Sally is approached by her young son who is hungry.



Sally walks up to her kitchen counter and activates the embedded screen.



Sally's Google Cooktop displays two options for recipe selection. Either her Google Cooktop will wirelessly connect to Sally's Google Cooking App on her iPhone that has a catalog of the ingredients she has in her home and then suggests a recipe or Sally can search the internet.



Sally then selcts the profiles of those who will be attending dinner. These profiles are connected to the **Google Cal Band** which allows the **Google Cooktop** to access daily exercise and suggest an appropriate portion size.