in miracles."

"Nine years of back pain took 30 minutes to go away. What Rose does seems almost mysterious and hard to believe, but it works when other things don't."

"Rose is clear and purposeful. Her passion is contagious. I have referred "complicated" clients to her and observed great improvement in their health and emotional well-being."

"Through working with Rose, I got myself more centered, by listening to my heart, accepting my feelings, being true to myself, and believing in myself...without blame and shame. I feel much happier and at peace."

"I was told no traditional treatment would heal my drop foot. Nerves don't regenerate. A few skeptical sessions with Rose and my foot is perfectly normal."

"I have been to a long list of healers in the area, but I can truly recommend only one. Others helped. With Rose, I am healing my body and my soul and I see my life changing."

Vibrant Living from the Inside-Out!

★ ★ ★  
*Energescent*  
★ ★ ★  
**Wellness**



**Rose Marie Fantelli, MA**

***Intuitive Life Coaching  
Innovative Energy Psychology***

by appointment at  
23875 Commerce Park 130  
Beachwood, OH 44122  
energescent@aol.com

**216.556.5045 x3**

Free your spirit to live in...

# Energescence

Hello, I am  
Rose Marie Fantelli



*I have developed a fast and easy way to help you get rid of stress and pain. I use science, intuition, and innovative energy psychology to help you track the sources of stress back to their original patterns and change them.*

*The energy pattern is what generates the stress instantly. Change the pattern at its beginning and you will not experience that stress again. It is so simple and quick to change. It may be hard to believe that the stress you feel can be gone permanently.*

*The Energescent Wellness process is based on accepted quantum principles and studies of consciousness that can be applied to self-healing. The possibilities are endless, amazing, and will change your life for good. Really.* ★

## An Energetic View

### Everything is energy – including you!

From the tiniest parts of atoms to the entire universe – it is all one, dynamically balanced living energy system.

**You are energy** in every cell, every thought, every emotion, every expression in your part of the universe. The stress, pain, and illness you feel is your body telling you about a disruption in your energy field, whether it is mental, physical, emotional or spiritual. It is an opportunity to feel better, and to heal.

### Stress is a pattern that becomes a habit

Stress has its origins in your unconscious mind. You don't want it – it just happens. It is disruptive energy from many sources. It is not bad – just information that something in your system is not functioning optimally.

**Energescent Wellness** is a process of transformation from your unconscious into your conscious awareness. You will learn to unlock the parts of yourself that hold you back, and to return to a sense of well-being. You will do this consciously, as you enlighten yourself into wellness. There will be no need to manage stress because it will be resolved at the source.

### Healing is elegantly simple and sensible

Your body already knows how to heal automatically, much like an amazingly fast and complex bioenergetic computer that continually sends information to trillions of cells. Stress puts cells into fight or flight rather than peace and harmony. When you learn to communicate in an energetic language, you can change the stress patterns and your body will relax into healing itself as it is magnificently designed to do.



*I act as your navigator, coach and translator as you move through your unconscious memory. You learn to resolve the energy disruptions and give healing information to your mind-body system in a language it understands.*

## Workshops

- **Energy Balancing for Parents & Kids**
- **From Relationship to Partnership**
- **Understanding Energy Healing**
- **Loving Yourself More Than You Hurt**

For more information or  
to schedule an appointment, call:

**216.556.5045 x3**

### About Rose Marie Fantelli:

**Licensed** by the State of Ohio as a professional clinical counselor

**MA in Community Counseling:** John Carroll University  
**BA in Psychology:** Kent State University

**Certifications:** EMDR II for trauma resolution, Subtle Energy Healing, Lambdoma Sound of Light Healing, Navigating the Soul I intuitive training, Interactive Guided Imagery I and Usui Reiki Master

**Extensive training** in Energy Psychology and Energy Medicine including EFT: emotional freedom technique, TFT: thought field therapy, and other techniques using acupressure and breathing methods to transform energetic stress

**Clinical Hypnosis** at the graduate level

**18 years of workshops** focusing on consciousness: including brain function, stress physiology, trauma, spirituality, energy anatomy, vibrational healing, mind-body protocols, eastern medicine, shamanic traditions and intuition

#### Professional Memberships:

- The Association for Comprehensive Energy Psychology
- United States Psychotronics Association
- Institute of Noetic Science
- Institute of HeartMath

**Note:** Some sessions may be partially reimbursed by insurance.