

# Personal Safety & Safe Relationships

at  
SANTA ROSA JUNIOR COLLEGE  
INFORMATION REPORTING RESOURCES



## SAFE RELATIONSHIPS

*One of the most essential parts of your college life will be the relationships you build with other students, staff, and faculty on campus. You have the right to be in relationships that you choose and to have those be safe for you. You are equally responsible for treating others with respect.*

## ACTIONS YOU CAN TAKE

### Trust your instincts

If someone makes you feel uncomfortable remove yourself from the situation and tell someone.

### Communicate clearly

In a relationship clearly tell your partner what you want. If there are limits that you want to maintain, state what they are and stick to them.

### Respect boundaries

Listen to others when they express their limits and do not use pressure and intimidation to get what you want.

### Use the buddy system

When going out stay with friends and have a plan for how to help each other get out of a risky situation.

### Stand up against abusive words & actions

Help create culture of respect and non-violence on campus.

### Reach out for help

Contact us to talk to someone who can help you find alternatives to violence in your relationship or if you have been threatened or assaulted.

### If you see something, say something

If you are concerned about threatening or abusive behavior that you have witnessed, contact us for information on how to help.

***SRJC PROHIBITS DATING/DOMESTIC VIOLENCE, STALKING, SEXUAL HARASSMENT AND SEXUAL ASSAULT; ALL OF THESE ACTIONS ARE CRIMES AS WELL AS VIOLATIONS OF THE SRJC STUDENT CONDUCT STANDARDS.***

*Violation of the Student Conduct Standards is basis for disciplinary sanction, including dismissal from class or from the College. Students who commit these acts may also be criminally prosecuted.*

## DEFINITIONS

### Sexual assault

Any sexual act directed against another person, forcibly and/or against that person's will; or not forcibly where the victim is incapable of giving consent.

### Consent

The person must act freely and voluntarily and have knowledge of the act or transaction involved.

### Domestic violence

Violence committed by a former or current spouse, a person with whom the victim shares a child in common, or a domestic partner.

### Dating violence

Violence committed by a person who is or has been in a social relationship or intimate nature with the victim.

### Stalking

Engaging in a course of conduct directed at a specific person that would cause a reasonable person to fear for his or her safety and suffer substantial emotional distress.

### Sexual harassment

Unwelcome conduct in the areas of sexual advances, requests for sexual favors, and other verbal or physical sexual conduct.

## SEXUAL ASSAULT FACTS

- ♦ One in five women is sexually assaulted while in college.
- ♦ A significant number of men also experience sexual assault during college.
- ♦ 75 – 80% of these assaults are by someone they know.
- ♦ At least 50% of sexual assaults among college students involve alcohol consumption by the perpetrator, the victim, or both.

### Source:

Krebs et al., The Campus Sexual Assault Study (2007) National Institute of Justice, U.S. Department of Justice.

## REPORTING OPTIONS

To report stalking, sexual assault, abuse, or threats of assault or abuse:

District Police

(707) 527-1000

To report sexual harassment or sex discrimination:

Title IX Coordinator –

Vice President of Human Resources Office

(707) 527-4954

## CONFIDENTIAL COUNSELING

SRJC Student Psychological Services

(707) 524-1595

Verity 24-hour Rape Crisis Hotline

(707) 545-7273

YWCA 24-hour Domestic Violence Hotline

(707) 546-1234

## For more information visit:

- ♦ [www.santarosa.edu/StudentHealthServices/sexual-assault-prevention](http://www.santarosa.edu/StudentHealthServices/sexual-assault-prevention)
- ♦ [www.notalone.gov](http://www.notalone.gov)
- ♦ <http://ourverity.org>
- ♦ [www.rainn.org](http://www.rainn.org)