

Research

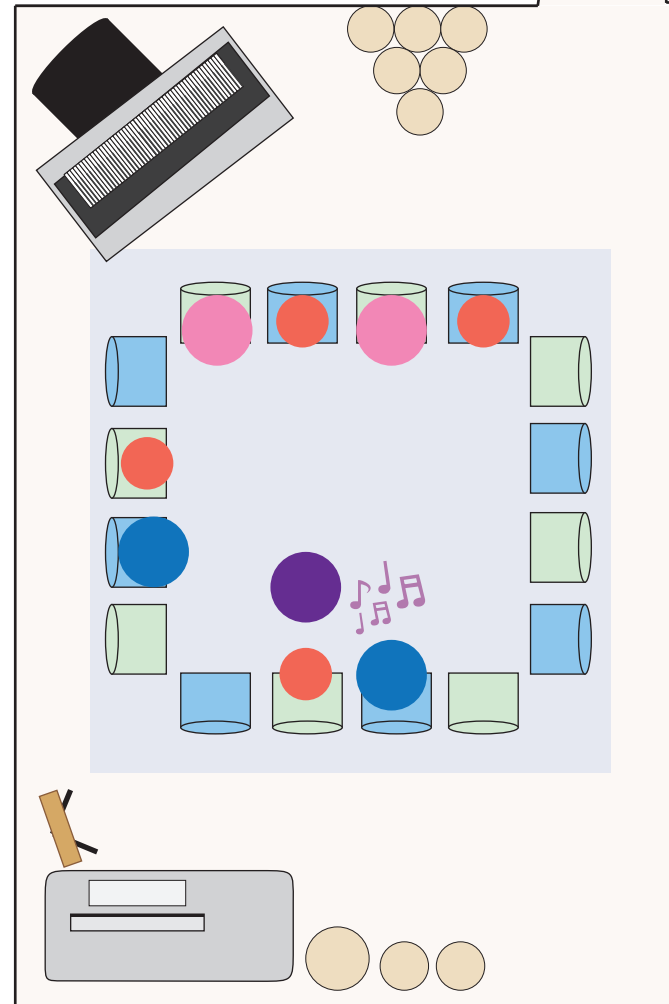
What is Music Therapy?



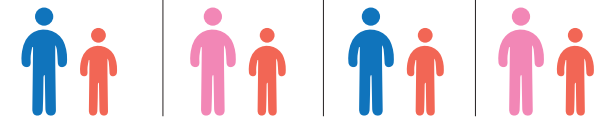
Music Therapy is one of the oldest forms of therapeutic healing. It is effective in treating people with Autism Spectrum Disorders, Downs Syndrome, and Cerebral Palsy.

Music Therapy Session

Aerial View



Group Session



Small group session between 3 to 4 patients and their guardians

Patients



Autism



Downs Syndrome



Cerebral Palsy


Duration




30 to 40 minute sessions


People

Parent  

Patient 

Music Therapist 

Equipment

Drums 

Guitar 

Chairs 

Music Therapists help patients improve their cognitive functioning, motor and social skills. They lead group exercises through song and dance but also work one-on-one with each patient.