

Eat Green

Go Green and make a difference

The greatest wealth is health.



DID YOU KNOW?

If you eat meat, add one meatless meal a week. Meat cost a lot at the store and it's even more expensive when you consider the related environmental and health costs.

Find more information at www.gogreen.org



Feel Green

Go Green and make a difference

Let's be the solution, not the pollution.



DID YOU KNOW?

If you own a vehicle, walk, or bike to work. This saves gas and parking costs while improving your cardiovascular health and reducing your risk of obesity. If you live in a city that had public transportation, use it once in awhile.

Find more information at www.gogreen.org



Save Green

Go Green and make a difference

Help the environment and help yourself.



DID YOU KNOW?

If you take action to help eliminate pollution. Keep your cell phones, computers, and other electronics as long as possible. Donate or recycle them responsibly when the times comes. Electronics waste contains mercury and other toxics as it's a growing environmental problem.

Find more information at www.gogreen.org

