

ACTION & TRAINING DVDs

**GREAT ATLANTIC
EXCLUSIVE**

Millon DVD Series

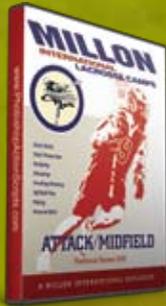


MILLON ATTACK/ MIDFIELD #87901

Created to help improve attack/midfield. Millon reveals his secrets and techniques with in-depth lessons, text highlights on important points and more. 40 minutes.

MILLON DEFENSE #87902

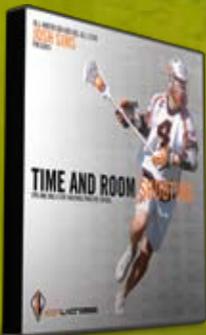
Improve your defense with Millon's secrets and techniques. Stick skills, positioning, transition defense, checking, takeaway checks, drills, breakouts, ground balls, dodging and more. 60 minutes.



VIDEO ONLINE

YOUR CHOICE

Reg. 19.99 **Club Lax 17.99**
Free w/60 Club Lax pts.



TIME AND ROOM SHOOTING DVD #6354

Josh Sims is considered to be one of the best midfielders of all time and a huge part of his success was an amazing ability to shoot the ball with accuracy and velocity using both hands. In this DVD, Sims breaks down techniques and drills that will help anyone become a great shooter from the outside!

Reg. 29.99 **Club Lax 26.99**
Free w/90 Club Lax pts.



EVOLUTION IN GOALTENDING DVD #6353

Trevor Tierney is the only goalie in the history of the game to have won an NCAA Championship, an ILF World Championship, and an MLL Championship. In this DVD, Tierney shares his philosophy on playing goalie and the secrets to his success. Approx. 90 minutes.

Reg. 29.99 **Club Lax 26.99**
Free w/90 Club Lax pts.



BECOMING A CHAMPION: THE ATTACKMAN DVD #7333

Coach John Danowski covers a wide variety of concepts, drills and techniques that are vital to developing the ultimate attackman. He shows concepts such as receiving the ball, playing around the crease, protecting the ball, handling ground balls, field positioning, transition, inside shooting, pick plays and playing without the ball. 45 minutes.

Reg. 39.99 **Club Lax 35.99**
Free w/120 Club Lax pts.

**GREAT ATLANTIC
EXCLUSIVE**

ULTIMATE GUIDE TO YOUTH LACROSSE

#10766

This two disk set is the first ever lacrosse instructional DVD for ALL positions. Former Team USA member and Hall of Famer Mark Millon covers all aspects of midfield and attack play. MLL star Nick Polanco provides all you need to be a top defenseman, and former Cortland goalie George Breres offers tons of info on goalie play. Loaded with over 240 minutes of content, MLL footage, and graphics. A true must see and great value.

Reg. 39.99 **Club Lax 35.99** Free w/120 Club Lax pts.



TIERNEY LACROSSE FOUNDATION DVD Series

FATHER & SON LACROSSE #90945

Coach Bill Tierney has led his Princeton Tigers to six Division I national championships. Tierney's son, Trevor, helped lead the Tigers to two of those championships and is the only goalie to win at least one NCAA, MLL and ILF championship. Father and son demonstrate great drills and techniques you can use to improve your game in your own backyard, but more importantly how to keep the game fun and enjoyable.



YOUR CHOICE

Reg. 29.99 **Club Lax 26.99**
Free w/90 Club Lax pts.



DEFENSIVE FOUNDATION #90943

Tierney teaches the defensive fundamentals. From catching and passing to scooping and individual defense, this video has everything you need to take your game to the next level.



OFFENSIVE FOUNDATION #90941

You will learn several key drills that will take your game to the next level. Even seasoned veterans can benefit from learning these techniques from such a legendary coach as Tierney.



STRING IT AND SLING IT MESH #90947

In this DVD, lacrosse star Trevor Tierney will teach you to string a mesh pocket. Mesh pockets are the easiest to string however, they have many little intricacies that can affect the performance of the pocket.



SHOOT LIKE A PRO DVD
#100401 Reg. 34.99
Club Lax 31.49
Free w/105 Club Lax pts.



MAXIMUM ATTACK DVD
#100403 Reg. 34.99
Club Lax 31.49
Free w/105 Club Lax pts.



BILL PILAT'S GOALIE DVD
#22874 Reg. 34.99
Club Lax 31.49
Free w/105 Club Lax pts.



TEAM PRACTICE DRILLS DVD
#62188 Reg. 24.99
Club Lax 22.49
Free w/75 Club Lax pts.

BEST SELLER



**FACE-OFF THE GAME WITHIN
THE GAME DVD** #22839
Reg. 24.99 **Club Lax 22.49**
Free w/75 Club Lax pts.

BEST SELLER