

# Too Connected

Technology has become so integrated into our lives we can't escape it.



94 minutes a day using **Aps**.

72 minutes using web browser.



62% check work email on **weekend**.

19% check five or more times.

Over 50% check while on vacation.



30 hours online per month.

99 domains visited.

**3,123** webpages viewed.



1987 average home recieved a letter every 2 weeks.

2010 it grew to every **7 weeks**.



15.5 minutes a day on Facebook

**140 million** Tweets sent in a day.