

Journal 4

My heroic journey is going very well. So far, I have been able to stay motivated to learn the Nepali language. What I do to stay motivated is practice speaking Nepali with my husband. Speaking Nepali with my husband makes learning the language more fun because I can ask him anything that I want to know and he can tell me. Then I can practice having a conversation with him in Nepali, which helps me to learn the language much faster. My husband's encouragement also motivates me in my quest, because when I have him there encouraging me and making me feel that I am capable of learning his language, it gives me the will to continue trying, even when it gets difficult. I think one way that I can improve my motivation to complete my quest is to constantly remind myself how much easier it will be for me to communicate with my husband's family if I learn to speak Nepali. The more Nepali I know, the better I can have a conversation with my in-laws in their own language. Another way I can improve my motivation is to analyze my progress. I believe that seeing how I'm doing after a certain amount of time will keep me motivated in my quest. If I see I'm making good progress then that will motivate me to do even better; if I see I'm not making any progress at all then that will motivate me to try harder until I finally get it down. Either way, it brings me closer and closer to my goal.