

TOP



**DIABETES
QUESTIONS
ANSWERED**

A FREE INFORMATIVE EVENT



Join us

as **Chadi Richeh, MD, Shannon Endocrinologist** answers the top 10 questions he is asked in his practice.

He will also be discussing critical information on diabetes management and control. There will be a question and answer session at the end.

September Summers, Personal Trainer, will lead a session on Easy Exercises at Home.

Thursday, November 10

6 pm to 7:30 pm

**Shannon Women's & Children's
Conference Room, 201 E. Harris**

Everyone is invited to attend this free seminar. Healthy snacks will be served. Seating is limited.

To reserve a space, call (325) 481-2388

Healthbeat  **LIVE!**