



AMERICAN
INSTITUTE
OF HOLISTIC
THEOLOGY



*Interfaith Degree Programs in Holistic Theology
Through Distance Learning*

CONCENTRATIONS

Holistic Theology
Holistic Ministries
Holistic Health and Spiritual Care
Metaphysical Spirituality
Alternate Spiritual Traditions

American Institute of Holistic Theology is a 501(c)(3) non-profit organization



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Our Vision

The American Institute of Holistic Theology takes seriously its role in the field of interfaith service. With the mission of providing its students with the empowerment to grow and serve, through the integrated wisdom of a multiplicity of diverse faiths, traditions and spiritual paths, AIHT is committed to each individual student's progress and success. Therefore, the curriculum focuses both on the student and on the ministry in which the student will serve. With that intended focus in mind, AIHT seeks to offer a



curriculum that provokes thought and challenges spiritual development.

In the end, AIHT graduates are offering the openness and compassion of interfaith action to the ever



evolving world in which we live, transforming their own lives and touching many other lives throughout the world. *This is our vision.*

WHY CHOOSE AIHT?

If you are among the many people today who are seeking spiritual transformation through the growth of your own personal interfaith perspective, the American Institute of Holistic Theology offers the kind of inspirational education you can believe in. With an education from AIHT, not only can you transform and nurture your own life and faith, but you can use this education to minister and serve others.

WHAT IS AN INTERFAITH PERSPECTIVE?

An interfaith perspective bridges the gaps between religions, faiths, and spiritual paths. An interfaith perspective provides understanding, rather than condemnation, developing understanding through a consistent effort to study the various rituals, liturgies, ceremonies, prayers, and spiritual experiences of the various world religions and spiritual paths. In fact, you could say that the interfaith perspective is actually a composite perspective, one that is inclusive rather than exclusive of the diverse traditions, faiths, cultures, and religions of our world. One with an interfaith perspective can, for example, belong to a particular faith, and yet practice rituals and liturgies from other faiths and spiritual traditions. Or, one may activate a spiritual path as individual as the diversity that is humanity itself. Openness to the gifts and wisdom gained from any spiritual endeavor is the very definition of the interfaith perspective.

THE HISTORY OF AIHT

The American Institute of Holistic Theology was established in 1991. Since that time the development of programming and curriculum has evolved, through its own study, to an interfaith perspective that is more and more true to the holism that defines us. Over those years of growth, AIHT has inspired thousands of students to find and live their own spiritual lives with a knowledge base that allows them to evolve and to serve others by providing respectful, spiritual care to all persuasions and faiths. The school has developed its programs with the intent of giving our students a firm but broad base, that will not only add more meaning

to their own lives but will also allow them to minister to others. Our interfaith programs have grown to include Holistic Theology, Holistic Ministries, Holistic Health and Spiritual Care, Metaphysical Spirituality, and Alternate Spiritual Traditions. Each of these programs is interfaith at its core, but is specifically directed toward the particular area of spiritual service of each student's choice. And as we challenge our students to grow, we continue to grow as well.

AIHT is a 501(c)(3) non-profit organization. Our programs are interfaith; bridging the gaps between religions, faiths, and spiritual paths.

OPPORTUNITIES

The first years of the 21st Century have brought each of us to the precipice of transformation and we will all be a part of the changes that are made in our world. AIHT gives its students the opportunity to be leaders in that transformative process, offering openness and wholeness simultaneously to those whom they serve, assisting those they touch in forming their own connection to the Divine, holding forth the holiness that is in all, offering ministry to those who request it and increasing the meaning and wholeness in their own lives through knowledge, wisdom and service.

So, why choose AIHT? Because AIHT offers you the knowledge base to transform your life and offer compassionate support and service to your world.



*Make a change in your life...
and in the world.*

OUR METHODS

The American Institute of Holistic Theology offers distance learning to an international community of students. Each student works closely with an admissions advisor to decide upon a course of study and, once decided, progress at a pace of his/her own choosing. Students may work from their homes or whatever environment is conducive to progress.



Our coursework is deliberately intended to focus both on the student's individual spiritual growth as well as on the field of ministry in which that student will serve. Therefore, students are encouraged to follow their own learning path by choosing courses that match their individual transformative desires. Simultaneously, students are encouraged to pursue course work that will enable and empower them to serve in the ministry or service of their choice.

Our coursework is intended to encourage each student's independent study. Therefore, students will be challenged with both written and experiential assignments. We want our students to explore both their interior and their exterior worlds. Though we grade them on tests, we do not tell them what to expect from their experiences and experiments. Rather we encourage openness and independent thinking. Throughout each of the programs the student will be aided in developing an independent approach to interfaith practice and ministry.

OUR PROMISE

AIHT serves its students by offering:

- The assistance and facilitation of dedicated faculty and staff who offer supportive insight, practical guidance for coursework, inspiration and collaboration.
- Coursework that brings to focus the expertise and wisdom of both yesterday's and today's spiritual leaders in order to facilitate a learning curve toward spiritual fulfillment and ministry to serve.
- A growing body of relevant material for the student to study in order to stay current on the latest information in a particular area of endeavor.
- A time-honed focus on student progress and growth in exploring self and serving others.
- A valuable and thought-provoking Web site intended to facilitate networking opportunities among students, graduates and affinity groups.

AIHT systematically assesses its effectiveness in attaining these core values and goals and in promoting its vision; using the results of these assessments to enhance programs, services, and curricula.



A Message from

Genuine human-kindness, benevolent acceptance, and peace-keeping are core values expressed in every one of the world religions and spiritual pathways. These core values spring from a foundation of sincere love and compassion. This love and compassion is the source we can access to remove all separation. And it is from this love and compassion that the interfaith perspective is established. At the spiritual level of awareness, each tradition shares with every other tradition a sense of connection or unity, because of which, if we wish to serve, we must learn to protect and uplift all living things. Just as art can elevate our earthly imagination to the celestial realm, so the intention of such unity can inspire each of us as individuals, communities, and nations to live and grow in harmony, co-creating deeper levels of unity.

Many are now seeking to find answers that run deeper than simply being a part of a particular religion. Each year at AIHT, I have seen an increase in the numbers of inquisitive seekers; seekers who want to understand not only their own spiritual depth, but who want to learn more

"The highest, most complete devotion is to teach others about the expanded self. AIHT aligns with my personal mission and ethical standards, and I feel honored to share an authentic path with such forward-thinking educators.

True advanced thinkers are always students. We can never learn enough! I appreciate our connection, as pioneers who share a soulful academic approach."



SONIA CHOQUETTE, PH.D.
ADJUNCT FACULTY AND AIHT ALUMNA

the President

about the deep explorations of others who have found wisdom and grace before them. Even science is beginning to consider the possibilities of such unity, so that it has conducted research evaluating such things as the power of prayer and the effect of peace-of-mind on the body.

AIHT is designed to join you as a spiritual seeker, to feed your hunger for accurate information and to inspire you, from wherever you are in your own journey. Our innovative, self-paced programs combine stimulating concepts with proven, manageable approaches to service and self-growth. Created for adult students who seek a thoughtful balance of learning, working, and family life, independent studies are first accessible and then transforming.

Are you ready to take the journey of discovery inherent in such an education? From so many paths and so many viewpoints, our alumni share a bold, bright, unifying dream-to offer transformation to themselves and their world. As interfaith ministers, family/life coaches, advisors, counselors, authors, teachers, community volunteers, and more, our graduates truly become ministers of the world. If you are open to living your dreams, now is your time.

Toward a Greater Awareness of Grace,



Michael J. Parker
PRESIDENT



MICHAEL J. PARKER
PRESIDENT

MEMBERSHIPS

AIHT students, graduates, faculty, and staff are eligible to apply for membership within numerous affinity organizations that may offer opportunities for professional networking, educational enrichment, community service projects, inspired camaraderie, and/or group benefits.

AIHT is a member of the following organizations:

- A World Alliance of Interfaith Clergy: www.worldinterfaithclergy.org
- American Association of Christian Counselors: www.aacc.net
- Association for Global New Thought: www.agnt.org
- Association for Research and Enlightenment, Inc. (A.R.E.):
www.edgarclayce.com
- Buddhist Peace Fellowship: www.bpf.org
- American Holistic Health Association: www.ahha.org
- Institute of Noetic Sciences (IONS): www.noetic.org



Interfaith Educational Programs

"True education is a process of self-discovery. Each book we study, each paper we write, each experiment and experiential exercise we conduct can be a step into the deeper design and meaning of our lives. True education is not meant to teach you what others think or how they act. The education is meant to help you find out what you think: What are your core values? Where are your boundaries? How does your particular personality affect you and others? What are your gifts? How do you access the Divine? What have you to give to the world? Only when you find yourself asking and answering these questions can you say you have truly been educated."



ANDREA MATHEWS, LPC, NCC, D.D.
FACULTY



Introduction to Holistic Theology

AIHT's Holistic Theology program is designed to encompass a vast philosophical sphere of diverse religious approaches and spiritual paths. The goal is to equip for excellence those who are committed to establishing or building an interfaith ministry as their vocation or avocation. AIHT offers a curriculum that helps you gain a deeper grasp and integration of interfaith theology. This curriculum focuses not only on building your knowledge base but also on developing abilities, skills and competencies in interfaith ministry.





The Holistic Theology program begins with 30 hours of core studies that prepare you to focus on a chosen area of concentration to further integrate your personal and professional goals. You will then continue with 30 additional concentration hours of study in Holistic Theology, Holistic Ministries, Holistic Health and Spiritual Care, Metaphysical Spirituality, or Alternate Spiritual Traditions. Each concentration offers a diversity of theological wisdom.



HOLISTIC THEOLOGY

"One of the greatest truths that you will learn from AIHT is just how powerful you really are. It is your choice what world you live in, and by changing your mind you change your world."



GEORGE DONNELLY, D.C.
FACULTY

The Holistic Theology program with a concentration in Holistic Theology embraces the unity of diversity with the intention of assisting you in discovering your own genuine experience of divinity, so that you may serve others and yourself in the grace of that experience.

This concentration is for those who wish to study theology from an integrated interfaith perspective. Through such study, the student can explore a wide variety of approaches and definitions of the Divine in order to more deeply explore one's own spiritual dimension.

The coursework in this innovative concentration is designed to both immerse students in the history of humanity's diverse experiences of the Divine, and assist them in asking universal questions of the heart and mind. Each course offers the depth and breadth that allows you the opportunity to study, in your own preferred setting, the ways and means of spirituality.



HOLISTIC MINISTRIES

With a host of inspiring opportunities for self-exploration, development and spiritual growth, this concentration addresses the practicalities of your chosen ministry. Ministry is seen as an all-encompassing service, impassioned and motivated by one's own authentic spiritual quest.

Within that framework, the dual catalysts of self-development and compassionate service to others of all persuasions serve to facilitate your ability to build a pathway for ministry. Here you will study the various possibilities for service and ministry, enabling you to amplify and enrich the unique gifts you will bring to such service through confidence-building experiential exercises by which one may ultimately practice a given ministry.

As a holistic minister you may choose from a wide variety of career options to offer clients or congregants your own gifted approach to service. The coursework is specific enough to give you an in-depth understanding of a particular ministry, yet

well-rounded enough to facilitate a thoughtful approach to truly understanding your own special gifts.

"The fundamental institutions of our society are changing dramatically—seeming to fall apart, and then coming back together in new and wondrous ways. Systems of education, government, business, medicine, and religion are all in a state of dynamic transformation and AIHT is at the forefront in bringing them together in an understandable format—training leaders for the new society. It's such a blessing to share in this important endeavor."



REVEREND GERALD BARTHOLOW
ADJUNCT FACULTY

HOLISTIC HEALTH AND SPIRITUAL CARE

"I am grateful to be a part of this far-reaching school. The wisdom and devotion that come to life through the life-changing work of students and graduates is both enlightening and liberating for educators like me. How exciting, to see and feel the school's rays of wisdom reaching farther every year."



JOAN SCOTT LOWE, M.P.H.
ADJUNCT FACULTY

Seeking to bring unity to body, mind and soul, this innovative concentration offers an in-depth understanding of many of the currently accepted alternative and integrative methods of healing and health. In the process you have the opportunity to develop your own personal and professional design for body/mind/spirit health as care of the soul.

With unity as a foundational premise of the interfaith perspective, then unity of body, mind and soul must also be considered to be part of this paradigm. Embodying the harmony of homeostatic balance of mind, body and soul is seen as a critical component of spirituality.

Healthy resilience builds on a strong, solid interdependence within the constituent parts of the whole person. Therefore, many of the holistic health approaches studied in this coursework offer diverse methodologies by which a person may attain optimal balance.

This concentration enables you to discover your own unique talents and gifts in this area, assisting you in choosing the ways and means of self-healing and service that are most appropriate to your abilities.

METAPHYSICAL SPIRITUALITY

"I earned degrees from two traditional Ivy League universities prior to discovering the fascinating programs at AIHT. Each step has prepared me for deeper understanding.

"For years I've been drawn to these metaphysical teachings of mysteries, miracles, and truths that are believed in the heart, if not always easily explained. Einstein with quantum physics worked within known and unknown fields simultaneously. Certainly we rejoice at seeing these wonders explored, more and more, within the scientific community.

"I never know what is next. I just wait for the next surprise. My first surprise was AIHT."



FRANCES W. WARD, PH.D.
ADJUNCT FACULTY AND AIHT ALUMNA

Metaphysics is a foundational backdrop for any interfaith ministry. Metaphysics is an aspect of spirituality that concerns the study of the nature of being, existence, time, space, and causality. It bridges the gap between science and faith. By studying metaphysical spirituality you can explore the development and enrichment of your own philosophy of true being.

This concentration assists you in understanding the mysteries of life from a perspective of underlying principle. As an interfaith initiative it includes research into the paradigms of structure, form, meaning, and principle.

If you want to know more about the nature of being, the nature of soul, the potentiality and/or causality of form, or if you simply want to come to a metaphysical understanding of scriptural texts, this program is for you.

ALTERNATE SPIRITUAL TRADITIONS

"Having received several theological degrees in traditional denominational institutions, I found AIHT to offer courses of study that stirred up convictions which were brewing in my heart. AIHT does not tell a student what to believe. The faculty and staff are eager to share and show paths to Higher Consciousness and support the student's path and conviction. I found a deeper understanding and appreciation for other religious cultures and a valid challenge for my own culture and experience. The holistic approach to health and spirituality is refreshing and very helpful in my daily life."



REVEREND JACK WILCOX, PH.D.
ADJUNCT FACULTY AND AIHT ALUMNUS

AIHT has included the study of the paranormal and the psychic in its holistic interfaith concentration, for we believe that addressing the nature of mystery is but another path to exploring the Divine.

Near death experience, paranormal phenomena, quantum healing, ancient tools for Divine guidance and the work of the Shaman will be studied for their rich tapestry of interwoven aspects of science, experience, mystery and faith.



As we consider all the myriad ideas and ideals that we may know of and yet not truly understand, we make choices about whether we are going to lean toward or turn away from things that are unknown. For the student of inter-faith studies, seeking connection with the unknown is yet another way to move closer to the depths of the mysteries of the universe.

This concentration responds to the eternal curiosity surrounding such questions as what happens after death; what makes up the

non-corporeal world; and how one utilizes various psychic tools to access one's own inner knowing. Relying on faith and science, you, as an explorer of alternate spiritual paths, will inquire into the secrets of the universe.



VOCATIONAL CHOICES

While no school can give you your life's direction or calling, AIHT offers you the tools for self-exploration necessary to clarify your own objectives. Because this is an interfaith school,

"An intense interest in religion and spirituality is emerging in our culture today. With that interest comes a desire for both knowledge and experience in religious thought and practice. AIHT offers the seeking student a challenging and thorough opportunity to explore theology and ministry from the many expressions of faith in our world. I am pleased to share in the mission of AIHT."



REVEREND J. STEPHEN JONES
ADJUNCT FACULTY

your studies may be as far reaching and open as you would like. But its breadth does not diminish its depth. In fact, what you'll find at AIHT is substantive coursework that can assist you in developing confidence in your own spiritual gifts and interests, so that you can determine and/or affirm with greater clarity the direction for your life.

An interfaith education lends itself to informative exploration and experiential learning. Through this exploration and experiential dynamic students may become well acquainted with the topography of the interior world, thus developing confidence in their own ability to impact the world.

Some come to AIHT with an existing career for which they seek enrichment. Others come with a career option in mind, but for which they seek clarity of intention. Still others may want to apply themselves to an area of interest in order to find a specific direction. Whatever the case, AIHT offers a curriculum that gives you, the student, the intellectual, spiritual, and practical stimulation to discover and develop a rewarding career.



The career options in the field of interfaith ministry and holistic service are wide, varied, exciting, and rewarding. As you join in the process of self-discovery, you begin to create your own destiny.

ORDINATION

AIHT's degree programs prepare the student who desires to serve as a minister for ordination as an interfaith minister. Upon graduation from AIHT, graduates become eligible as candidates for ordination. Candidates who choose to be ordained are required to complete the ordination program and attend the retreat and ordination ceremony. The retreat enables these graduates to network and meet members of the AIHT faculty,

alumni, and administration. It is also an opportunity to celebrate your ordination with family and friends. Only AIHT graduates are eligible for this ordination.

As an ordained interfaith minister, you can provide spiritual counseling; perform weddings and other rites-of-passage ceremonies, and "laying-on-of-hands" using alternative therapies. Ordained ministers are eligible to become recognized and, where applicable, registered as clergy. Since laws vary from state to state, AIHT recommends that graduates check with their state and local governments before providing these services as part of your ministry.

Admissions and Enrollment

"I love working at AIHT! It is very satisfying to help someone reach their educational goals and dreams. In my past 15 years in admissions, I have worked with people from all around the world and from every spiritual path imaginable. The first step towards true wisdom knows there is an infinite universe of knowledge available and education is the key. The programs at AIHT fit perfectly for each and help them truly to achieve their life's purpose. Education is a gift we give ourselves."



REVEREND BEVERLY LOVE
SENIOR ADMISSIONS ADVISOR

As a partner in your quest for an interfaith education, AIHT embodies an open admissions policy. This means that AIHT believes that you can exhibit the desire, self-discipline, and motivation to learn through independent study. While our faculty and advisors will work with you as your partner, we do not believe that you need a classroom or a teacher standing over you in order for you to accomplish your goals.

Of course, independent collegiate study also requires the demonstration of basic educational preparation and academic aptitude. Therefore, high school graduation or the satisfactory completion of the General Education Development Test (GED) is required for admission at the bachelor's level. Likewise, a Bachelor's degree is required to enroll in a Master's program and a Master's degree is required to enroll in a Doctoral program.

Therefore, as you enroll in the AIHT program of your choice, you are beginning a journey into a ministry of service. You can count on AIHT faculty and advisors for

information, inspiration, encouragement, and feedback, while you enjoy and incorporate your own journey.

ENROLLMENT PROCEDURE

At the time you requested information about the school, AIHT assigned you an admissions advisor. Your admissions advisor can answer your questions about our educational programs and assist you with the enrollment process.



ENROLL BY PHONE

- Please contact your admissions advisor at 1-800-650-4325. (Outside the U.S., please call 1-205-458-1792.)

ENROLL ONLINE

- To enroll online, go to our Web site at: www.aiht.edu/catalog/application.asp. You may complete and submit your application there. (Please include all required information.)

ENROLL BY MAIL OR FAX

- Complete the application from the back of the catalog. *Remember to include your admissions essay and your initial payment.*

MAIL TO:

American Institute of
Holistic Theology
Office of Admissions
2112 11th Ave. S., Suite 520
Birmingham, AL 35205
FAX: 1-877-823-8495

TRANSFER OF CREDITS FROM OTHER SCHOOLS

If you have completed at least one quarter or semester of college work, you may be able to transfer some credits to AIHT. Dependent on the comparability of the course-work, you may be able to transfer up to 18 credit hours per program.

REQUIREMENTS FOR TRANSFER OF CREDIT

- In order to evaluate the efficacy of transferring credits, AIHT's Admissions Department must receive an official transcript from the college from which you wish to transfer credit. While provisional transfer of credit can be based on an unofficial transcript, official transfer requires an official transcript.
- In order to transfer credit from a specific course, the grade received for that course must be a C or higher.
- The course must be comparable to that which is required for your program of choice.

Please note that credits to be transferred must be earned prior to your enrollment at AIHT. If you enroll in and complete outside course work during your term as a student, those credits will not be transferable within our established curriculum. After enrollment, if AIHT finds that any credits transferred from another school do not meet the above criteria, the student will be required to take those courses.

ENROLLING WITH ADVANCED STANDING

If you already hold a bachelor's degree, you may enter AIHT at the master's level by completing the prerequisites. You may enroll at the doctoral level if you hold a master's degree and complete the required prerequisites.

Advanced standing may be based upon a non-official transcript that must be sent to AIHT along with your completed application upon enrollment. Please note that you will need to furnish official transcripts showing the dates that your degrees were awarded, within six weeks of enrollment.

PREREQUISITES: Students enrolling at the master's level are required to complete any specified AIHT bachelor's level coursework that is not supported by transfer credit from another school. Likewise, students enrolling at the doctoral level are required to complete specific AIHT bachelor's and master's courses that are not supported by transfer credit from another school.

AIHT offers students a discounted prerequisite price of \$150 per course.

SELF-PACED STUDY

Once you are enrolled, you will find that AIHT's independent study format is non-traditional in the best sense of the word. Because we understand that you are an adult learner with personal and professional responsibilities, we have formulated a flexible program that works within your schedule.

Therefore, instead of quarters or semesters, the school allows you to enroll at any time, and progress at your own pace. You must be enrolled a minimum of six months and must complete your program

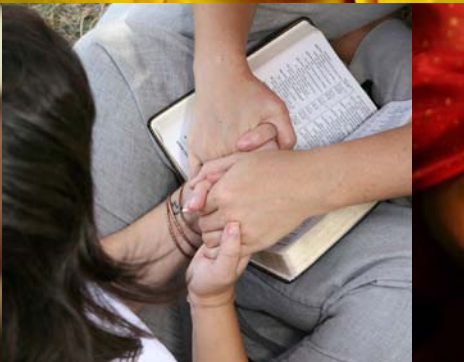
within five years. You may become an AIHT graduate as soon as you successfully fulfill your educational and financial agreements.

For some this means that they can be free to speed up the coursework to meet a particular deadline. For others it means that they can slow down the process either to fit within certain time constraints or to savor the process of the journey. We understand that you know your educational needs, your obligations, and your desires, and trust that you will fulfill them to the best of your ability.

"I couldn't believe at '52' I would start college. I now hold my graduate degree and have founded a nationally renowned education and advocacy organization.

Thanks, AIHT!"

REVEREND DANIEL M. NEWMAN, PH.D., D.D.
AIHT ALUMNUS



GRADING

Students receive a letter grade for each exam taken. Passing is 80% and anyone who receives a lower grade is given an opportunity to repeat the exam.

When all of your educational and financial requirements have been met, you will graduate. Upon graduation you will receive an embossed diploma, along with an unofficial transcript.

TRANSFER OF CREDITS TO OTHER SCHOOLS

Depending upon the academic requirements of other schools, you may be able to transfer credits earned with AIHT. Just as we have our own criteria for awarding credits, so, too, do other educational institutions. AIHT will send official transcripts to any school upon your request. Each student may order up to three transcripts free of charge.

BOOKS

All books are provided with your all-inclusive tuition. AIHT curriculum materials are carefully monitored for both relevance and capacity to stimulate with accessible, engaging material.



Some of our books convey traditional textbook information, while others are selected for their inspiring, thought-provoking subject matter. AIHT students may be assured that each book title is selected to expand your interfaith horizons.

INTERNET/ONLINE SERVICES

AIHT offers you an array of online services, including a free email box for each student. From your home, your office, or on the road, you can access your email and post inquiries to our faculty and staff 24 hours a day, seven days a week.

You may also use the Internet to access our catalog and *Pathways* newsletter at www.aiht.edu, as well as online resources, an interactive bulletin board, student and graduate web site links, ordination information, and more.

- To reach an admissions advisor for enrollment information: admissions@aiht.edu
- To discuss course materials with your faculty advisor or other faculty member: faculty@aiht.edu
- For questions regarding your student account, shipments, and general information: staff@aiht.edu

STUDENT HANDBOOK

Upon enrollment you will receive a comprehensive AIHT student handbook that includes study tips, academic rules, and straight-forward encouragement to accompany you on this journey into your own interfaith education.

It is essential for each student to carefully read your student handbook first, before delving into the course materials that accompany this shipment. Rest assured that virtually any question about AIHT will be answered within one easy reference source, your student handbook.

STUDENT NEWSLETTER

All AIHT students and alumni receive a complimentary subscription to our newsletter, *Pathways*. This communication is designed to help all of us stay in touch—to facilitate your own peer networking while keeping you abreast of all AIHT innovations. The newsletter also offers students the opportunity for AIHT to proudly promote and publicize their noteworthy achievements.

"When a student embarks on the educational path at AIHT, it is like a labyrinth journey. When you stand on the threshold of enrolling, your intention may be to earn a degree. You can see your goal at all times but may not know how long it will take to reach it or what you will encounter along the way. With each course, you journey to your own center and return to the world more aware and compassionate with yourself and the global body. Along the way, you realize that the learning process is the goal. In a world filled with spiritual hunger you become an agent of change—you are transformed."



ANNETTE REYNOLDS, MPS, RN,
ATR-BC
FACULTY

NONDISCRIMINATION

AIHT does not discriminate on the basis of race/ethnicity, color, national origin, gender, sexual orientation, disability, veteran status, or age in the facilitation of any of its educational programs, admissions policies, financial aid programs, or other school administered programs. We believe that our education should be equally available to everyone.



CONFIDENTIALITY OF RECORDS

The American Institute of Holistic Theology protects the confidential nature of student records, both personal and educational. However, pursuant to the Family Educational Rights and Privacy Act, as amended, certain information about each student is deemed "Directory Information." AIHT considers the following as Directory Information:

- Name
- Address
- Telephone number
- Date and place of birth
- Program of enrollment
- Date of enrollment
- Degrees and Awards received
- Most previous educational agency or institution attended

This information will be released to anyone who requests it unless you file a written request that this information not be released. If such a notice is filed with AIHT, further information will not be released without your written consent.

CHANGE OF PROGRAM POLICY

Students enrolled in an AIHT program who wish to switch to another program will pay any difference in tuition prices, along with a \$200 administrative fee. The student will return all unmarked AIHT books and materials from the original program.

LACK OF APTITUDE POLICY

If at any time during enrollment the AIHT academic staff determines a student does not have sufficient collegiate aptitude to succeed within the program in which he or she is enrolled, the student may be withdrawn from the program. This decision is made at the discretion of the curriculum committee, following discussions with the student.

FINANCIAL AID

It is solely the student's responsibility to seek financial aid. Financial aid may come from employers, associations, churches, philanthropists, and private groups. While AIHT does not offer grants, we do seek to assist students through tuition discounts and financing options.

STUDENT WITHDRAWAL POLICY

If you withdraw within 30 days of enrollment, if you have not completed any coursework and if you return all of your books unmarked, AIHT will grant you a full refund of all tuition paid, less accrued interest.

If you withdraw after 30 days but before 60 days you will be granted a partial refund of up to 50% of the tuition paid, less accrued interest.

Refunds after 60 days will not be granted.

To withdraw, you will need to contact your admissions advisor to request an official AIHT withdrawal form. Shipping costs are non-refundable.



*"In an insecure world
there is a thirst for authentic
meaning. People are seeking
a connection with a power
greater than themselves.
Spirituality enhances our
lives in a way that brings
great hope for the future and
strength for living in a chaotic
culture."*



REVEREND WILLIAM E. CROSBY,
DOCTOR OF MINISTRY
FACULTY

Tuition

ALL-INCLUSIVE TUITION

At AIHT, our all-inclusive tuition includes all of your books, materials, and the diploma that you receive upon graduation. Students typically pay only the one-way postal costs to send your exams, and for making copies of your work before you send it to us.

PAYING YOUR TUITION

By establishing a variety of payment options, AIHT makes it possible for you to continue your education regardless of your financial circumstances. Students may elect to pay in advance by either check, money order, or major credit card. Finance plans are available and allow you to pay an initial down payment with the remainder of your tuition due in monthly installments.

Down payments are based on the program in which you enroll.

- Bachelor's \$400
- Master's\$500
- Doctoral\$500

For more information, please call your admissions advisor at 1-800-650-4325.

"Make a change in your life and in the world" what an exciting challenge. As a Minister of Education I have the opportunity to see children grow in self and in faith. It is exciting to see through studies at AIHT, the opportunity to learn more about yourself, others and the world. I enjoy the opportunity of working with students who are searching for "something more". My hope is that through dedication and determination of completing their studies at AIHT they will use this knowledge to share and minister to others."



REVEREND ALEESA NAISH, M.A.
FACULTY

T U I T I O N 2 0 1 0

HOLISTIC THEOLOGY

Bachelor's	\$ 3,800
Master's	\$ 4,000
Doctoral	\$ 4,350

CERTIFICATE COURSE

(Single course)	\$ 450
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PREREQUISITES*

(As required)	\$ 150
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**The cost of prerequisites that may be required for enrollment in Master's, and/or Doctoral level enrollment are not included within degree program costs.*

SHIPPING

The student becomes officially enrolled and eligible to receive AIHT shipments once the minimum down payment is posted to his or her new student account.

Please be aware that enrollment costs associated with overseas shipments may be slightly higher and subject to change. If this is applicable to you, please request a fee schedule.

Students enrolling from Hawaii, Puerto Rico, and military APOs must pay actual shipping

costs. These students may contact their admissions advisor regarding actual shipping costs.

Canadian and international students are responsible for all of their shipping costs. These students may be required to pay additional "duties" required by customs authorities upon receipt of study materials.



Course Listings

"To get from where you are to where you want to go, and where your soul intends you to be: this requires patience and longing, creativity and stubbornness, and perseverance. AIHT can provide thought-provoking studies that help you form your own map-points and tools to find your dreams and live authentically—beyond the theoretical, into the experiential.

"AIHT can help you touch true vision."

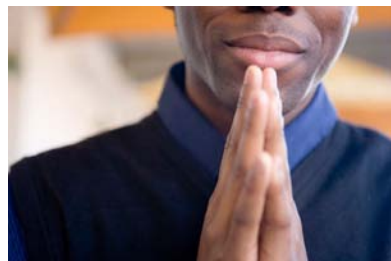


LESLIE WEST, M.S.
FACULTY

CHOOSING YOUR COURSES

The Holistic Theology program begins with 30 hours of core studies that prepare you to focus on a chosen area of concentration to further integrate your personal and professional goals. You will then continue with 30 additional hours of study in the concentration of your choice: Holistic Theology, Holistic Ministries, Holistic Health and Spiritual Care, Metaphysical Spirituality or Alternate Spiritual Traditions.

You must select 24 hours of concentration courses from your chosen concentration program and a six hour elective from any same level concentration. Each concentration offers a diversity of theological wisdom.



CORE CURRICULUM

"Our world needs more educators who will show a path for the heart and soul, not just a means to engage in economics or consumerism. Higher guidance can direct humanity towards a more equitable view of other cultures, a more ecumenical approach to religion and spirituality, and a greater sharing of the limited resources of our Earth."



REGINALD ASHBY, D.D.
ADJUNCT FACULTY AND AIHT ALUMNUS

BACHELOR OF HOLISTIC THEOLOGY

- BHTC 101 Biblical Studies I
- BHTC 102 World Religions
- BHTC 103 Prayer
- BHTC 104 Interfaith Ceremonies
- BHTC 105 Interfaith Wisdom

30 core curricula hours and 30 concentration hours including one elective are required.

MASTER OF HOLISTIC THEOLOGY

- MHTC 201 Biblical Studies II
- MHTC 202 Transformative Spirituality I
- MHTC 203 Christian Theology
- MHTC 204 Buddhism I
- MHTC 205 Hindu Theology

30 core curricula hours and 30 concentration hours including one elective and a thesis are required.

DOCTOR OF HOLISTIC THEOLOGY

- DHTC 301 Biblical Studies III
- DHTC 302 A Study of Fundamentalism
- DHTC 303 Dead Sea Scrolls
- DHTC 304 Transformative Spirituality II
- DHTC 305 Ministry and Leadership

30 core curricula hours and 30 concentration hours including one elective and a dissertation are required.



CONCENTRATIONS

HOLISTIC THEOLOGY

BACHELOR'S LEVEL

- BHT 106 God and Christ in the *Bible*
- BHT 107 Native American Spirituality
- BHT 108 Gnosticism I
- BHT 109 A Study of *The Holy Qur'an*
- BHT 110 Liberal Theology
- BHT 111 Feminist Theology
- BHT 112 *A Course in Miracles* I
- BHT 113 Jung and the Divine I
- Elective

MASTER'S LEVEL

- MHT 206 Kabbalism
- MHT 207 African Theology
- MHT 208 Studies in the *Nag Hammadi Library* I
- MHT 209 Mystery Theology
- MHT 210 Transformation and Dreams
- MHT 211 *A Course in Miracles* II
- MHT 212 Jung and the Divine II
- Elective
- MHT 213 Thesis

DOCTORAL LEVEL

- DHT 306 Buddhism II
- DHT 307 Gnosticism II
- DHT 308 Studies of the *Nag Hammadi Library* II
- DHT 309 Theosophy
- DHT 310 Ancient Faith and Healing
- DHT 311 *A Course in Miracles* III
- DHT 312 Jung and the Divine III
- Elective
- DHT313 Dissertation

Example: You must choose four courses from the concentration level of your choice and one elective from any same level concentration.

HOLISTIC MINISTRIES

BACHELOR'S LEVEL

- BHM 106 Ministerial Career Planning
- BHM 107 Spiritual Development
- BHM 108 Chaplaincy
- BHM 109 Stress Management
- BHM 110 Spiritual Guidance for Children
- BHM 111 Children and Grief Issues
- BHM 112 Spirituality and the Mind/Body
- BHM 113 Family Dynamics I
- BHM 114 Labyrinths: A Walking Prayer
- BHM 115 Jung and the Divine I
- Elective

MASTER'S LEVEL

- MHM 206 Meditation
- MHM 207 Family Dynamics II
- MHM 208 The Body as Temple: Nutrition
- MHM 209 The Body as Temple: Wellness
- MHM 210 The Body as Temple: Physical Wholeness
- MHM 211 Breathwork: The Breath of Life
- MHM 212 Light, Color and Music Healing
- MHM 213 Spiritual Healing
- MHM 214 Jung and the Divine II
- Elective
- MHM 215 Thesis

DOCTORAL LEVEL

- DHM 306 Ministering for Spiritual Guidance
- DHM 307 Life Skills
- DHM 308 Stages of Adulthood
- DHM 309 Family Dynamics III
- DHM 310 Healing Through Grief
- DHM 311 Relationship Skills
- DHM 312 Substance Abuse
- DHM 313 HIV/AIDS
- DHM 314 Jung and the Divine III
- Elective
- DHM 315 Dissertation

CONCENTRATIONS

HOLISTIC HEALTH AND SPIRITUAL CARE

BACHELOR'S LEVEL

- BHH 106 Natural Health
- BHH 107 Nutritional Healing I
- BHH 108 Healing Herbs I
- BHH 109 Healing Touch I
- BHH 110 Healing Oils
- BHH 111 Stress Management
- BHH 112 Edgar Cayce I
- BHH 113 Family Dynamics I
- Elective

MASTER'S LEVEL

- MHH 206 Promoting Good Health and Spiritual Care
- MHH 207 Meditation
- MHH 208 Nutritional Healing II
- MHH 209 Fasting for Wellness
- MHH 210 Healing Touch II
- MHH 211 Breathwork: The Breath of Life
- MHH 212 Mind/Body/Spirit Connection
- MHH 213 Transformation and Dreams
- MHH 214 Edgar Cayce II
- MHH 215 Family Dynamics II
- MHH 216 Light, Color, and Music Healing
- Elective
- MHH 217 Thesis

DOCTORAL LEVEL

- DHH 306 Healing Herbs II
- DHH 307 Ayurveda
- DHH 308 Care of the Soul
- DHH 309 Intuitive Healing
- DHH 310 Healing Touch III (Reiki)
- DHH 311 HIV/AIDS
- DHH 312 Women's Health Issues
- DHH 313 Substance Abuse
- DHH 314 Family Dynamics III
- Elective
- DHH 315 Dissertation

METAPHYSICAL SPIRITUALITY

BACHELOR'S LEVEL

- BMS 106 Introduction to Metaphysical Spirituality
- BMS 107 New Thought
- BMS 108 Therapeutic Prayer
- BMS 109 Spiritual Renewal through Past-Life Regression
- BMS 110 Labyrinths: A Walking Prayer
- BMS 111 *A Course in Miracles* I
- BMS 112 Edgar Cayce I
- BMS 113 Jung and the Divine I
- Elective

MASTER'S LEVEL

- MMS 206 The Metaphysical Mind
- MMS 207 Spiritual Healing
- MMS 208 The Dynamics of Self Hypnosis
- MMS 209 Meditation
- MMS 210 Eastern Thought—Chakra Balancing
- MMS 211 *A Course in Miracles* II
- MMS 212 Overview of Yoga
- MMS 213 Breathwork: The Breath of Life
- MMS 214 Mandala: Art and Spirituality
- MMS 215 Jung and the Divine II
- MMS 216 Edgar Cayce II
- Elective
- MMS 217 Thesis

DOCTORAL LEVEL

- DMS 306 Interfaith Theology
- DMS 307 Metaphysical Interpretation of the *Bible*
- DMS 308 Divine Laws of Prosperity
- DMS 309 Healing Through Grief
- DMS 310 *A Course in Miracles* III
- DMS 311 Global Consciousness
- DMS 312 Jung and the Divine III
- Elective
- DMS 313 Dissertation

Example: You must choose four courses from the concentration level of your choice and one elective from any same level concentration.

ALTERNATE SPIRITUAL TRADITIONS

BACHELOR'S LEVEL

- BAS 106 The Study of Angels
- BAS 107 A Study of Prophetic Gifts I
- BAS 108 Spiritual Renewal through Past-Life Regression
- BAS 109 Buddhism and Karma
- BAS 110 Astrology and Spirituality I
- BAS 111 A Comparative Study of Paranormal Phenomena and Spirituality I
- BAS 112 Taoism and Feng Shui
- Elective

MASTER'S LEVEL

- MAS 206 Study of Prophetic Gifts II
- MAS 207 Sacred Numerology
- MAS 208 Buddhism and Karmic Relationships
- MAS 209 Ancient Tools for Divine Guidance I
- MAS 210 A Study of Near Death Experiences
- MAS 211 Astrology and Spirituality II
- MAS 212 A Comparative Study of Paranormal Phenomena and Spirituality II
- MAS 213 The History and Symbolism of Handwriting Analysis
- Elective
- MMS 214 Thesis

DOCTORAL LEVEL

- DAS 306 Study of Prophetic Gifts III
- DAS 307 Chariots of the Gods
- DAS 308 Ancient Tools for Divine Guidance II
- DAS 309 Trance and Prayer
- DAS 310 Shamanism
- DAS 311 A Comparative Study of Paranormal Phenomena and Spirituality III
- DAS 312 Spiritual Meditation and Out of Body Experiences
- DAS 313 Quantum Healing and Spirituality
- Elective
- DAS 314 Dissertation

ELECTIVE

Each degree program requires six credit hours of elective.

The electives offers students the opportunity to investigate additional topics of interest or to expand the focus of their core curriculum.

Students may choose an elective from any *same-level* program. For example, if you are enrolled in a Bachelor's level program you may choose any course from any bachelor's program as an elective. Bachelor's level course numbers are preceded with "B." Master's level course numbers are preceded with "M," and Doctoral course numbers are preceded with "D."



HOLISTIC THEOLOGY CORE CURRICULUM

In my work of over 30 years, I have seen how essential it is to re-connect at the mind/body/spirit level. With dysfunction or dis-connects, the human spirit is wounded and will strive to mend/heal. Of course, in this culture, the mind is heavily emphasized at the expense of emotional/spiritual integration. AIHT provides excellent philosophy/guidance for using thinking to rebalance the mind/body/spirit connection.



DAVID E. MYERS, PH.D.
FACULTY

CORE CURRICULUM COURSE DESCRIPTIONS

BACHELOR OF HOLISTIC THEOLOGY

- BHTC 101 Biblical Studies I**
An introductory course that engages the student in a dialogue with his/her own belief systems and to an interfaith perspective on the *Bible*. 6 credit hours.
- BHTC 102 World Religions**
Presents the student an objective study of, and a deep appreciation for the various expressions of faith available in the world today. 6 credit hours.
- BHTC 103 Prayer**
A study of the history of prayer, prayer traditions of various communities of the world, as well as the transformational journey possible through prayer. 6 credit hours.
- BHTC 104 Interfaith Ceremonies**
This course offers the student the fundamentals of designing and conducting interfaith ceremonies such as weddings, namings/blessings, funerals/memorials, guided meditations, and worship services. 6 credit hours.
- BHTC 105 Interfaith Wisdom**
A study of Wisdom for its spiritual, transformative and creative powers, and for its origins in many different faiths. 6 credit hours.

30 core curricula hours and 30 concentration hours including one elective are required.

CURRICULUM

MASTER OF HOLISTIC THEOLOGY

- MHTC 201 Biblical Studies II**
An intermediate course that engages the student in a dialogue with his/her own belief systems and to an interfaith perspective on the *Bible*. 6 credit hours. Requires BHTC 101
- MHTC 202 Transformative Spirituality I**
This course offers the student illuminating perspectives on life's purpose and the transformative power to bring life into alignment with the Authentic Self. 6 credit hours.
- MHTC 203 Christian Theology**
A study of the history and essential elements of Christian Theology. 6 credit hours.
- MHTC 204 Buddhism I**
An overview of the philosophy, history and practice of Buddhism, including a look at the integration of this ancient belief system into daily living. 6 credit hours.
- MHTC 205 Hindu Theology**
A study of one of the world's oldest and most diverse religious traditions; originating in Indian and based on the Vedic traditions. 6 credit hours.

30 core curricula hours and 30 concentration hours including one elective and a thesis are required.

DOCTOR OF HOLISTIC THEOLOGY

- DHTC 301 Biblical Studies III**
An advanced course that engages the student in a dialogue with his/her own belief systems and to an interfaith perspective on the *Bible*. 6 credit hours. Requires BHTC 101, MHTC 201
- DHTC 302 A Study of Fundamentalism**
An in-depth study of Fundamentalism in its expressions around the world, including in American culture, as it impacts history and politics as well as religion. 6 credit hours.
- DHTC 303 Dead Sea Scrolls**
A study of the ritual and meaning of the Dead Sea Scrolls as well as its usefulness in understanding the *Bible*, Judaism, Jesus, and Christianity. 6 credit hours.
- DHTC 304 Transformative Spirituality II**
An advanced course in spiritual transformation; focusing on awakening the heart and mind. 6 credit hours. Requires MHTC 202
- DHTC 305 Ministry and Leadership**
This course involves the study of the ethics of leadership and the building of interfaith dialogue in the ministry. 6 credit hours.

30 core curricula hours and 30 concentration hours including one elective and a dissertation are required.



HOLISTIC THEOLOGY CONCEN

CONCENTRATION COURSE DESCRIPTIONS

BACHELOR'S LEVEL

- BHT 106** **God and Christ in the Bible**
Offers a profound look at the “personality” and “life story” of God and Jesus, as protagonists in the story of God presented in the *Bible*. 6 credit hours.
- BHT 107** **Native American Spirituality**
Study the Divine through the eyes of the Native American. A rich, coherent, in-depth view of the theological anthropology of Native American Spirituality. 6 credit hours.
- BHT 108** **Gnosticism I**
Offers an introduction to Gnosticism from several different perspectives; with regard to its definition and the contextual background of its origins, as well as the content of the beliefs that we call Gnostic. 6 credit hours.
- BHT 109** **A Study of the Holy Qur'an**
An in-depth study of both *The Holy Qur'an* and commentary yields a meaningful understanding of the messages inherent in this sacred text. 6 credit hours.
- BHT 110** **Liberal Theology**
This course provides the student with an in-depth study of God, the birth, death and resurrection of Christ from a liberal theology perspective. 6 credit hours.
- BHT 111** **Feminist Theology**
A Feminist perspective on God, the *Bible*, the church, and spirituality. This course studies the reawakening of Sophia/wisdom. 6 credit hours.

- BHT 112** **A Course in Miracles I**
This course offers an introductory overview of *A Course in Miracles*—a study of the deep abiding nature and empowerment of the Divine in man. 6 credit hours.

- BHT 113** **Jung and the Divine I**
Jung’s “Answer to Job” and his and others’ thoughts on emptiness are studied for their potential for enlightenment and healing. 6 credit hours.

Elective

MASTER'S LEVEL

- MHT 206** **Kabbalism**
A study of the rich symbolism of the Kabbalah, the ancient and profound Hebrew form of mysticism, and its practical applications. 6 credit hours.
- MHT 207** **African Theology**
An in-depth study of the social context of African Theology and the landscape of post-colonial, post-apartheid theologies. 6 credit hours.
- MHT 208** **Studies in the Nag Hammadi Library I**
This course provides an overview of the history and socio/religious context of the *Nag Hammadi Library* and of the meaningful spiritual impact of each book in the Library. 6 credit hours.
- MHT 209** **Mystery Theology**
A study of the primacy and efficacy of God as experience, including a study of such concepts as: the meaning of emptiness; the process of initiation; interior silence; the merging of opposites, and; the mysticism of identity. 6 credit hours.
- MHT 210** **Transformation and Dreams**
This course explores the symbolism, guidance and transformative power of dreams. 6 credit hours.

TRATIONS

MHT 211 *A Course in Miracles II*
An in-depth study of *A Course in Miracles*, considering such concepts as identity, awakening, resistance to love, returning to love, surrender, and heaven. 6 credit hours.
Requires BHT 112

MHT 212 *Jung and the Divine II*
This course will provide an in-depth view of the archetypal processes of wholeness found in Jung's concepts of the self and the Divine. 6 credit hours.
Requires BHT 113

Elective

MHT 213 Thesis

DOCTORAL LEVEL

DHT 306 *Buddhism II*
Buddhism is not an experience, but an awareness. This is a study of the practice and purpose of Zen Buddhism. 6 credit hours.
Requires MHTC 204



DHT 307 *Gnosticism II*
An advanced study of the mystic wisdom of Gnosticism, taken directly from the Gnostic Gospels, and a unique perspective on the origins of Christianity and the meaning of Jesus. 6 credit hours.
Requires BHT 108

DHT 308 *Studies of the Nag Hammadi Library II*
A study of the sacred texts of the *Nag Hammadi Library*, enabling the student to formulate a thematic grasp of the collective library, and of each book individually. 6 credit hours. Requires MHT 208

DHT 309 *Theosophy*
A unique and in-depth study of Divine Wisdom, the nature and work of humanity, as well as a study of the applicability of Theosophy. 6 credit hours.

DHT 310 *Ancient Faith and Healing*
This course offers a complete study of faith healing down through the centuries. From ancient times faith healing practices have been used to promote wellness around the world. 6 credit hours.

DHT 311 *A Course in Miracles III*
An advanced study of *A Course in Miracles*, utilizing workbooks and commentaries that assist the student in enlightened application. 6 credit hours.
Requires BHT 112, MHTC 211

DHT 312 *Jung and the Divine III*
An advanced study of Jung's theories of the Self as imago dei, or the image of God, as well as the relationship between Jung's theories and Tibetan Buddhism. 6 credit hours. Requires BHT 113, MHT 212

Elective

DHT 313 Dissertation

HOLISTIC MINISTRIES CONCENTRATION COURSE DESCRIPTIONS

CONCENTRATION COURSE DESCRIPTIONS

BACHELOR'S LEVEL

- BHM 106 Ministerial Career Planning**
A practical guide to preparing the holistic/interfaith minister for the issues he/she may encounter, plus guidance for developing a career as a holistic minister. 6 credit hours.
- BHM 107 Spiritual Development**
This course offers the student a study of the awakening process, a process that empowers divine potential and the power of intention; a study of awakening to divine potential and the power of intent. 6 credit hours.
- BHM 108 Chaplaincy**
An in-depth study of the emerging heart of interfaith concerns and the basics of interfaith chaplaincy. 6 credit hours.
- BHM 109 Stress Management**
This course offers a study of the methods and practice regarding the identification, management, and reduction of stress that is useful in the ministry. 6 credit hours.
- BHM 110 Spiritual Guidance for Children**
This course offers a study of spiritual parenting and nurturing a child's soul to aid ministers in dialog with parents, teachers, and children. 6 credit hours.
- BHM 111 Children and Grief Issues**
For the minister dealing with parents and children; this course offers a study of childhood loss and grief, including some of the more difficult reactions to loss, such as anger and low self-esteem. 6 credit hours.
- BHM 112 Spirituality and the Mind/Body**
A study of the mind/body connection as a form of spiritual healing and prevention of mental and physical illness. 6 credit hours.

BHM 113 Family Dynamics I
This course offers a study, definition, and description of both healthy and unhealthy family dynamics, and provides essential tools for ministering to others. 6 credit hours.

BHM 114 Labyrinths: A Walking Prayer
This course offers an in-depth study of Labyrinths and their healing powers. Since ancient times the Labyrinth has been walked to help people to center, and obtain spiritual guidance. 6 credit hours.

BHM 115 Jung and the Divine I
This course involves Jung's "Answer to Job." Jung's and others' thoughts on emptiness are studied for their potential for enlightenment and healing. 6 credit hours.

Elective

MASTER'S LEVEL

MHM 206 Meditation
This course explores body wisdom and mindfulness as methods for reducing anxiety and fulfilling body/mind/soul life. 6 credit hours.

MHM 207 Family Dynamics II
This course is an intermediate study of family dynamics, focusing on primary relationships, both for establishing a healthy dynamic and helping others to do the same. 6 credit hours. Requires BHM 113

MHM 208 The Body as Temple: Nutrition
This course is a study of the body as temple and offers an understanding of the spiritual principles of nutrition. 6 credit hours.

MHM 209 The Body as Temple: Wellness
This course is a study of how lifestyle modification leads to wellness in mind, body and spirit. 6 credit hours.

INTRATIONS

MHM 210 The Body as Temple: Physical Wholeness

A study of the connection among the body and mind and spirit, including three essential links: learning your body type, listening to your body, and exercise. 6 credit hours.

MHM 211 Breathwork: The Breath of Life

A study of the power, purpose, and spiritual principles of breathwork, and its healing and life-enhancing qualities. 6 credit hours.

MHM 212 Light, Color and Music Healing

A study of the use of the healing power inherent in light, color and music in the ministry. 6 credit hours.

MHM 213 Spiritual Healing

Ministering to the body, mind, and soul is a skill that can be learned. This course offers various spiritual methods and techniques useful to the holistic minister in healing. 6 credit hours.

MHM 214 Jung and the Divine II

This course provides an in-depth view of the archetypal processes of wholeness found in Jung's concepts of the self and the Divine. 6 credit hours. Requires BHM 115

Elective

MHM 215 Thesis

DOCTORAL LEVEL

DHM 306 Ministering for Spiritual Guidance

A study of interfaith perspectives for the minister on spiritually nurturing and guiding others. 6 credit hours.

DHM 307 Life Skills

Facilitating life skills is one of the fundamental missions of an effective minister. This course is a study of the power of choice—singularly the most important skill—how to use it as a master implementer of intention. 6 credit hours.

DHM 308 Stages of Adulthood

This course explores the various theories of adult development

from several perspectives: biological, social, psychological, spiritual, sexual, and gender-related. It offers the minister some intervention strategies to assist at each stage of development. 6 credit hours.

DHM 309 Family Dynamics III

This advanced course on parenting offers perspectives on the effects of dysfunctional parenting and on healthy parenting. 6 credit hours. Requires BHM 113, MHM 207

DHM 310 Healing Through Grief

This course is a study of the effects of death and grief and presents effective therapeutic interventions to assist the minister in service to those dealing with grief. 6 credit hours.

DHM 311 Relationship Skills

This course offers an in-depth study of the specific dynamics and communication skills that are critical to the effective relationship. This study will assist the minister in counseling. 6 credit hours.

DHM 312 Substance Abuse

A study of two distinct but collaborative views of addiction. This course provides tools to help the minister counsel parishioners in the recovery process. 6 credit hours.

DHM 313 HIV/AIDS

This course explores various perspectives including information about prevention, signs and symptoms, conventional and alternative treatments, nutrition, and the psychology surrounding HIV and AIDS. 6 credit hours.

DHM 314 Jung and the Divine III

An advanced study of Jung's theories of the Self as imago dei, or the image of God, as well as the relationship between Jung's theories and Tibetan Buddhism. 6 credit hours. Requires BHM 115, MHM 214

Elective

DHM 315 Dissertation

HOLISTIC HEALTH AND SPIRIT

CONCENTRATION COURSE DESCRIPTIONS

BACHELOR'S LEVEL

- BHH 106 Natural Health**
This course offers an in-depth study of the wisdom and practice of natural healing. 6 credit hours.
- BHH 107 Nutritional Healing I**
This course will assist the minister in exploring the methods of helping parishioners to deal with health disorders through nutritional, herbal, and other supplemental therapies. 6 credit hours.
- BHH 108 Healing Herbs I**
A study in the application of the timeless traditional healing wisdom of herbology and a modern approach to herbs. The use of healing with herbs has ancient roots in many cultures and faiths. 6 credit hours.
- BHH 109 Healing Touch I**
A study in the ancient art of healing through touch. 6 credit hours.
- BHH 110 Healing Oils**
This course offers an in-depth study of the usefulness of healing oils. Healing oils have spiritual and traditional significance. 6 credit hours.
- BHH 111 Stress Management**
This course offers a study of the methods and practice regarding the identification, management and reduction of stress that is useful in the ministry. 6 credit hours.
- BHH 112 Edgar Cayce I**
The work of Edgar Cayce, the "sleeping prophet", is studied for the system of metaphysical thought and healing that comes from his revelations. 6 credit hours.

- BHH 113 Family Dynamics I**
This course offers a study, definition, and description of both healthy and unhealthy family dynamics, and provides essential tools for ministering to others. 6 credit hours.

Elective

MASTER'S LEVEL

- MHH 206 Promoting Good Health and Spiritual Care**
A study of holistic body, mind, and spirit—wellness, prevention, and anti-aging body/mind practices. 6 credit hours.
- MHH 207 Meditation**
This course explores body wisdom and mindfulness as methods for reducing anxiety and fulfilling the body/mind/soul life. 6 credit hours.
- MHH 208 Nutritional Healing II**
Uniting body and soul, this course offers an intermediate study of the use of nutrition as a healing and preventative measure. 6 credit hours. Requires BHH 107
- MHH 209 Fasting for Wellness**
This course introduces the student to the concepts of fasting and its benefits, including its potential effects on some diseases. Fasting has been used through the centuries in several of the world's great religions. 6 credit hours.
- MHH 210 Healing Touch II**
An intermediate study of the ancient art called "laying on of hands," now referred to as healing or therapeutic touch. 6 credit hours. Requires BHH 109
- MHH 211 Breathwork: The Breath of Life**
A study of the power, purpose, benefits and spiritual principles of breathwork and its healing and life-enhancing qualities. 6 credit hours.

UAL CARE CONCENTRATIONS

MHH 212 Mind/Body/Spirit Connection

This course is a study of the power of the mind, the body, and the spirit in connection and interaction with each other. 6 credit hours.

MHH 213 Transformation and Dreams

Explores the study of the symbolism, guidance, and transformative power of dreams. 6 credit hours.

MHH 214 Edgar Cayce II

A study of Cayce's suggested preventative measures and regenerative methods, as a coordination of the physical, mental, and spiritual components of being. 6 credit hours. Requires BHH 112

MHH 215 Family Dynamics II

This course is an intermediate study of family dynamics, focusing on primary relationships, both for establishing a healthy dynamic and helping others to do the same. 6 credit hours. Requires BHH 113

MHH 216 Light, Color, and Music Healing

A study of the use of the healing power inherent in light, color and music. These tools have been used in many cultures and faiths for centuries. 6 credit hours.

Elective

MHH 217 Thesis

DOCTORAL LEVEL

DHH 306 Healing Herbs II

This course focuses on the study of herbs and herbal formulas, the Chinese art of healing, concepts of the therapeutic diet, and more. It is helpful for a minister who wishes to unite body to soul through the use of these ancient tools. 6 credit hours. Requires BHH 108

DHH 307 Ayurveda

A study of the theory of body types or "doshas" and on the subtle energies in our environment to which we are connected, such as food, emotion, and thought. 6 credit hours.

DHH 308 Care of the Soul

A study of the soul—its exploration, its discovery, and its meaning—as an essential element of daily life. 6 credit hours.

DHH 309 Intuitive Healing

A study of intuition, a spiritual gift given to all of us, as part of our essential makeup. This course explores intuition as a healing mechanism, subtle energy balancing, the clearing of the chakras, and more. 6 credit hours.

DHH 310 Healing Touch III (Reiki)

This course offers a study of the origins, history, and evolution of Reiki, as well as its basic theoretical background and techniques. 6 credit hours. Requires BHH 109, MHH 210

DHH 311 HIV/AIDS

This course explores various perspectives including information about prevention, signs and symptoms, conventional and alternative treatments, nutrition, and the psychology surrounding HIV and AIDS. 6 credit hours.

DHH 312 Women's Health Issues

This course offers the minister a study of specific health issues and alternative therapies for use in serving women. 6 credit hours.

DHH 313 Substance Abuse

A study of two distinct but collaborative views of addiction. This course provides tools to help the minister guide parishioners in the recovery process. 6 credit hours.

DHH 314 Family Dynamics III

This advanced course on parenting is helpful to a minister in serving others. It offers perspectives on how to avoid dysfunctional parenting and how to practice healthy parenting methods. 6 credit hours. Requires BHH 113, MHH 215

Elective

DHH 315 Dissertation

METAPHYSICAL SPIRITUALITY

CONCENTRATION COURSE DESCRIPTIONS

BACHELOR'S LEVEL

- BMS 106** **Introduction to Metaphysical Spirituality**
This course offers an overview in the study underlying spiritual principles of the nature of being and causality. 6 credit hours.
- BMS 107** **New Thought**
A study in the "New Thought" movement of metaphysical beliefs concerning the effects of positive thinking, the law of attraction, life force, and creative visualization. 6 credit hours.
- BMS 108** **Therapeutic Prayer**
This course defines prayer and its methods of use, and clarifies the meaning of recent research on prayer and its effects. 6 credit hours.
- BMS 109** **Spiritual Renewal through Past-Life Regression**
This course offers an overview of past-life theory and past-life regression as a form of awakening, healing, and spiritual renewal. 6 credit hours.
- BMS 110** **Labyrinths: A Walking Prayer**
This course offers an in-depth study of Labyrinths, and their healing powers. Since ancient times the labyrinth has been walked to help people to center, and seek spiritual guidance. 6 credit hours.
- BMS 111** **A Course in Miracles I**
This course offers an introductory overview of *A Course in Miracles*—a study of the deep, abiding nature and empowerment of the Divine in man. 6 credit hours.
- BMS 112** **Edgar Cayce I**
The work of Edgar Cayce, the "sleeping prophet," is studied for the system of metaphysical thought and healing that comes from his revelations. 6 credit hours.

- BMS 113** **Jung and the Divine I**
This course involves Jung's "Answer to Job." Jung's and others thoughts on emptiness are studied for their potential for enlightenment and healing. 6 credit hours.

Elective

MASTER'S LEVEL

- MMS 206** **The Metaphysical Mind**
A study of the mind's metaphysical ability to heal the body and life, to create or deny peace, and to bring one into conscious awareness. 6 credit hours.
- MMS 207** **Spiritual Healing**
A study of the methods and techniques for accessing spiritual awareness, power, and of healing the perceived separation of body and soul. 6 credit hours.
- MMS 208** **The Dynamics of Self Hypnosis**
A study of the methods of personal transformation through self-hypnosis; harnessing the power of the unconscious mind to reach your spiritual potential. 6 credit hours.
- MMS 209** **Meditation**
This course explores body wisdom and mindfulness as methods for reducing anxiety and fulfilling the body/mind/soul life. 6 credit hours.
- MMS 210** **Eastern Thought—Chakra Balancing**
A study of the Eastern philosophy of the etheric body chakra system, which can be opened, cleared and balanced for spiritual, psychological, and physical healing and life enhancement. 6 credit hours.
- MMS 211** **A Course in Miracles II**
An in-depth study of *A Course in Miracles*, considering such concepts as identity, awakening, resistance to love, returning to love, surrender, and heaven. 6 credit hours. Requires BMS 111

CONCENTRATIONS

MMS 212 Overview of Yoga
A study of the spiritual principles of yoga as a method for integration, wholeness, and self-realization. 6 credit hours.

MMS 213 Breathwork: The Breath of Life
A study of the power, purpose, and spiritual principles of breathwork, and its healing and life-enhancing qualities. 6 credit hours.

MMS 214 Mandala: Art and Spirituality
This course explores the spiritual principles behind the ancient philosophy and the modern use of the mandala, and its ritual significance in Buddhism and Hinduism. It explores how mandalas can be used as a spiritual teaching tool, for establishing a sacred space, and as an aid to meditation. 6 credit hours.

MMS 215 Jung and the Divine II
This course provides an in-depth view of the archetypal processes of wholeness found in Jung's concepts of the self and the Divine. 6 credit hours. Requires BMS 113

MMS 216 Edgar Cayce II
A study of Cayce's suggested preventative measures and regenerative methods, as a coordination of the physical, mental, and spiritual components of being. 6 credit hours. Requires BMS 112

Elective

MMS 217 Thesis

DOCTORAL LEVEL

DMS 306 Interfaith Theology
A study of the dialectic interfaith and secular dialogue that becomes the creation of an interfaith theology. 6 credit hours.

DMS 307 Metaphysical Interpretation of the Bible
An in-depth study of different perspectives on a metaphysical interpretation of the *Bible*. 6 credit hours.

DMS 308 Divine Laws of Prosperity
A study of the metaphysical concepts of prosperity, including the divine laws, the tools, and the plan for abundance. 6 credit hours.

DMS 309 Healing Through Grief
This course is a study of the effects of death and grief and presents effective therapeutic interventions to assist the minister in service to those dealing with grief. 6 credit hours.

DMS 310 A Course in Miracles III
An advanced study of *A Course in Miracles*, utilizing workbooks and commentaries that assist the student of *Miracles* in enlightened application. 6 credit hours. Requires BMS 111, MMS 211

DMS 311 Global Consciousness
An in-depth study of the evolution of consciousness as spiritual awareness and the global phenomenon surrounding it. 6 credit hours.

DMS 312 Jung and the Divine III
An advanced study of Jung's theories of the Self as imago dei, or the image of God, as well as the relationship between Jung's theories and Tibetan Buddhism. 6 credit hours. Requires BMS 113, MMS 215

Elective

DMS 313 Dissertation

ALTERNATIVE SPIRITUAL TRA

CONCENTRATION COURSE DESCRIPTIONS

BACHELOR'S LEVEL

BAS 106 **The Study of Angels**

A study of angels, their method of communication, and their healing and transformative powers. 6 credit hours.

BAS 107 **A Study of Prophetic Gifts I**

A study of awakening or increasing intuitive and psychic abilities, awareness, and consciousness. 6 credit hours.

BAS 108 **Spiritual Renewal through Past-Life Regression**

An overview of the spiritual principles of past-life theory and past-life regression as a form of awakening, and healing, and spiritual renewal. 6 credit hours.

BAS 109 **Buddhism and Karma**

Central to Hinduism, Ayyavazhi, Sikhism, Buddhism and Jainism, karma has now become a Western curiosity. This course offers an in-depth understanding of karma—the laws of actions and their effects. 6 credit hours.

BAS 110 **Astrology and Spirituality I**

An in-depth study of different perspectives on beginner's astrology, including the natal chart, interpretive guidelines, and information about how astrology can be used to advance personal and spiritual evolution. 6 credit hours.

BAS 111 **A Comparative Study of Paranormal Phenomena and Spirituality I**

This course involves the study of the various forms of paranormal phenomena and spirituality. 6 credit hours.

BAS 112 **Taoism and Feng Shui**

Investigates the ancient philosophy and modern use of Feng Shui, a Chinese belief that recognizes the relationship between one's physical environmental and human chi "inner energy or life force," and how to create specific plans that balance the two. 6 credit hours.

Elective

MASTER'S LEVEL

MAS 206 **Study of Prophetic Gifts II**

A study of the prophetic gifts referred to as Remote Viewing and its development. 6 credit hours. Requires BAS 107

MAS 207 **Sacred Numerology**

A study of the interpretation of numbers, including its uses for spiritual guidance, and personal development. 6 credit hours.

MAS 208 **Buddhism and Karmic Relationships**

An exploration of karma and karmic bonds in the family dynamic, particularly with regard to how karma helps us to expand the self through relationships. 6 credit hours.

MAS 209 **Ancient Tools for Divine Guidance I**

A study of I-Ching, Tarot, and Runes and their use for divine guidance, and accessing the self and its wisdom. 6 credit hours.

MAS 210 **A Study of Near Death Experiences**

A study of the research on Near Death Experiences, including a study of the spiritual information provided by those who have experienced near death. 6 credit hours.

MAS 211 **Astrology and Spirituality II**

An advanced course that looks at astrology from a spiritual, transformative perspective, rather than using the traditional interpretations. 6 credit hours. Requires BAS 110

DITIONS CONCENTRATIONS

MAS 212 A Comparative Study of Paranormal Phenomena and Spirituality II

This course offers an in-depth study of various theories regarding the origin and meaning of several different forms of paranormal phenomena. 6 credit hours. Requires BAS 111

MAS 213 The History and Symbolism of Handwriting Analysis

The historical study of handwriting analysis, including its various interpretations, its uses for personal and spiritual growth, and the current business uses of handwriting analysis. 6 credit hours.

Elective

MAS 214 Thesis



DOCTORAL LEVEL

DAS 306 Study of Prophetic Gifts III

An advanced course focusing on awakening, tuning and aligning psychic and spiritual responses. 6 credit hours. Requires BAS 107, MAS 206

DAS 307 Chariots of the Gods

An in-depth study of Stitchin's theories related to extraterrestrials and their place in both Biblical history and the history of Earth. 6 credit hours.

DAS 308 Ancient Tools for Divine Guidance II

A study of divine guidance through the use of ancient tools. 6 credit hours. Requires MAS 209

DAS 309 Trance and Prayer

A study of various forms of prayer, trance, trance state and the rave culture. 6 credit hours.

DAS 310 Shamanism

This course studies the journey of the Shaman as a spiritual leader, from initiation to transformation, yielding much on the transformation process itself. 6 credit hours.

DAS 311 A Comparative Study of Paranormal Phenomena and Spirituality III

This advanced study allows an in-depth view of actual investigations into psychic phenomena and spiritual mysticism. 6 credit hours. Requires BAS 111, MAS 212

DAS 312 Spiritual Meditation and Out of Body Experiences

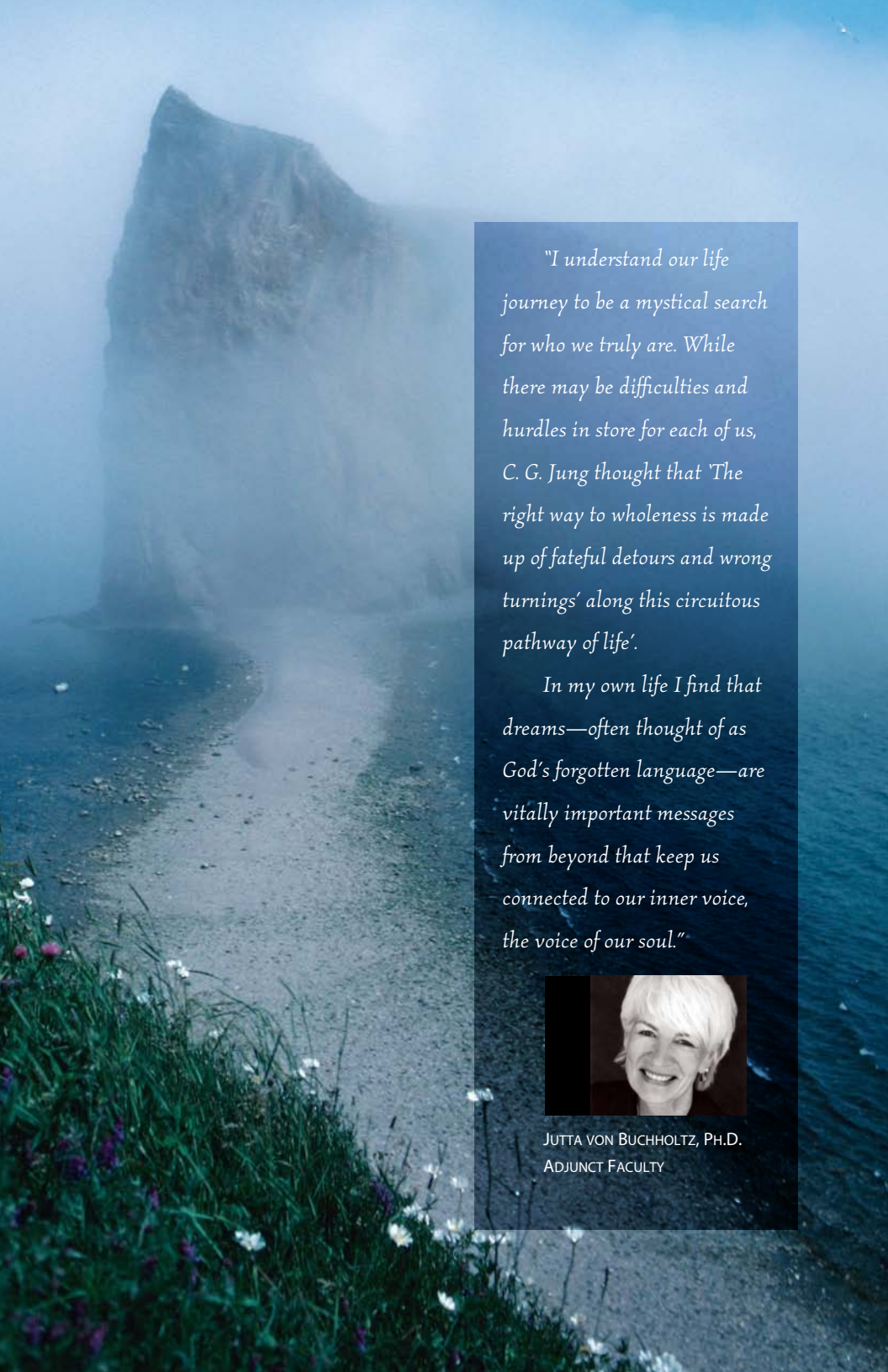
This course explores the phenomena of the various forms of meditation and Out-of-Body Experience. 6 credit hours.

DAS 313 Quantum Healing and Spirituality

A study of the evolving views on healing of the body, mind and spirit. 6 credit hours.

Elective

DAS 314 Dissertation



"I understand our life journey to be a mystical search for who we truly are. While there may be difficulties and hurdles in store for each of us, C. G. Jung thought that 'The right way to wholeness is made up of fateful detours and wrong turnings' along this circuitous pathway of life'.

In my own life I find that dreams—often thought of as God's forgotten language—are vitally important messages from beyond that keep us connected to our inner voice, the voice of our soul."



JUTTA VON BUCHHOLTZ, PH.D.
ADJUNCT FACULTY

APPLICATION FOR ADMISSION

I, _____ hereby apply for admission to
American Institute of Holistic Theology this _____ day of _____, 20 _____.

I REQUEST ENROLLMENT IN:

Program Level: Bachelor's Master's Doctoral
Concentration: Holistic Theology Holistic Ministries Holistic Health and Spiritual Care
 Metaphysical Spirituality Alternate Spiritual Traditions

Concentration Course Choices: *(Write in Course Numbers)*

1. _____
2. _____
3. _____
4. _____
5. *(Elective)* _____

Total Tuition: _____ My Advisor's Name is: _____

APPLICANT'S FULL NAME: Ms. Mr.

Last	First	Middle
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Home Address (Including Apt. No.) _____ City, State, Zip _____

PHONES: Home: (_____) _____ Work: (_____) _____

Fax: (_____) _____ E-mail: _____

Driver's License Number: _____ State: _____

Current Occupation: _____ Company: _____ How Long: _____

City, State, Zip _____

Date of Birth: _____ Social Security Number _____

Name, address, telephone and relationship of closest relatives not residing with you.

PREVIOUS EDUCATION

Secondary: Name of High School _____	City/State/Country _____	Year Graduated _____
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If you are not a high school graduate, have you completed the GED requirement?

Yes No Date Received _____

College: Name of School _____	Degree or Major _____	Credits _____	Degree Earned _____
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(A) _____

(B) _____

(C) _____

Please check the boxes above to indicate which schools will be sending official transcripts.

ADMISSIONS ESSAY ATTACHED: I have submitted a two-paragraph summary explaining why I am interested in enrolling with AIHT and why I have chosen my particular field of study.

I certify that the information I have provided is true and correct. I understand that if I misrepresent information or provide untruthful information, it can result in my acceptance to American Institute of Holistic Theology being declared null and void. I agree to abide by the rules and procedures of American Institute of Holistic Theology and the provisions set forth in the American Institute of Holistic Theology catalog and Student Handbook, including the arbitration provision.

Signed _____ Date _____

PAYMENT OPTIONS

Please choose one of the following payment options:

PAYMENT IN FULL

A discount will be applied to your tuition with this option. Call your admissions advisor for details.

I am making a payment of
\$_____.

FINANCE PLAN (12% interest)

- 6 month 18 month
 9 month 24 month
 12 month

Minimum Down Payments:

Bachelor's	\$400
Master's	\$500
Doctoral	\$500

I am making a payment of
\$_____.

INTEREST FREE PLANS

90 Day Plan

Tuition divided into three equal payments. First payment due upon enrollment; second payment due in 60 days; and third payment due 90 days from enrollment.

6 Month Cash Plan

Pay half of tuition upon enrollment and the balance in five monthly interest free payments.

6 Month Credit Card

After down payment, pay tuition in five equal monthly credit card payments.

I am making a payment of
\$_____.

Extended Interest Free Plan

This plan requires a minimum down payment of 25% of your total tuition. The balance will be financed interest free for 6, 9, 12, 18, or 24 months.

- 6 month 18 month
 9 month 24 month
 12 month

I am making a payment of
\$_____.

I am paying by check or money order.

I am paying by credit card. Please bill my:

VISA MasterCard American Express Discover

If paying by credit card you must complete the following:

Credit Card # _____ Exp. _____

Name on Account _____

Signature _____

If you need payment figures for the above options, please contact your admissions advisor at 1-800-650-HEAL(4325).



AMERICAN INSTITUTE OF HOLISTIC THEOLOGY

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Birmingham, Alabama 35205

1-800-650-HEAL

www.aiht.edu

