



Embody® Chairs



Design

An agile chair that keeps your body and brain limber all day. Designed specifically for people who work for hours at computers, Embody is the first work chair that benefits both mind and body.

Features

Healthful Movement and Support

- The back of the chair looks like a spine. Entirely intentional. Embody’s instinctive back adapts to your movement, adjusting automatically to your shifting positions, keeping your spine aligned and healthy.
- Lean forward or recline, your lower back support remains constant—no adjustments needed.

Embody’s frameless, narrow back allows your arms and shoulders to move more freely. This movement helps open your lungs and encourages deeper breathing, as well as more focused thinking.

Conforming to You

- Pixelated Support—thanks to a dynamic matrix of pixels—creates seat and back surfaces that automatically conform to your every movement and distribute your weight evenly.
- By fitting your form and reducing seated pressure, Embody increases blood circulation, which improves the flow of oxygen and decreases heart rate.

One chair size fits every body. Embody automatically adapts to the wide variation in the sizes, shapes, postures, and spinal curves of different people. Seat depth adjusts to different thigh lengths; armrest motions fit the broadest ranges.



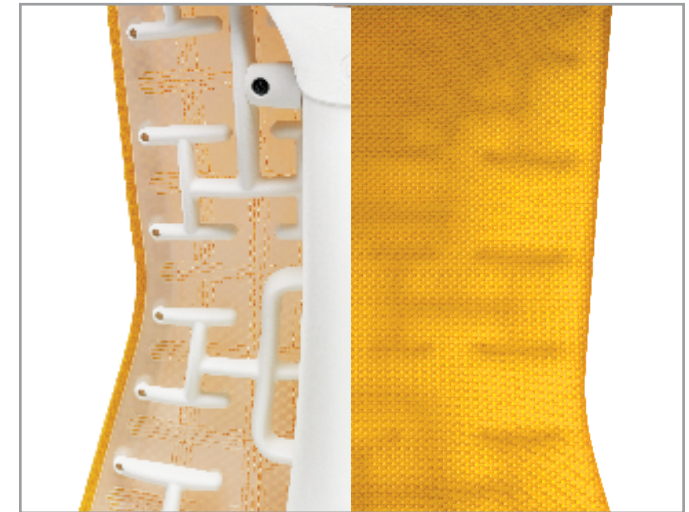
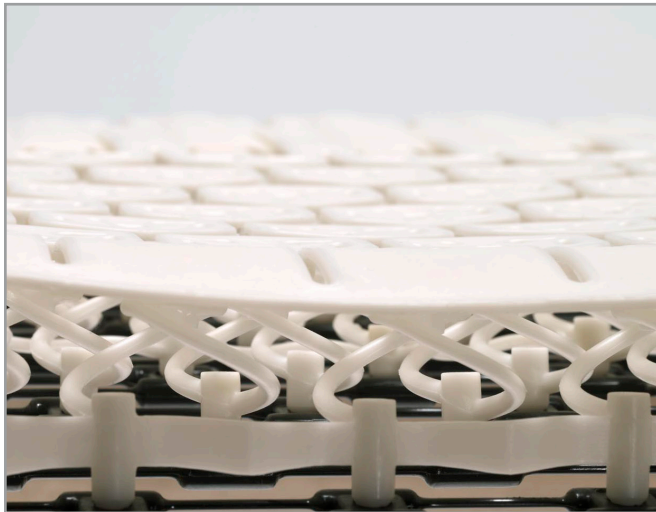
See the Form, Feel the Function

- The technology of the Embody chair is right there, where you can see it. Its function is part of its aesthetic. From the back, you see the technology; from the front, you see organic shapes and curves.
- More like a skin than a covering; textiles are meant to enhance, not cover up. They have “loft” for a cushy feel; and light and air pass through; keeping you cool.

Colours pair with two frame colours and three base colors to simplify choice and appeal to universal tastes

Sustainability

- The facility in which Embody chairs are made produces about one trash can of non-hazardous landfill waste a month, 77 pounds. The facility uses nothing but renewable energy.
- Made of 42% recycled content, the Embody chair contains no PVCs; at the end of its lifecycle, 95% of Embody can be recycled.
- Embody is McDonough Braungart Design Chemistry (MBDC) Cradle to Cradle Silver certified and GREENGUARD certified, and it can provide credits for LEED certification.



Warranty

Embody is backed by Herman Miller’s 12-year, 24/7 warranty.

HermanMiller

