

VALLEY health

2 From sports injuries to total joint replacements, orthopedics unit personalizes care

5 Bariatric surgery is about more than weight loss — it enhances quality of life

6 Paradise Valley Hospital delivers precious cargo



IN BRIEF

Paradise Valley Hospital to hold free health fair

On Saturday, March 21 from 10 a.m.-2 p.m. join PVH staff for a free and fun health fair. The hospital will have guided tours, new technology and equipment on display — including a fire truck, ambulance and helicopter — giveaways and food.

Paradise Valley Hospital is at 3929 E. Bell Road, on the southwest corner of Bell Road and 40th Street. For information, call 602-923-5672.

PVH offers opportunities for volunteers

Paradise Valley Hospital offers a wide range of volunteer positions in patient- and nonpatient-care areas. These include: outpatient and front-desk reception, pre-op, medical staffing, medical records, dietary, nursing floors, community wellness, and human resources. Volunteer shifts are available during the day, in the evening and on the weekends.

Benefits of volunteering include free parking, free meal ticket for the day volunteers work, access to hospital educational programs, free uniform, and an annual volunteer recognition event.

To get involved at PVH, apply on-line at www.paradisevalleyhospital.com and select "Volunteers," or call Volunteer Services at 602-923-5674.

Joint Commission sets high standards

Paradise Valley Hospital is accredited by the Joint Commission, which evaluates and accredits more than 15,000 health-care organizations and programs in the United States.

The Joint Commission is the nation's predominant standard-setting and accrediting body in health care. It sets standards that improve the quality and safety of health care. The Joint Commission's comprehensive process evaluates an organization's compliance with these standards and other accreditation or certification requirements.

Accreditation and certification are recognized nationwide as symbols of quality that reflect an organization's commitment to meeting certain performance standards. To earn and maintain the Joint Commission's Gold Seal of Approval™, an organization must undergo an on-site survey by a Joint Commission survey team at least every three years.

Joint Commission standards address the organization's level of performance in key functional areas, such as patient rights, patient treatment, and infection control. The standards focus on an organization's ability to provide safe, high-quality care, as well as on its actual performance.



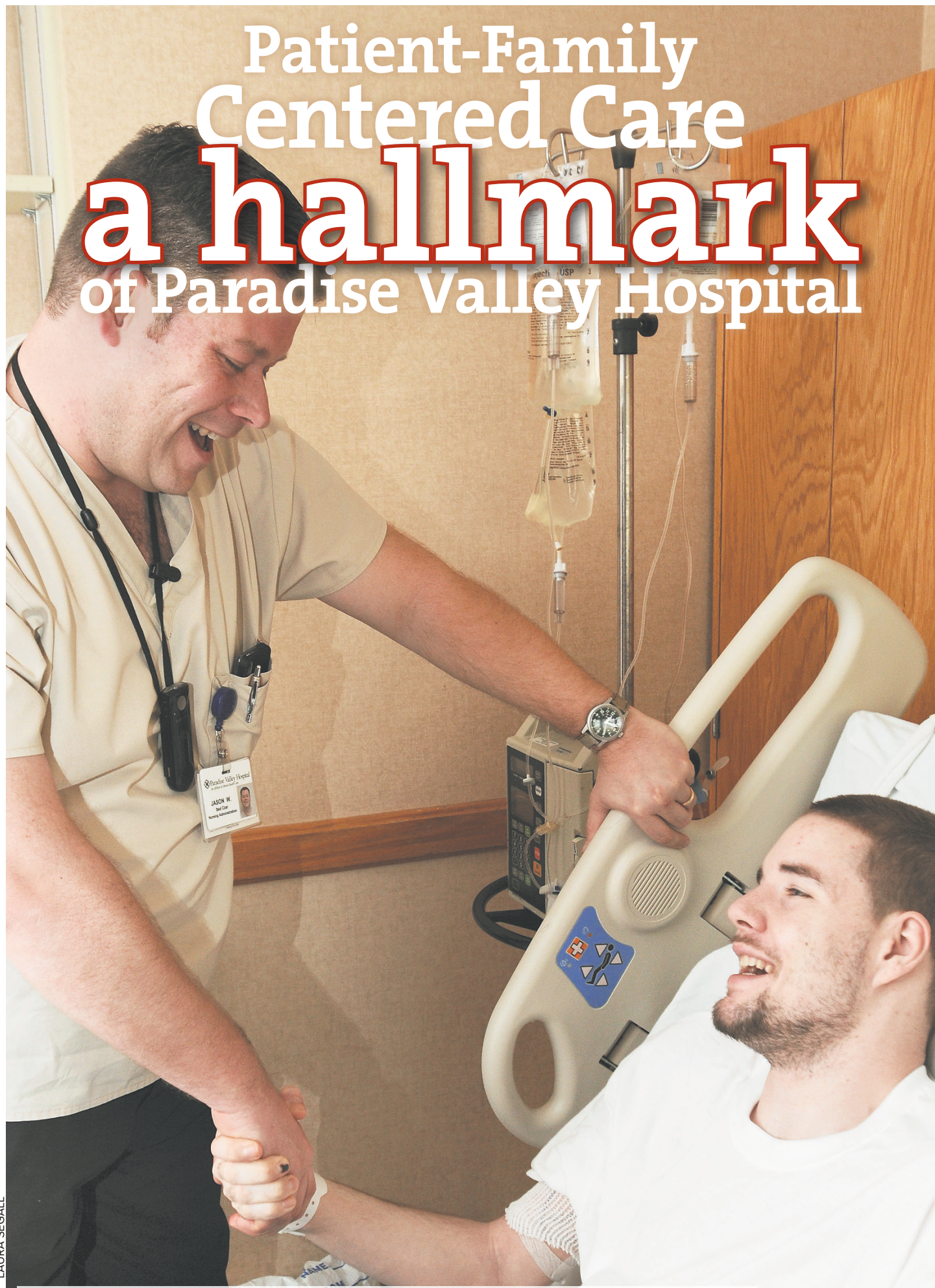
Search job opportunities at Paradise Valley Hospital

There are few places like Paradise Valley Hospital where you can become part of a community of both experts and friends. "Each day our talented staff brings their passion and skills to our patient community, providing exceptional care and, in turn, building rewarding careers for themselves," Eillen Roth, a recruiter at PVH, said.

Staff finds a supportive environment, a focus on teamwork and commitment to compassionate care. The hospital has positions for people with and without health-care experience and a variety of career goals.

"Bring your passion for healing to an organization that understands how to help you grow and advance," Roth said. "A rewarding career — it's what our team members expect. It's what we're committed to provide them."

For a complete look at career opportunities, visit the Web site at www.paradisevalleyhospital.com.



Patient-Family Centered Care a hallmark of Paradise Valley Hospital

LAURA SEGALL

BY DEBRA GELBART

Jason Windish, RN — the "Bed Czar" at Paradise Valley Hospital — has an important job: to make sure a bed is available right away for every patient who needs one.

"We want to smooth our processes so that patients can be seen faster and undergo their tests sooner," Windish said. "We want to eliminate the frustration of patients waiting for care."

Rachel Davis of Phoenix has spent more

time in the hospital since July than most people will in a lifetime. She appreciates a smooth process.

"All of the nurses treated me like family," said Davis, 34, who had three operations for Crohn's disease between July and October last year. "The care was great; I couldn't have asked for better. The nurses and even the managers were asking me every day what I thought about the care I was getting. They asked me if they could do anything differently to make my stay even better. But there was nothing to be improved on."

Nurse Jason Windish talks with patient Tyrell Lawyer. Windish is the "bed czar," or patient access coordinator, at Paradise Valley Hospital. "We want to eliminate the frustration of patients waiting for care," he said.

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ER aims for speedy, more personal service

BY CONLEY LAROSE

At Paradise Valley Hospital's Emergency Department, patients see providers within 30 minutes of arrival.

"I think one of the issues the system recognizes is the less time a patient spends in the waiting room, the greater the chance for a positive outcome," said Bev Gribbin, RN, director of emergency services.

The goal is to treat and discharge patients within 120 minutes or treat and admit them to the hospital within 240 minutes, she said. Triage nurses start with patients up front and prioritize them for doctors. Steven Lipsky, MD, who has worked in the department for 15 years, said the 30-minute commitment is taken seriously.

"In general we've been pretty prompt at seeing patients as quickly as we can," he said.

Certified Chest Pain Center

Patients with chest pain are evaluated within five minutes of coming in the door, he added. The hospital is accredited by the Society of Chest Pain Centers, which requires standards such as EKG readings within five minutes and use of board-certified physicians.

All PVH's emergency doctors are board certified in emergency medicine, which means they have the highest level of expertise in their field, Lipsky said. Emergency medicine was once considered something to do while a physician



LAURA SEGALL

Emergency Department nurse Marivic Buan checks a patient's vital signs at Paradise Valley Hospital.

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ABRAZO HEALTH CARE