

Adult Day Health Care: Help for Seniors and their Caregivers

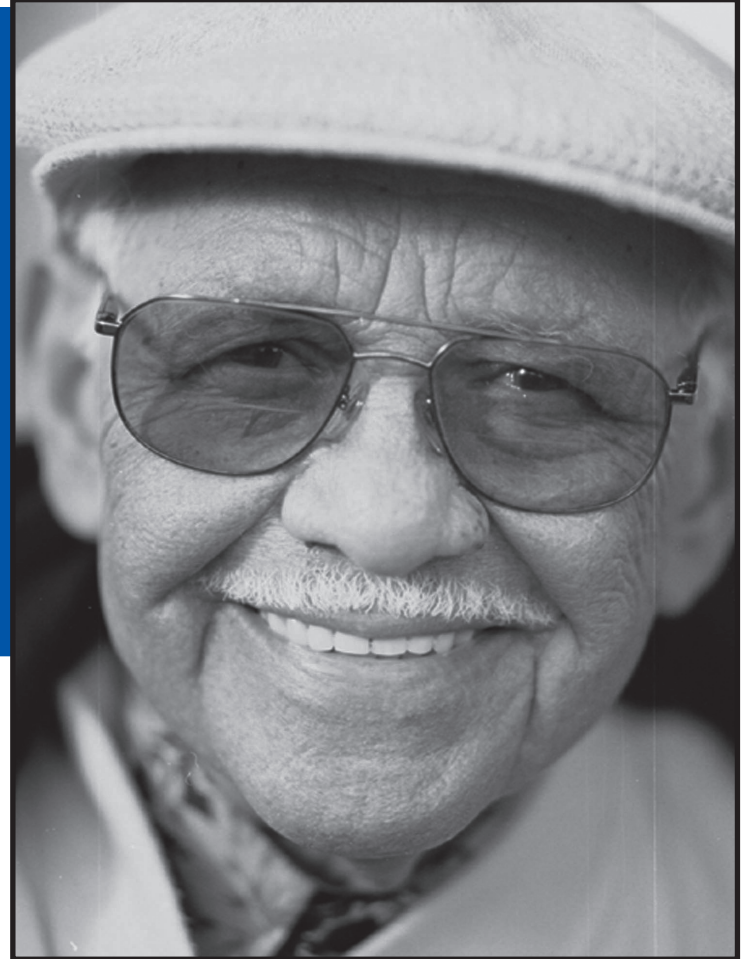
The Adult Day Health Care program provides a needed service for adults with physical and cognitive impairments and their caregivers while helping to keep more elders in familiar surroundings and out of nursing homes.

Hours: 7:30 a.m. to 5:30 p.m.

Amenities: Recreation areas, relaxation therapy room, staff trained in care of patients with Alzheimers' and other forms of dementia.

Location: 875 Royce St., Pensacola

Phone: Sandie Holtry, 432-1475 ext 180.



Potential participants must complete an assessment with the director of the center and return with a completed physician's admission order and a \$25 deposit. The Adult Day Health Care service is available on a private pay basis at daily rates much lower than those charged for in-home care. For information on Veterans Administration funding assistance and other funding sources, call Sandie at 432-1475, ext. 180. For more information visit www.coawfla.org/adult-day-care.asp.

FEATURED SERVICE: Relaxation therapy

Relaxation therapy utilizes soft lights, gentle music, and calming aromas to offer participants a multi-sensory experience in a peaceful soothing environment. Originally developed as a treatment for children and adults with disabilities, new research shows it is an effective tool for easing the symptoms of Alzheimer's disease and other forms of dementia.

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This information is provided by United Way of Escambia County and the Council on Aging of West Florida, a United Way service partner that receives funding for its Meals on Wheels and Senior Companion programs.

United Way @ Work is produced by United Way of Escambia County as a service to our business partners. United Way @ Work aims to inform residents of valuable services from our nonprofit partners that improve our overall quality of life.

Need more information on this or other topics related to human services in Northwest Florida? Call First Call For Help at 595-5905.