

# MAKE A KIT

- Water** (1 gallon per person per day)
- Food** (stock up on non-perishable items that you eat regularly)
- Medications** (this includes prescription and non-prescription meds)
- Tools and Supplies** (utility knife, duct tape, battery powered radio, etc.)
- Sanitation and Hygiene** (household bleach, soap, towels, etc.)
- Clothing and Bedding** (a change of clothes for each family member and blankets)
- Important documents** (copies of your driver's license, passport, and birth certificate to name a few)
- First Aid supplies** (although you're a goner if a zombie bites you, you can use these supplies to treat basic cuts and lacerations that you might get during a tornado or hurricane)

[emergency.cdc.gov](http://emergency.cdc.gov)