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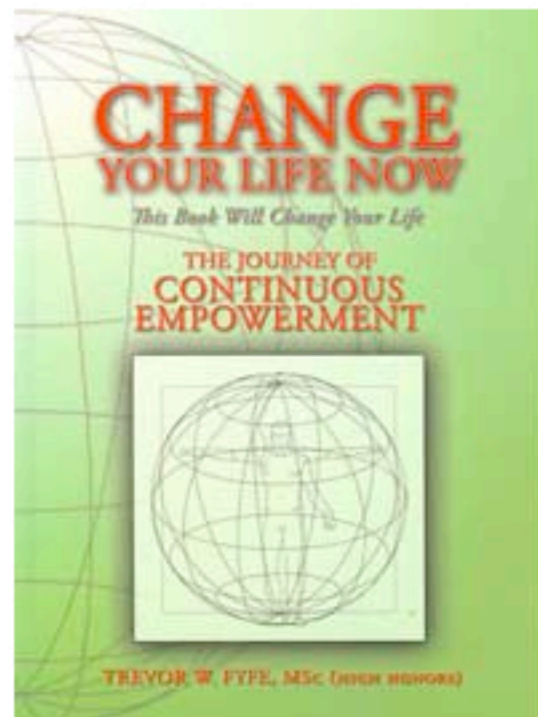
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April 27th, 2010, at 4:01 pm

Change Your Life Now, by CCNH graduate Trevor Fyfe

By [Courtney Grammer](#)



Change Your Life Now, authored by Clayton College of Natural Health graduate Trevor Fyfe, is a guide for mature adults to achieve the ultimate health experience.

Change Your Life Now is a journey of Continuous Empowerment – this practical guide through the process of biological age reversal, will astound you in its simplicity of application and corresponding psychological and physiological benefits.

To find out more about the book and where to purchase a copy, [click here](#).

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