

## Complex Truths

- There is no cure
- While there are treatments, they only slow the progression of the disease and treat some of the behavioral issues associated with the disease
- Scientists still do not understand the direct causes of Alzheimer's
- Risk factors include: age, genetics, head injury, and heart health
- 5.3 Million Americans are living with this disease
- While associated with the brain, Alzheimer's is NOT a mental illness or weakness, it is a physical condition



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## Living with a loved one with Alzheimer's

Discovering the Treatments

## Current Treatment



There are only 2 types of treatments on the market for Alzheimer's Disease.

The first type aids in the prevention of the breakdown of nerve cell communications. The majority of these drugs only slow the worsening of symptoms for 6 to 12 months.

The second type of treatment treats the behavioral issues associated with Alzheimer's. These issues include, but are not limited to: Physical/verbal outbursts, depression, restlessness, hallucinations, and delusions.

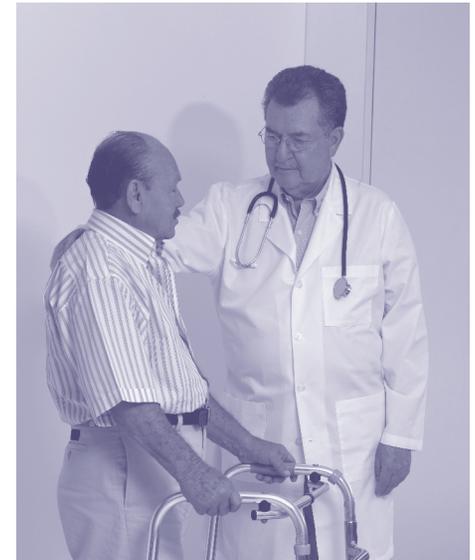
Doctors may prescribe anti-depressants or anti-psychotics to help aid with these symptoms. Doctors may also prescribe certain drugs to combat the harsh side effects of some of these drugs.

## On The Horizon

Alzheimer's research is an ongoing process. There is still very little known about the direct causes of the disease. Because of this, direct treatments or cures are still unable to be found.

The best thing that you can do is to contribute to the various association's that raise money for Alzheimer's research.

There are various charities that contribute and do things like "Memory Walks" to help raise money to fund research. These causes are very important as living with someone with Alzheimer's is a very trying process that no one would want to experience. The sooner a cure is found, the better.



*(Above) Professionals are more than happy to discuss the different types of treatment available for your loved one.*