



NEW ENGLAND  
*Center of Laughter*

CENTER FOR HEALTH PROMOTIONS PROGRAMS

Brought to you  
by **Marcia**

**New Location!**

The "Smile!" Building (Main St.)

**STARTING TUESDAY - Sept. 13**

TUESDAYS - Very Gently Yoga

THURSDAYS - Tai Chi (Level I & II)  
Zen for Men

FRIDAYS - Mindful Walking

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