

# Journal of the AMERICAN DIETETIC ASSOCIATION

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June

**Position Paper: Benchmarks  
for Nutrition Programs in  
Child Care Settings**

**Medications as Adjunct  
Therapy for Weight Loss**

**Compliance with Dietary  
Guidelines and Psychosocial  
Factors in Postpartum Women**

**Correlation of Breakfast  
Consumption in Adolescent  
Girls with BMI and Calcium  
and Fiber Intake**

## **Weight Issues: Diet, Exercise, and Medications**



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