

Challenge your fitness endurance  
as you move, kick, jab & groove  
to the uplifting dance beats  
from Hip Hop, Latin to Bollywood.

# iLoveFit! 2012

A fitness extravaganza in celebration of  
International Women's Day!

24 March 2012 @ City Square Mall Atrium

## A.M. Segments

BellyBlitz® & FunkBlitz® 1 hour each

## Endurance Challenge

CardioBlitz® & KickBoxing 2 hours

## P.M. Cooldown

StretchFit® 1 hour

Call **6781 1822** to register now!

For more information, visit:  
[www.amorefitness.com/ilovefit](http://www.amorefitness.com/ilovefit)

Jointly organised by Amore Fitness & U Sports.



Purchase a **Fitness Package**  
now & receive:

- Up to **\$300 Spa Treats**
- **Digital Weighing Scale**  
with Body Fat & Hydration Analysis



Terms and conditions apply. While stocks last. Valid till 29 February 2012.



[www.facebook.com/amorefitness](http://www.facebook.com/amorefitness)



GYM | AEROBICS | STEP | KICKBOXING | PILATES | YOGA | SCULPTING | DANCE | CARDIOLATINO® | BELLYBLITZ® | STRETCHFIT® | BOLLYBLITZ® | BOUTIQUE SPA & MORE

**AMORE FITNESS & BOUTIQUE SPA** Ladies Exclusive

	Bugis Village	Bugis Junction	Heartland Mall	Jurong Point 2	Plaza Singapura	Thomson Plaza	Woodlands Civic Centre
FITNESS							
SPA	6338 1822	6336 6822	6285 1822 6280 7822	6337 7333 6226 7822	6733 7333 6334 4822	6223 3822 6732 1822	6892 1822 6894 2822

**AMORE LIVING** For Everyone

	Tampines 1	City Square Mall
FITNESS		
SPA	6789 8822 6784 1822	6781 1822 6789 1822

**AMORE DEFINE** SPA For Everyone

Liang Court  
6339 7822  
(Couple Suites By Appointment)

**amore**  
[www.amorefitness.com](http://www.amorefitness.com)