

BRAISED BEEF RISOTTO

WITH BRAISED BEEF, BACON, PARMESAN CHEESE, RED WINE, ONIONS AND CREAM

Heating Instructions

If frozen, thaw in refrigerator for 24-48 hours then follow directions below. Do not prepare in toaster oven.

Microwave Oven:

Times given are approximate. Use black recyclable tray for microwave heating.

1. Remove plastic film and sleeve from Risotto. Set Sauce pouch aside.
2. Cut off a small corner of Rice pouch to vent and place in tray.
3. Microwave on HIGH power for 1-1/2 minutes. Carefully remove and set aside.
4. Cut off a small corner of the Sauce pouch to vent and place in tray. Microwave on HIGH power for 2-1/2 minutes.
5. Carefully cut open the rice and place in serving bowl. Carefully pour contents of sauce on top and use two forks to thoroughly mix and serve. Garnish with parsley.

Stove Top:

1. Open contents of sauce pouch and place contents in a medium sauce pan.
2. Heat on medium low stirring frequently to avoid burning sauce.
3. When sauce is heated, carefully mix in rice for 15 seconds, remove and serve. Garnish with parsley.

Keep Refrigerated

Recyclable Black Tray



Nutrition Facts

Serving Size 1 cup (227g)
Servings Per Container 4

Amount Per Serving
Calories 330 Calories from Fat 110

% Daily Value*

Total Fat 12g **18%**

Saturated Fat 7g **33%**

Trans Fat 0g

Cholesterol 40mg **13%**

Sodium 300mg **13%**

Total Carbohydrate 46g **15%**

Dietary Fiber 2g **8%**

Sugars 3g

Protein 8g

Vitamin A 15% • Vitamin C 0%

Calcium 10% • Iron 15%

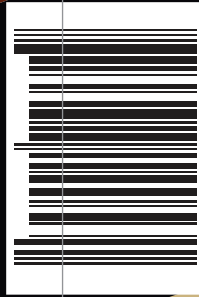
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Fiber		25g	30g

Calories per gram
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: WATER, MILK, HEAVY CREAM, SEASONED COOKED BEEF (beef, water, concentrated beef stock, salt, dextrose, sodium phosphates, caramel color, spice extractives), Bacon (bacon [cured with water, salt, sugar, sodium erythorbate, sodium nitrite]), PARMESAN CHEESE (parmesan cheese [pasteurized part-skim milk, cheese cultures, salt, enzymes], powdered cellulose, cornstarch), RED WINE, ONIONS, SEASONING (roasted beef and concentrated beef stock, salt, hydrolyzed soy protein, corn maltodextrin, corn oil, sugar, flavoring [onion powder, garlic powder, spice extractives], whey [milk]), caramel color), SOYBEAN OIL, MODIFIED CORNSTARCH, SUGAR, DEHYDRATED GARLIC, SPICES.

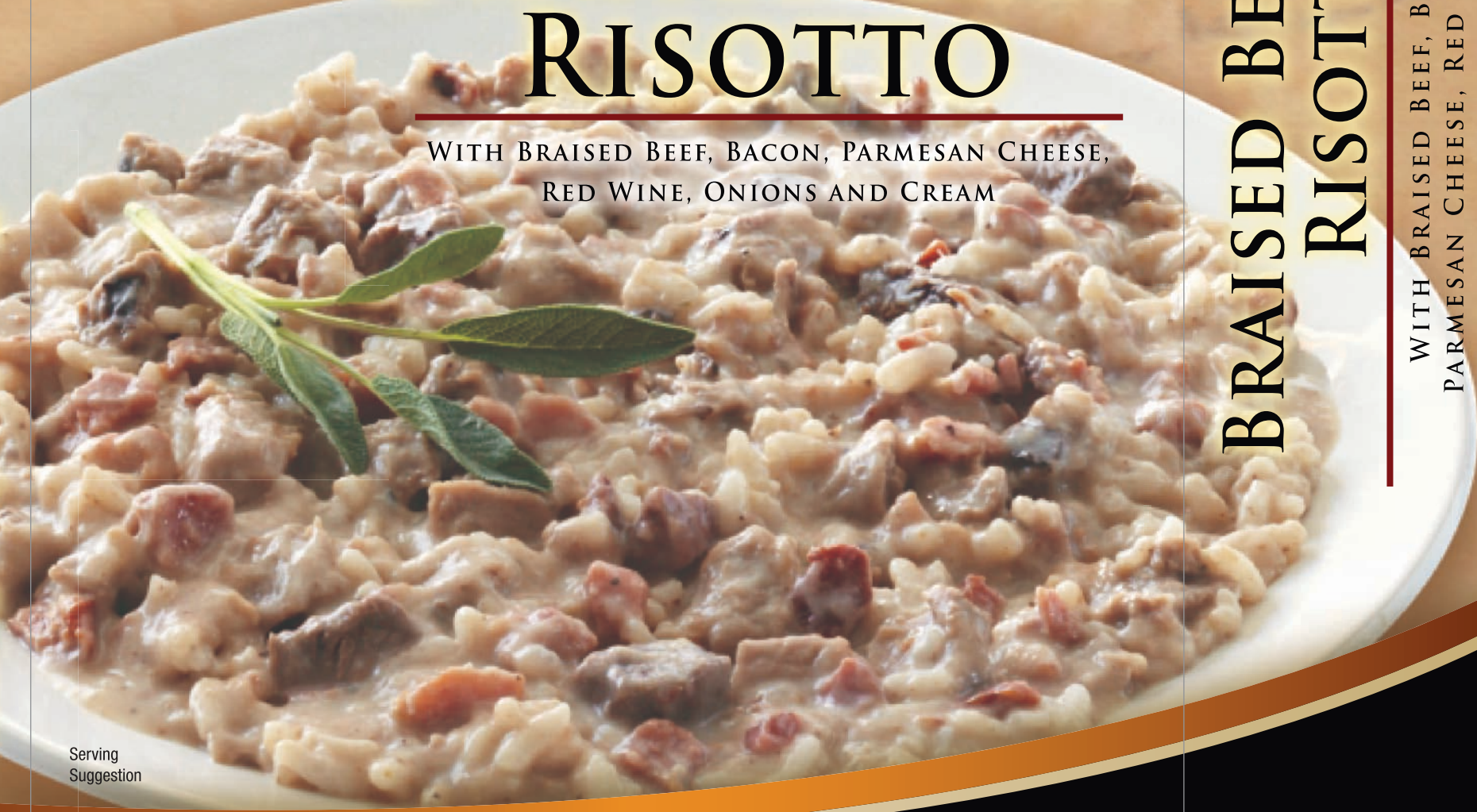
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FULLY COOKED
READY IN 4 MINUTES

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Serving Suggestion

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KEEP REFRIGERATED
MICROWAVEABLE



NET WT. 32 OZ (2 LB) 907g

