

SOUND OFF!

Get your butt in gear!

Men's Fitness invites you to join
Brooklyn Bridge Boot Camp
for a military-style workout.

Wednesday, September 17th
7:00 PM

Meet at the Manhattan entrance to the Brooklyn Bridge

Drinks to follow

RSVP by September 10th

Tracy Mitnick

tmitnick@amilink.com

212-743-6653

Space is limited.

Featured in the *The New York Times*, the workout is "taking boot camp to the next level." Personal Trainer Ariane Hundt calls the Brooklyn Bridge "my favorite place in the city. I wanted to combine it with something fitness-related."