

Tim Morehouse

SABRE FENCER

Olympic Silver Medalist

Once  
the mask  
comes down over  
my face I assume my  
fencing personality, which is  
aggressive, confident and strong...  
there is a certain power about  
wearing a mask that brings  
out a different side of  
me.

Are  
there any  
rituals that you  
go through before  
you fence?

I think about all the positive experiences,  
people and things in my life and I call them to  
me... I see positive energy in a blue light and so in my  
mind I'm calling to me blue energy from around the world and  
bringing it into me.

How do you distinguish yourself from your competition?

... There is not much room for improvising the fencing uniform.

How do you feel when you fence?

There is a strong familiarity on the fencing strip. I feel comfortable there. And even if I  
haven't competed in a few months, when I step on the strip it's like I'm in another world.  
No matter what's happening in my life, (for 95% of things) Once I'm in competition mode,  
I'm able to put everything else out and just focus on the task at hand.

