



NEW ENGLAND
Center of Laughter

CENTER FOR HEALTH PROMOTIONS PROGRAMS

Brought to you
 by the **Marcias**

New Location!

The "Smile!" Building (49 So. Main St.)

STARTING TUESDAY - Sept. 13

TUESDAYS - Very Gently Yoga

THURSDAYS - Tai Chi (Level I & II)
 Zen for Men

FRIDAYS - Mindful Walking

FREE WEDNESDAYS

Laughter Yoga starts at 12:15pm



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