

BALANZA

In a society that overindulgence on almost everything this casual dining table and chair creates awareness to the user of what they consume. Many acts of eating are connected to visual cues that either encourage eating or in this case cause awareness and possible stop over eating.

The scale sensor inlaid in the seat displays your current and fluctuating weight on the back of the chair as well as your table top. Causing you to be more aware of what your body is taking in.

The separation in the single seat setting only allows for a 9 inch plate which is surrounded by an outer ring that represents the size of many contemporary oversized dishes. In addition the void in the center of the table rejects the possibility of serving family style portions which also results in over eating.

