

FIRST CALL FOR HELP™

Get answers about how to find:

- Emergency food and shelter
- Services for children and families
 - Services for senior citizens
 - Subsidized child care
- Emergency financial assistance
- Counseling and mental health services
 - Hard-to-find government agencies
 - And more!

*First Call For Help is a
service of United Way*



Hotline hours: 8 a.m. to 5 p.m.
(Monday through Friday)

(850) 595-5905

24/7 online: **www.fcfh.info**

If you would like more information about First Call For Help volunteer opportunities, e-mail us at firstcall@unitedwayescambia.org