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La Verdad

Cheap Eats

THE SECRET TO EATING WELL IN BOSTON ON A BUDGET? **GO ETHNIC.**

We know how easy it is to fall back on burgers, pizza, and pub grub when you're feeling less than flush. We do it all the time. But we also know there's another way to eat affordably in Boston: Explore the city's wealth of Chinese, Vietnamese, Thai, Brazilian, Mexican, Middle Eastern, Caribbean, Greek, and other world cuisines. Delighting both palate and wallet, ethnic restaurants deliver as much knock-your-socks-off flavor and belly-filling goodness as any fine-dining restaurant, but at a fraction of the price. There's just one teensy little thing: You have to know where to go—and what to order. ¶ Consider this your cheat sheet: 35 ethnic restaurants—and dishes—you can't afford to miss, from enchiladas mole in Eastie to Korean fried chicken in Allston, plus breakdowns of each neighborhood's best bets. So go on, ditch the silverware for chopsticks. Slurp on soupy dumplings. Experience a habanero high. Your taste buds, and your bank account, will thank you.

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