

Nutrition Facts

Serving Size 5 oz (140g)
Servings Per Container varied

Amount Per Serving

Calories 140 Calories from Fat 60

% Daily Value*

Total Fat 7g 11%

Saturated Fat 2.5g 12%

Trans Fat 0g

Polyunsaturated Fat 1.5g

Monounsaturated Fat 2g

Cholesterol 25mg 9%

Sodium 280mg 12%

Total Carbohydrate 14g 5%

Dietary Fiber 2g 8%

Sugars 3g

Protein 6g

Vitamin A 6% • Vitamin C 20%

Calcium 4% • Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: RISOTTO (WATER, PEARL BARLEY, ONION, BUTTER, GARLIC, VEGETABLE AND CONCENTRATED VEGETABLES [(CARROTS, CELERY, ONION, TOMATO), YEAST EXTRACT, SALT, ORGANIC CANE SUGAR, MALTODEXTRIN, NATURAL FLAVOR, CANOLA OIL, BARLEY MALT EXTRACT (GLUTEN), DRIED ONION, DRIED POTATO, DRIED GARLIC), SOYBEAN/CANOLA OIL, SPICES), ZUCCHINI, TOMATO SAUCE (TOMATO WATER, ONION, TOMATO PASTE, GARLIC, MODIFIED CORN STARCH, SUGAR, OLIVE OIL, BASIL, SALT, BLACK PEPPER, DRIED OREGANO, DRIED THYME), CHICKEN MEAT, BREAD CRUMB (ENRICHED WHEAT FLOUR [WITH NIACIN, REDUCED IRON, THIAMIN, RIBOFLAVIN, FOLIC ACID], CORN SYRUP, WATER, SOYBEAN OIL, AND/OR CANOLA OIL, SALT, YEAST, WHEY, SOY FLOUR), SEASONING (SALT, MALTODEXTRINE, HONEY POWDER, COOKED CHICKEN EXTRACT [CHICKEN FAT, NATURAL FLAVORS], VEGETABLE POWDERS [ONION, CELERY, CARROT, GARLIC], SPICES AND SPICE EXTRACTS, SODIUM DIACETATE, CARAMEL COLOR, TURMERIC, SALT, PEPPER).
CONTAINS: MILK, SOY AND WHEAT

A La Carte Gourmet Classics
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Monrovia, CA 91016

If you have any questions or comments about this product, contact us by letter or e-mail to info@burnettandson.com



A LA CARTE

GOURMET CLASSICS
SLOW OVEN ROASTED

STUFFED ZUCCHINI

OVEN ROASTED STUFFED ZUCCHINI WITH A BARLEY RISOTTO CHICKEN STUFFING IN A RUSTIC TOMATO SAUCE

HEATING INSTRUCTIONS:

MICROWAVE OVEN:

- (Tray won't be as rigid when warm, contents will be hot!)
- Unwrap the package, remove inner pouch from black tray and sleeve
 - Cut a 1" slit in near the end of the pouch.
 - Microwave on HIGH about 3 ½ minutes per pound (about 7 minutes) or until hot. Let stand 2 minutes.
 - Carefully cut pouch open.
 - Pour content into a serving dish.
 - Cut Stuffed Zucchini in pieces of 1 ½" thick or as desired.
 - Serve and enjoy.

CONVENTIONAL OVEN:

- (Exercise care when removing from the oven, product will be hot!)
- Preheat oven to 350°F.
 - Unwrap the package, remove inner pouch from black tray and sleeve
 - Open pouch, remove Stuffed Zucchini from pouch and place in oven-safe-dish (Do not use black tray).
 - Place oven-safe-dish on middle rack inside oven.
 - Heat at 350°F to an internal temperature of 140°F (approximately 20 minutes per pound). Note: Overcooking will dry out the product.
 - Let stand for 2 minutes.
 - Cut the Stuffed Zucchini in pieces of about 1 ½" thick or as desired.
 - Serve and enjoy.

FREEZING AND DEFROSTING TIPS:

1. If you don't plan to consume the product right away, you may freeze the product on or before the Freeze-By-Date
2. If the product is frozen, first defrost the product and then proceed with the heating instructions. You may:
 - a. Defrost the product by placing it in the refrigerator for 24 hours (or until completely defrosted), or
 - b. If using a microwave oven, defrost using the DEFROST function following your microwave oven's instructions.

KEEP REFRIGERATED

OVEN ROASTED STUFFED ZUCCHINI WITH A BARLEY RISOTTO CHICKEN STUFFING IN A RUSTIC TOMATO SAUCE

STUFFED ZUCCHINI

SLOW OVEN ROASTED

FULLY COOKED

A LA CARTE
GOURMET CLASSICS

READY IN 7 MINUTES

SLOW OVEN ROASTED

STUFFED ZUCCHINI

OVEN ROASTED STUFFED ZUCCHINI WITH A BARLEY RISOTTO CHICKEN STUFFING IN A RUSTIC TOMATO SAUCE

Serving Suggestion

KEEP REFRIGERATED

NET WT. 32 OZ (2 LB) 907g



MICROWAVABLE

SLOW OVEN ROASTED

STUFFED ZUCCHINI

OVEN ROASTED STUFFED ZUCCHINI WITH A BARLEY RISOTTO CHICKEN STUFFING IN A RUSTIC TOMATO SAUCE