

LOTUS

Re-Ligare Institute

The **Lotus Re-Ligare Institute** aims to provide a **retreat** from the **excesses** of everyday life in our modern-day society, to provide a refuge from the **"doing"** and **"having"** that dominate our existence. The Institute serves as a **haven** away from the chaos, stress, and tension for those living and working downtown. The ideas of strengthening the individual's **relationship** with his/herself, others, and nature; the aim of physical practice and improvement; a **focus inward** on the self; and the general effort to improve the self all are all integral parts of the Institute's mission.



Site Plan

