

Massage is the *power of touch*. Through the use of oils, creams and hot stones our therapists are able to help you to relax by improving your circulation and releasing the tension from your muscles. Feel your muscles being kneaded and the tension seep away, while promoting a sense of well being to your mind, body and soul.



# Massage

## A celebration of Mind, Body & Soul

### **Natural Stone Massage** \$100 / 60 min \$130 / 90 min

The comfort of warm, smooth river stones are glided over your tired, sore muscles simply melting away your tension and worries. The heat of the stones penetrate deep into the muscles allowing them to completely unwind. Customize the experience further by incorporating your favorite essential oils into the treatment.

### **Aromatherapy Massage** \$85 / 60 min \$110 / 90 min

Through the use of essential oils and soft massage movement, this massage will leave you feeling relaxed and energized.

### **Deep Tissue Massage** \$90 / 60 min \$125 / 90 min

Using deliberate slow massage strokes combined with stretching, this massage will help target your pain and loosen the deep layers of muscle tissue.

### **4 Hand Massage** \$170 / 60 min \$240 / 90 min

Feel the pleasure of two massage therapist, using two different techniques, to relax your muscles while energizing your senses.

### **Swedish Massage** \$85 / 60 min \$110 / 90 min

Relax your mind and body with a swedish massage. It increases circulation, flexibility, and helps your body to slow down to relieve stress and relax your tight tired muscles.

### **Rain Drop Technique** \$100 / 60 min

*New!* The massage is an experience of essential oils and massage movements. 9 different oils are used in a combination for your body's needs. The oils are gently applied and rubbed into the back and feet to soothe and relieve the stress and ache from your body while infusing the natural oils into your skin to help your body's specific needs. It is so relaxing, as if walking through a gentle warm rain. Your mind and body will love you for it.

### **Quick Fix Chair Massage** \$20 / 15 min \$38 / 30 min

Concentrates to release stress/tension for the neck, shoulders and back.

### **Couples Massage** Priced According to Massage Chosen

Escape and share a moment together. Enjoy it side by side with someone special, in your own secluded spa haven. Finish by relaxing in our relaxation room by enjoying a complimentary glass of champagne and strawberries.



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