

Masala

THE NO. 1 ASIAN CELEBRITY & LIFESTYLE WEEKLY

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**SIMPLE STEPS TO
A SLIMMER YOU**

**LATEST
HEALTH &
BEAUTY BUZZ
IN THE UAE**

**THE
FITNESS
ISSUE**

FIT 'N FAB

**Parineeti's
HOT new body**

**PLUS Other
A-listers' dramatic
makeovers**

INSIDE

MEET THE MASALA! AWARDS JUDGES

The Breakup

**All about Konkona &
Ranvir's split**

MMA CRAZE

**Kick your way
to a dream
physique**

LOOK CHIC, FEEL GOOD

**Dress to
impress
at the gym**

COMPLIMENTARY
COPY
NOT FOR RESALE

**Uma Ghosh
Deshpande's**

**Super tips to
feel great...
at all ages**

