



HEALTHY MEAL

DAILY NUTRITION

Formula 1 Nutritional Shake Mix is a great-tasting, healthy meal replacement that when taken daily, supports weight management and overall good health.

KEY BENEFITS

- Helps you lose weight while consuming up to 19 essential vitamins for balanced nutrition
- Delivers 9g of soy protein and 3g of healthy fiber*
- Encourages effective weight management with its tasty but calorie-controlled formula

WHY YOU NEED IT

Modern diets are often low in fiber, high in fat and lacking in nutritional value. No matter what your particular nutritional goals are, Formula 1 shakes give you the nourishment of a meal with vitamins, minerals and essential nutrients that help support weight management.

HERBALIFE ADVANTAGE

Formula 1 is scientifically formulated to provide balanced nutrition, including a significant amount of heart-healthy protein to help keep you feeling satisfied longer. Nourish your body with Cellular Nutrition for optimal metabolism, growth, repair and reproduction at the cellular level. Please consult your product brochure for our seven delicious flavors. Also available in Kosher.



WE ALSO SUGGEST:

Personalized Protein Powder

This is an excellent, fat-free protein supplement for hunger control and healthy weight management with 5g of soy and whey protein and all 9 essential amino acids.

*Tropical Fruit flavor ingredients may differ from the other flavors.