

# CARES

## CARES Zephyrhills Community Center has fun activities for seniors

CARES (Community Aging and Retirement Services Inc.) Zephyrhills Community Center is a friendly gathering place for all generations to continue to learn, work, play and help one another. It's a place packed full of services, events and activities. The center is located at 5320 First St. in Zephyrhills, and Larry Munroe is the director.

CARES is supported in part by the United Way of Pasco County, Area Agency on Aging of Pasco – Pinellas Inc., Florida Department of Elder Affairs, and charitable gifts.

Activities held currently at CARES include:

— Computer Class with John Jenkins on Mondays, Wednesdays and Fridays. Space is limited. You must sign up in advance.

— An attorney on the first Monday of the month, and a paralegal on the third Tuesday of the month. Legal aid is available free of charge at the center, however, any donations are appreciated as the center relies on fundraisers and donations to operate. The legal services are provided by professionals who volunteer.

— Art class with Instructor Donald Hencke on Tuesdays at 9 a.m.

— One-stroke painting for advanced students on Saturdays. Classes for beginners will be starting soon.

— Deaf Services on Wednesdays from 10 a.m. to noon. Telephones for the hearing impaired are provided. Call ahead to make an



### Sue down from Ottawa

Ottawa's Sue DeGeit, part-time resident of Zephyrhills, sketches trees at CARES Zephyrhills Community Center during an art class. "It's my first class," said Sue. Photo by Keith Carson.



### CARES artists show off a masterpiece

Zephyrhills residents Larry Munroe, director of CARES Zephyrhills Community Center, stands with artists Joanne Martin, Charlie Smeltzer, Mike Cummings, and Instructor Donald Henke with the mural they painted at CARES Zephyrhills Community Center. Zephyrhills City Manager Steve Spina plans on hanging it at city hall, according to Larry. Check out more photos and buy prints at [www.cnewspubs.com/Laker](http://www.cnewspubs.com/Laker). Photo by Keith Carson.

appointment.

— Pine needle baskets with Karol and Ruth Ann on Wednesdays at 1 p.m.

— Knitting and crocheting with Rosalie on Wednesdays at 11 a.m.

— Bingo at Zephyr Palms Event Centre, 4645 Airport Road, on Fridays. Doors open at 4:30 p.m. Early birds begin at 5:45 p.m. and regular games begin at 6:45 p.m. Food is provided by Rock & Soul Caterers.

The center also provides Medicare Home Health, homemaker and chore services, assistance with finances through their bill-payer program, health fairs, AARP driving classes and programs for those with limited sight.

CARES is looking for volunteers to teach any type of class on Thursdays. In addition to the classes listed above, other classes that are periodically offered at the center include: sign language; needle tatting; rubber-stamp card-making; Wordcrafters (writing group); Spanish; music; beadwork; sculpture; oil painting; tai chi; watercolor; wood carving; and macramé.

In January, CARES began holding a flea market in partnership with Community Chapel Church of God. The center is still seeking vendors for the market, which is open every Saturday starting at 7 a.m.

For more information about the flea market or the center itself, call Larry Munroe at (813) 788-0471 or (813) 293-0987 or visit [www.caresfl.org](http://www.caresfl.org).

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