

Calories	Total Fat	Sodium	Sugars	Fiber	Calcium
90	0.5g	210mg	6g	2g	0%
5%	1%	9%		8%	0%

*Mill
Select*  TM

Frosted Flakes

Whole Grain Cereal
LIGHTLY SUGAR COATED



SERVING SUGGESTION
ENLARGED TO
SHOW TEXTURE

- low fat
- 90 calories
- excellent source of iron

©

NET WT 12 OZ (340g)

