



UDGAM MATTERS

I SALUTE MY TEACHERS!

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Come September and it is time to remember teachers, to show respect to those who are responsible for educating children. This time also, 5th September was a day of joy and celebration. Students made the day special for teachers.

The best part of my school is teachers – whether it is the school where I studied or the school where I work now. I am glad I appreciated and thanked my teachers when I was a student and did not wait to leave the school. I was in awe of my teachers. I thought they were noble souls, not like other human beings. They not only imparted education but inculcated values for life. My teachers made me a good student for life. There was no demarcation between my student life and my life as a teacher. One day I was a student and the next day I became a teacher. I have been going to school almost all my life! And learning every day! And getting paid for it too!

So are the teachers who work with me now. Their commitment, sincerity and dedication to work – these make me feel blessed. I am still in awe of teachers! And not without reason! Almost all the teachers who work with me are women. They manage their home and family and also do their job as teachers efficiently. They maintain a fine balance between their roles as home-maker and managing a career. They have many social responsibilities too. They are expected to be present at every family function or take care of the horde of relatives that visit them. Notwithstanding this, very often they are called to work on holidays, which is really harsh on them as they look forward to spending time with their family. Yet, they go and do the work ungrudgingly.

And this career is not like any other. Being a teacher myself I understand the trials and tribulations one has to undergo in this profession. The job is strenuous – physically and mentally. At times, it is simply manual work.

A teacher has to play many roles in her profession. As a mentor, she guides her students towards their goal. When a student is hurt physically, she has to become a nurse and treat the wound. She becomes the architect shaping the lives of children. She becomes a director training them to enact a drama, a policeman controlling them in the assembly or while they go home in line. She plays the lawyer and judge very frequently, listening to their arguments and complaints and giving verdicts and punishments!

But all this is not without rewards. The best reward is appreciation from students which continues to come even years after they have left school! Many who are now parents tell me that they teach their children English in the same way that I had taught them! Now with quicker and easier means of communication, I hear from ex-students in different parts of the world. Nothing can surpass the gift of gratitude a teacher receives from students!

- Ms. Radhika Iyer
Principal, Udgam School

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THOUGHTS MATTER

*The BEST
teacher teaches from the
HEART
not from the book.*

REWARD BEHAVIOUR NOT RESULT



Mr. Manan Choksi
Executive Director

Reward is something which we associate with achievement. Most people think reward is only supposed to be given when a person tries AND achieves something. The fallacy of this thinking is that most people give up their journey towards the achievement because of losing hope that they will ever reach there. For example, I have to learn to walk for say 6 kms in 1 hour. At present I can walk for maximum 30 minutes and cover 2.5 kms. So a good trainer would give me a program which has several milestones which need to be achieved and say in a 3 month plan I can achieve the ultimate goal. A good trainer would give small rewards for small achievements and help the trainee to keep up the motivation throughout the journey. These small rewards will increase the probability of achievement more than a one-time big reward.

This approach can be put in practice by teachers, parents, students and even managers. For example, let us consider a student who has untidy handwriting, lack of subject knowledge, no punctuality and some disciplinary issues. Most parents and teachers would want the student to immediately change and give him an offer of a big reward if his performance is like an average student. However, for a student with several challenges the rewards should be broken up in small pieces and given for maintaining a positive behaviour. A student is many times more probable to improve himself if he keeps on trying to do so every single day for years and years, than a student who puts in sporadic efforts. If we see that a student is struggling hard to improve, this alone calls for a small reward.

I love giving medals, prizes and rewards to final winners. However the futility of that exercise is proven when year on year we have the same winners. I think rewards should be for improvement over one's past performance. Rewards should be for each individual's battle against his own circumstances. Rewards should be for attitude rather than aptitude. Such rewards will build a character, a fighter, an individual- what the world really needs! Rather than merely a winner, which is a title reserved for one person.

Such kind of small rewards have to be "administered" by people close to the students, like parents, friends and teachers. A single metric cannot be established to give such a reward. For example, a student who has fractured a foot and still gets the same marks as he got in previous exams, even as the class performance fell, deserves a reward. A computer generated rank list will not give importance to such a struggle.

Small rewards can be simple pleasures of life like giving an ice cream treat to the child which he/she has been yearning for, taking him to his/her favourite movie or sometimes just spending time with him/her to do what he/she likes. Positive words of encouragement and a simple pat on the back are also rewards for the strugglers.

In conclusion, I would like to reiterate, reward the behaviour and not the result. A good result may come by good luck, but a good behaviour comes only with a positive attitude and persistent efforts. Behaviour builds a solid foundation for the future which is more important in the long run than merely cracking an exam.

Keep up the good work!



CHANGING EQUATIONS!!!



Noopur Desai
Vice Principal – Middle School

We celebrate Teachers Day in September, on the birthday of one of the most revered 'teachers', Dr. Sarvapalli Radhakrishnan. The day on which children overwhelm us with their abundant love and affection. It is a time to reflect on various aspects of the student-teacher relationship.

This reminds me of our ancient Guru-Shishya tradition. The word guru itself means a person who can enlighten the individual stuck in darkness (gu means darkness and ru means light). But with the changing times, the equation between the Guru and Shishya has changed. Infact, our traditional system did focus on making learning a joyful and enlightening experience. Guru was the only source of knowledge that used to impart technique to sustain themselves as individuals in the society and become dutiful and responsible citizens of the society. Apart from imparting knowledge, student and teacher shared a special bond as students used to stay in Ashram with the Gurus. With the initiation of modern education system, the student – teacher ratio changed and the classes were confined to four walls where the teacher is expected to bring alive the beauty of nature, the rainbow of colours and explain the process of growth of plants.

Time and again the role of a teacher has revised where from mere instructor; the teacher has assumed more responsibilities of being a facilitator, guide and a philosopher. With the advent of technology the world has become smaller but the role of teacher has assumed a vast dimension. Today, the teachers are not only source of knowledge but they also are emotional anchors, source of solace and one who gains a deep understanding of the psyche of the child. It is said that 'Ideal teachers make ideal students' but many a times ideal students also inspire the teachers to push themselves beyond their set patterns. Present day teachers should be able to talk to the students about the latest gadgets and are expected to be tech-savvy. Teachers can remain in touch with their students through e-communication. Teaching today is more complex and demanding than ever before. Many children are a part of nuclear family with both the parents working. This makes family time scarce. Here a teacher is required to fill up the vacuum.

As teachers we know that students aren't consumers of facts. They are active participants in knowledge. Schools aren't just brick-and-mortar structures m- they're centres of lifelong learning. And, most important, teaching is recognized as one of the most challenging and respected career choices, absolutely vital to the social, cultural, and economic health of any nation.



Dr. Sarvapalli Radhakrishnan



Ancient Guru-Shishya tradition

HUSTLE BUSTLE OF ACTIVITIES



Mrs. Deepa Hemnani
Academic Coordinator

Come September and the school football team was all ready to rock the grounds. The boys cheerfully won the first match showcasing their talent and team work.

Then came the fervour of "Teachers Day". Students wished their beloved teachers and expressed their gratitude towards teachers by giving them flowers and making them feel special.

Shloka recitation competition was held along with celebrating "Hindi Diwas". The school soft boards were splashed with Sanskrit and Hindi for the first 15 days.

Ganesh Chaturthi, a festival of 11 days, occupies major importance in our country, so to equip our tiny tots with the feel of this celebration, several activities were conducted. This included decorating the picture of Ganesha using pulses instead of colours and also Ganpati Sthapna was there which gave live example to kids while they enjoyed singing arti songs and slogans.

Kids learn better through experience. So to give live examples of following traffic rules, children of Pre-primary section were taken to a Traffic Park where they rode bicycles in adherence with the traffic rules.

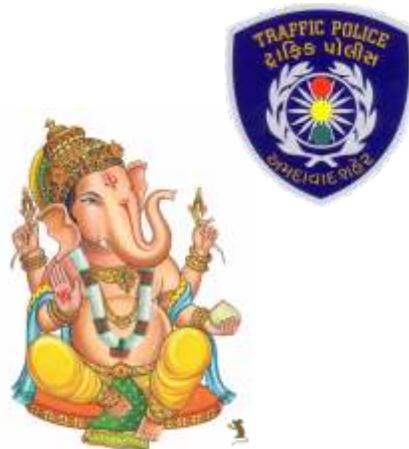
Sweets are dear to all. Homemade sweet day was held in primary section so that children from different communities know the taste of sweets which are made at home. The response was overwhelming; children not only brought sweets but also shared the recipes with their friends.

Nowadays due to the introduction of junk food, salads are losing their vitality. So in order to make children understand the importance of eating salads in daily meal "Salad Day" was held. Children brought salads in different shapes and tastes, they relished eating salads from each other's tiffins and importance was laid on including salad in every meal.

Also an activity of art and slogan was held for students to create awareness about "Grow More Trees." The activity concluded with each child taking away a sapling home to grow and take care of.

Later came the tension and fun of exams along with temperatures soaring up. Students were completely involved in studies like busy bees and worked hard to give their best in exams.

The month happily ended with exams and surprise showers of rains. Both brought relief!



HUSTLE BUSTLE OF ACTIVITIES



PRE-PRIMARY IN ACTION



MEDIA BUZZ

Udgam students celebrate Hindi diwas

Hindi Diwas was celebrated with great enthusiasm by all sections. Various activities were arranged to commemorate the day to celebrate our National Language. Primary students decorated their boards and had programs with inspirational speeches in Hindi. In Middle School students of Class VI were given projects on Hindi poets and writers, riddles, importance of Hindi language. While, class VII students performed a play 'Sobha' by Munshi Premchand which emphasizes on the rights and importance of a girl child. The script and dialogues in small relevant poems were written by children themselves. They dressed up as per the characters and performed in front of their classmates and junior classes. Students of Class VIII had Advertisement Making activity. Children were given topics beforehand like Jugu Gendak pagri, Literacy Campaign, Road Safety. They made posters for the same too. Secondary Section had poem recitation and debate competition for the students. It was a very enjoyable event where

each and every word was spoken in Hindi and the participants were very eloquent. What added more emotion to the event was the poems were self-composed by the participants. Titles like 'Bharat ki shram Hindi', 'Karam karo hadie zamana', 'Jete Bachao and Ma' were heart wrenching. The audience had a thrilling time too as there were plenty of questions for them, including tongue twisters in Hindi. They also decorated their soft boards with charts on noted Hindi writers and poets.



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Udgam School celebrates Gujarat diwas

On the fifth anniversary of Anarchard Neelam, the recent poet, literature and social reformer from Gujarat, Gujarat Diwas is celebrated in Gujarat and rest of India. The message reflects the rich culture and heritage of Gujarat and with 60 million speakers of Gujarati worldwide it is the 20th most spoken native language in the world. Udgam School for Children celebrated Gujarat Diwas with a variety of programmes for all sections of the school.



Middle school had performed a skit on problem of corruption and poem recitation.

The students in order to make them feel the pride of being a Gujarati. Primary section had poem recitations and speeches on Gujarati literature. Teachers shared information about the rich culture of the Gujarat language. In addition to the programme, charts on prominent Gujarati writers, poets, poets and their cultural heritage shall also be shown to the students.

Janmashtami celebrations at Udgam

The Pre-Primary School of Udgam School for Children celebrated Janmashtami with great enthusiasm and gusto. Girls and boys dressed in colourful traditional dresses sang songs and danced. The traditional breaking of the pot was a delight for the children. The atmosphere was a mixture of religious spirit and festival excitement.



Udgam School For Children

Sanskrit Shiksha Challenging Competition was held to commemorate Teacher's Day. Participants were divided into two groups. Group I had students from Classes VI & VII and Group II had students from Classes VIII & IX.



All participants recited with confidence and eloquence as a perfect tribute to the mother of all languages- Sanskrit! Aashritika B (class VII), Anyashi Meena (class VII) Vanashika Shree (class VI) secured first, second and third position respectively in Group I, while in group two Dhantika Naya (class VIII) secured first position. She was followed by Aditi Tejwani (class VIII), Gurleenkar Nanda and Arnav Buch (both from class IX) secured third position.

Udgam adopts Municipal School



Seminar at Udgam

Udgam School for Children, Thaltej, Ahmedabad, Gujarat organised a two-event social awareness activities. This included a rally, debate, wall painting, street plays and poster-making. All the events were based on the theme of Right to Information, Save the Girl Child, Girls Education, Conservation of Environment and Consumer Awareness. Students of Class VII prepared a street play on 'Girls Education' in Hindi stressing the need to educate girls. The central character is a village girl 'Janki' who is not sent to school by her parents because she is a girl. The village Head also confirms to the view that girls need not be educated. With the help of a little girl 'Savark', the play discusses why girls should be educated. To spread this idea, the group of students was taken to public places and other school where



our parents raise their eye of, the same love and affection should be reciprocated when they grow old. They are the experienced pillars of the society and are well-wishers. Manager Dr. H. D. Sharma congratulated the teachers and students and said that, "We can achieve success in life only if we follow the path chosen by our dikshu". The students also paid tribute to the 'Father of the Nation' through a play depicting the values, traditions and values he wished in the young generation of his 'Dream India'.

they performed the play. It was specially organized in municipal schools where children do not attend classes regularly in the course of performing the play, the students also realized the importance of girls education.

Decade Celebration Queen Mary's School, Rastri

Queen Mary's School, Rastri, New Delhi celebrated ten glorious years of its inception with a cultural extravaganza titled 'An Epoch of Excellence' on 1 November 2012 at Vidyaanand Auditorium. This event celebrated the vision to educate the girl child. It was the celebration of a decade of empowering lives and transforming the future.



A Decade of Excellence being celebrated by Queen Mary's School, New Delhi

Queen Mary's School, Rastri, received history when Dr. A.P.J. Abdul Kalam graced the school with his presence.

The visit was interspersed with a cultural programme followed by an interaction between the students and Dr. Kalam.

Dr. Kalam in his address to the students, gave them the words of encouragement for success. He emphasized on the four fundamental values, viz, integrity, knowledge, hard work and perseverance. According to Dr. Kalam, each individual is unique and must shine high in life. Each must work towards a particular goal and persevere towards its attainment.



Smiling students in Girls Education through 'Janki Jodi'

Students of Class VII prepared a street play on 'Girls Education' in Hindi stressing the need to educate girls. The central character is a village girl 'Janki' who is not sent to school by her parents because she is a girl. The village Head also confirms to the view that girls need not be educated. With the help of a little girl 'Savark', the play discusses why girls should be educated. To spread this idea, the group of students was taken to public places and other school where

YOUNG MINDS

We have got some good contributions from our students on diverse topics. Read and enjoy the thoughts of the young minds...



DOWRY: A CRIME...

Haena Patel
10C

Today's life is full of stress, tension, responsibilities and there is lack of time. All the jobs have a leave once in a while and have a vacation too. But the only job without any holiday or even any salary is that of a wife. A wife's salary is her husband's affection, her children's smile and the family's happiness.

When a girl gets married, it's the happiest day of her life and her family's too. The girl goes to a new family, a new society, comes across many new faces leaves behind her own family with whom she had spent her early years and even puts her husband's name in the place where before there was that of her father's. After the marriage, many new responsibilities and new relations are added in her life. But before the marriage, there is a system being followed since ages. DOWRY. Dowry is a kind of ritual being followed by everyone-right from the richest person to the poorest of poor. It is the money, gifts and other articles which are brought by the wife to her husband's family. It is illegal in today's world but is still followed under the table. This is so strange. Now a price has to be paid for two people's happiness. Money has to be given for a priceless smile too.

A women works 24*7 for her family, sacrifices her happiness, does not listen to her mind but only relies on her heart just for her family. She stays away from her family and puts her new family above herself. But still, dowry is being practiced. Why is happiness being sold? Change needs to be made in these criminal minds and awareness has to spread among one and all against this crime...

Let us join hands to help the women and their families to fight against this crime...



NATURE'S GIFT

Niharika Thaker
6E

Every morning when I enjoy the sweet chirp of the birds;
Every time a question rises in my mind
What is the secret of this lovely chirp?
And the answer is; Nature's Gift! Nature's Gift! Nature's Gift!
Every evening I sit in my garden to enjoy the smell of
flowers;
And every time a question rises in my mind,
What is the secret of this lovely smell?
And the answer is; Nature's Gift! Nature's Gift! Nature's Gift!
Every night I stand at my window to enjoy the beauty of the
stars;
Every time a question rises in my mind,
What is the secret of these beautiful twinkles?
And the answer is; Nature's Gift! Nature's Gift! Nature's Gift!
Each time I travel, I see many people cutting trees, polluting
water;
Again questions arise in my mind
Do we really deserve what nature is gifting us?
I don't know..... Do you?



THE HAPPY ROCKS

Nandini Goswami
2B

Once upon a time there lived a group of happy rocks. They were kind and good rocks. They were friendly with all others. Everyone loved the 'happy rocks'.

One day a big storm came. The animals of the forest ran to their homes and hid in safe places. But the poor rocks could not move. They were drowning as the water rose up and up. One of them had an idea!

Among the 'happy rocks' there were a few really big ones. They make a shelter and the smaller rocks hid inside. They managed to survive the storm. After the storm had blown over and the animals and birds were back, the bon between the 'happy rocks' grew stronger. They were very happy that their strategy had worked. They promised to stay together through thick and through thin and handle all their problems. They lived happily ever after!

YOUNG MINDS



FAILURES ARE THE PILLARS OF SUCCESS

Pooja Rangwala
10B

Man's biggest fear is facing failure in the work that he does. This is his greatest horror. However, man is not perfect. He cannot ensure success in everything he undertakes. Misfortunes try a man in the same way as gold is tried in fire.

But one should always remember that, failure is not fatal. So if you can manage to learn from them you'll definitely reach where you started out to go. Facing failures makes one strong, prudent and resolute.

Making a mistake is not a crime, but the ability to learn from them contributes to lasting success. Unable to achieve a perfect score in a test shouldn't prevent students from trying even harder in the forthcoming ones.

"Blessed are those, who once failed", is a saying worth following. It means that failures make us capable to evaluate our shortcomings and urge us to reach the higher ideals, higher planks. But mere talking idle, daydreaming or aimless drifting will not take you to your goal. They'll only divert your attention and dissipate your energy and strength.

Hardships and obstacles are the various moments on the way to success. A child can seldom learn to walk without making sustained and sincere efforts in the process; even stumbling and falling a number of times.

Our greatest glory is not in never falling, but in rising every time we fall. Little minds are tamed and subdued by failure where as great minds rise above it. The efforts of Abraham Lincoln in order to win the senate elections and by Sardar Patel to unite the Indian states demonstrate the best examples of overcoming hurdles and achieving success.

Moreover, failures are the best instructors, guides and teachers that make us bold, active and vigilant. Hence, we can say that failures are the stepping stones to success!



APPEARANCES ARE DECEPTIVE

Devanshi Shah
11D

Appearances are deceptive. Are looks only the first impression? So it seems. Everyone we meet, everyone around us judges by our appearance. And this is how people make their decision about others. Shouldn't it be more?

As a teenager, the pressure of possessing good looks is enormous. People always say that appearance doesn't matter; it's what is inside that counts, but are they really telling the truth? Do they actually peep into others' natures? When we meet someone new or see someone for the first time we judge them by what they look like. 60% of people are more likely to talk to someone if he/she is good looking. Is it fair? Things are not always what they seem, appearance deludes many. Girls are judged by how they dress and present themselves. If they wear some western attire we are said to be 'cool'. Whereas one attired in a traditional way and appears demure is labelled 'conservative'.

Having what everyone thinks of as a beautiful appearance can give one an advantage as people are attracted to them, but sometimes one's appearance can cause them trouble too. Businesses and companies advertisements are superficialities actually. It is their commitment, the work they put in and what ethics they follow that determines that company.

There's only one way to change this perception about judging others superficially. One has to stop creating and also accepting fake appearances. It's just that we try to create interesting appearances to make ourselves feel better about ourselves. Change the mindset, don't be modern only just in terms of dressing, using the latest technology but be modern in ways of thinking, in blending good traditions with what is practical. That's real modernization. Then we would be actually living in the 21st century.



WORDS OF VALUE

**BOREDOM: WAY TO CREATIVITY**

Mrs. Shanthi Shivan
Special Educator

Consider these questions and reflect on them-

Does your child complain to you that he/she is bored? If so, how many times?

Is your child bored of watching TV, playing games on the play station or playing games outside?

Are you as a parent nervous or anxious that your child is bored?

Are you always thinking about how your child could be entertained?

Do you have to schedule your child's day to day activity?

If the answer to some of these questions are 'YES' then you are not alone. There is a growing trend of parents who are donning the hat of a clown at home. They play the part of providers and entertainers. They feel that that if they don't entertain their child, chalk out their ward's day-to-day schedule, then the child will throw tantrums and sulk.

We don't allow the child to become bored at all!

"Children should be allowed to get bored so they can develop their innate ability to be creative" an education expert says. A child should be able to spend time amusing himself/herself in a quiet environment to develop the ability to use imagination and enjoy solitude. If children are bored then their minds will open up and they will in all probability, engage in activities which will arouse their curiosity and passion. If the child is bored then he will become more aware of his surroundings. The mind becomes an empty space into which beautiful thoughts can enter and take shape.

Understanding Your Child, Yourself, and the Situation

We live in a society where children are used to being entertained. Television and video games are major contributors to this dilemma. Children sit passively and watch 'Chota Bheem' or 'Tarak Mehta Ooltah Chashmah' or play a video game. Some programmes may be of educational value and some electronic games teach hand-eye coordination; however, they limit creativity, resourcefulness, and proper

brain development.

There is a belief among parents that they must fix every problem their children has. Children do need our help to become involved in sports, outside interests and hobbies, but they do not need to be entertained or have their time controlled by parents every minute of the day.

Suggestions

If your child is bored then ask "What ideas do you have to solve your boredom?" If your child says, "I don't know", then you might say, "I have faith in you to work it out".

Another possibility is to say, "That is good. Perhaps your mind and body need some quiet time. Would you like to learn how to meditate?" Your child will probably run the other way. However, meditation could be a good practice for your children and can improve their focus.

Listen in an empathetic way and acknowledge without trying to fix the problem.

Confess that you sometimes become bored too and you can understand their problem. However, if your child keeps badgering you, keep listening and acknowledging with noncommittal sounds, "Umm. Uh-huh." Eventually your child will get so bored with his unsuccessful efforts to get you to handle his problem that he will find something else to do.

Plans to deal with boredom

Talk with your children to see how many ideas they can come up with for things to do when they feel bored. Have each child make a list "Things to Do When I'm Bored." This does not include TV time.

The next time a child complains, say, "You might want to check your list."

Once a child has a plan for what to do when bored, you can give a choice, and say "You may either continue to be bored, or you can find something to do. I have faith that you will do what is best for you."

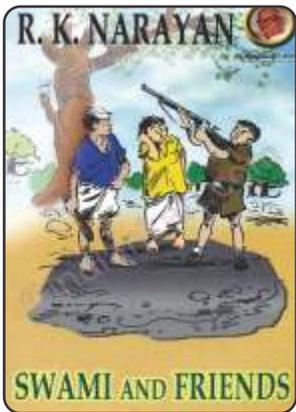
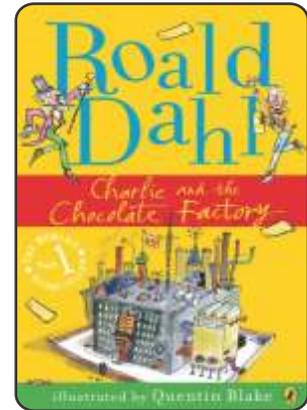
BOOKMARK THIS!



Ms. Pallavi Sridhar
Librarian

Charlie and the Chocolate Factory by Roald Dahl

A poignant, fun filled and utterly fantastic tale of young Charlie Bucket, a poor lad who craves chocolate, and the eccentric Willy Wonka, the owner and creator of the most delicious, scrumptious and delectable chocolate in the whole world. The story has everything to do with imagination, the colours of a child’s mind, the wonderment and pure delight of childhood and its little joys and a child’s complete and total acceptance of near impossible ideas. Dahl shows us how kids view and live in a world inhabited by straitlaced adults and succeeds admirably. A mouth watering treat, indeed!

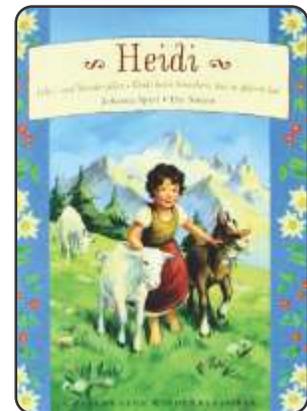


Swami and Friends by R.K Narayan

The antics, hope, disappointment, happiness of ten year old Swami and his motley group of oddball friends make up this utterly delightful book by Narayan. He captures the essence of a laidback childhood in the fictional town of Malgudi so effortlessly, you are completely sucked inside the narrative. In Swami’s reluctance to go to school, his wisecracks at his teachers, his fear of algebra, his camaraderie with the most popular boy in the class, his secure place with his grandmother, we find a piece of ourselves. And that’s what makes this book so endearing across generations.

Heidi by Joanna Spyri

A heartwarming tale about a five year old orphan, Heidi, who is packed off to the mountains to live with her grandfather, a gruff looking old man called the Alm Uncle, by her well meaning but poor aunt. Heidi makes friends with Peter, the shepherd and his family, the numerous goats and sheep and learns to love the mountains and the old man, who has a hard time reciprocating her love. When her aunt returns to take her to act as the companion of an invalid girl, life takes another turn for the little girl. How Heidi tries to cope with her new life, how she comes back to her grandfather, how Clara, her invalid friend regains her lost strength and beauty on the mountain and how, at last, the grandfather makes peace with his brethren forms the crux of this beautifully simple story. It will surely tug at your heartstrings.



BUDDING CHEFS



Mrs. Jaksha Dixit
EA to Executive Director and HR Coordinator



Bread Dhokla

Ingredients:

- 7-8 slices bread
- 2-3 green chillies (chopped)
- ¼ tsp ginger (grated)
- 1 cup yogurt
- ½ tsp red chilli powder
- ½ tsp amchoor powder
- ½ tsp mustard seeds
- 1 twig curry leaves
- 1 tsp oil
- salt to taste

How to make Bread Dhokla:

- Mix yogurt, chopped green chillies; amchoor powder; ginger and salt in a bowl.
- Cut each slice into 4 squares.
- Put the pieces of bread into the mixture and squeeze gently between the palms.
- Heat oil in a frying pan, add mustard seeds and curry leaves to it.
- When the seeds splutter, place the pieces in the pan and fry on both sides.
- Garnish with chopped coriander leaves (you can also add grated coconut).
- Bread Dhokla is ready to eat. Serve it hot with chutney.



*Teaching kids to count is fine,
but teaching them what counts is best*

- Bob Talbert

RESEARCH REVEALS



Ms. Aarzoo Daswani
Research Coordinator

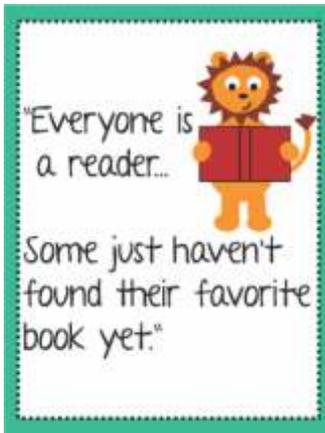
What kinds of books do children love to read?

Fortuitously there is some sign of relief: Children are fond of reading. A recent study undertaken among primary section revealed few secrets of your child's passion about reading and how to get a child hooked on reading.

What can be inferred from this article is - things are little easy now. Children are aware that reading is an adventure that never ends and they just need a gentle approach and wise push from parents that open the world of learning.

The finest way to get offspring reading more is to give them books that will snatch on. When parents encourage children to read the books of their interest, they allow children to have freedom of choice. This in turn spawns motivation and excitement. Princess tales, Books of magic bond, fantasyland images, movie-based character – Simply Engaging! Fantasy, magic and escapism world of children's books and films are natural territory of childhood. Tiny tots laugh, have fun and celebrate their favourite animated character book.

Children are different readers. Their choices and preference of reading and selecting a book differs. The reading interest and preferences; boys and girls also varies.

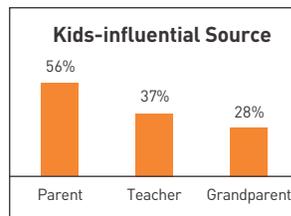


Apparently, it was found that children's thought process is different and so are the criteria of selecting a book. For an adult reader, imperative factors might be title of the book, author's name, content covered and so on, but for kids, all that matters is "first look" - cover page colour, no. of pages, font size, design, picture and images - the most prejudice elements. This information seems relevant at

the time of buying books for kids – as such traits appeal more to a child.

Reading makes a world of difference in learning. So it

becomes essential to know - which reading category keeps the learning interest of children alive? Boys like to gather more of factual and challenging knowledge that test their spatial abilities. Categories such as Sports, Action, Technology, Science (robots, outer space) - conflagrate boys to read. Whilst, girls opt for multifaceted protagonist, with which they identify themselves and aspire to become. Their reading category includes: Fairytale, History, Mythology and Family oriented.

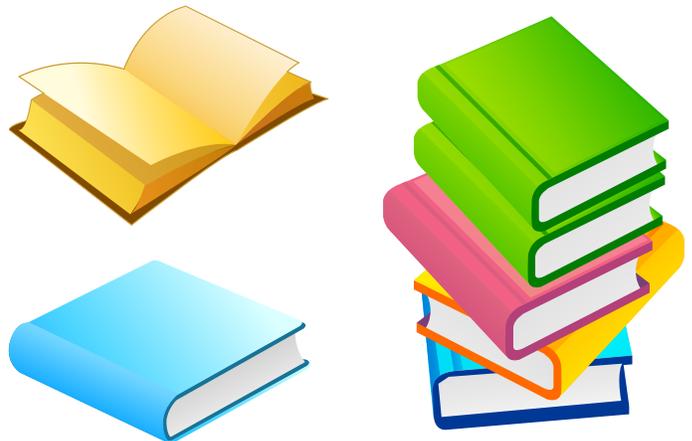


The other question that we wonder upon is do children have role models for cultivating reading habits? The answer is yes! Surprisingly, parents and family members: siblings, grandparents - are the best role models among children. Children are good observers and it's important that kids watch them reading. By showing the importance and respect for books, children get influential and become better readers.

The poem written by Dr. Seuss goes well with the passage - "The more that you read, the more things you will know. The more that you learn, the more places you'll go."

Detailed research available on:

http://www.slideshare.net/Udgam_School/summary-report-reading-habit



HOW TERRIFIC/TERRIBLE IS YOUR ENGLISH?

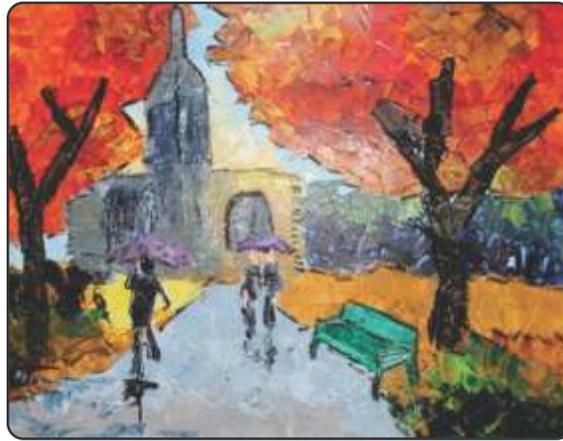
Last week I lost my car keys. I always loose/lose things. In the past/passed I have lost keys, phones, jewellery and even my dog. I found my dog eventually, although by then he was to/too tired to walk and I had to carry him home. When your/you're like me and you keep losing things, it's/its often the reason that you are late for something. I don't know the cause of this clumsiness. I like to think that my brain is very full and that other people have fewer/less thoughts in their/there head than I do. If I didn't have so much to think about, I wouldn't be so careless with my possessions. I hear/here that this is a problem for many people, not just me. So the next time you make an arrangement with someone who's/whose often late, don't try to give them advise/advice, just understand that maybe they are very intelligent.

[Answers: lose, past, too, you're, it's, fewer, their, hear, who's, advice]

BEAUTIFUL COLOURS



Dhaivat Jayesh Parikh
8B



Meshwa Patel
6 F



Dhiraj Tanwar
8 C



Prachi Bhagchandani
8 E



Sanyam Phophalia
5 F

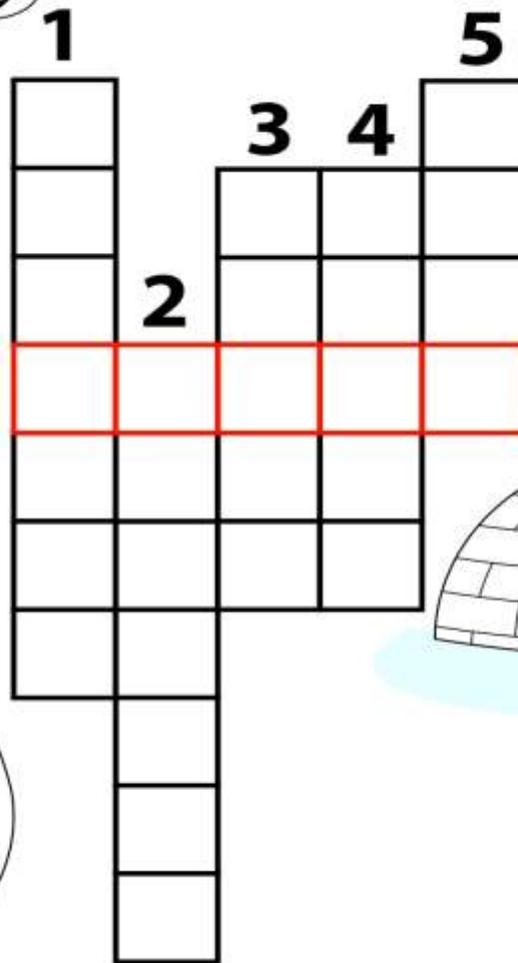
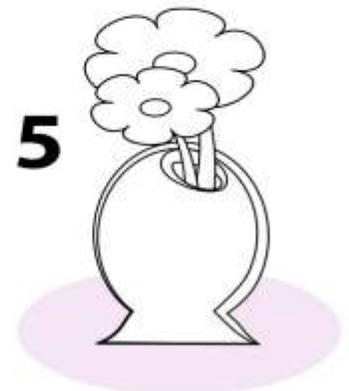
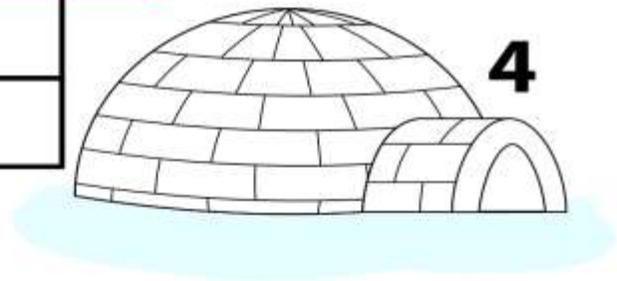
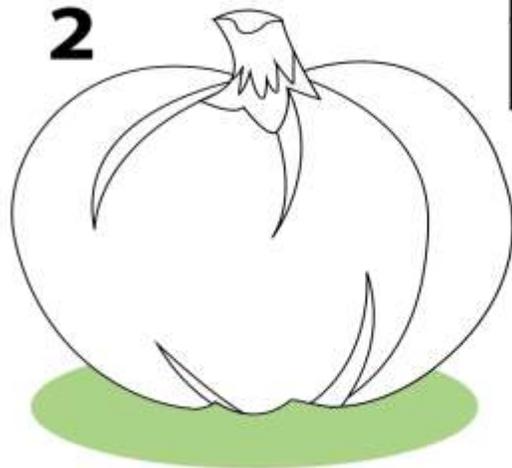
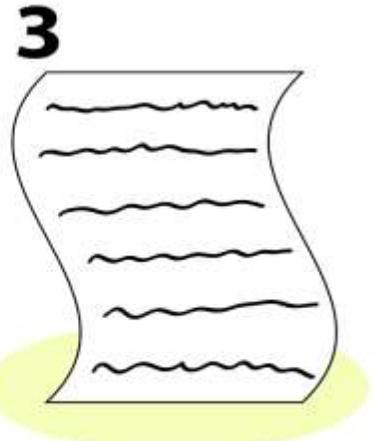
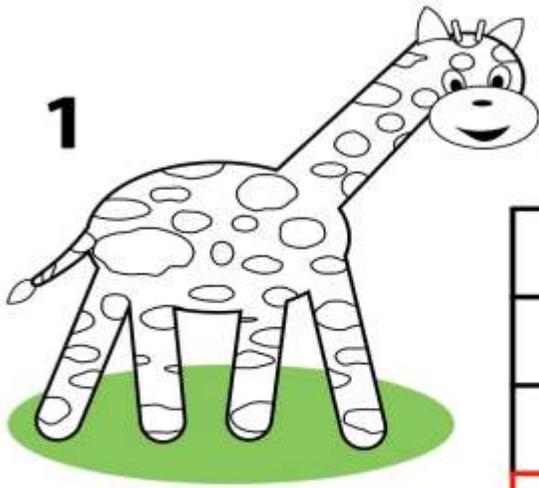


FUN ZONE

Participate and win prizes!

Send in your entries to newsletter@udgamschool.com

This crossword puzzle is for **Classes 1 and 2** only



Solution

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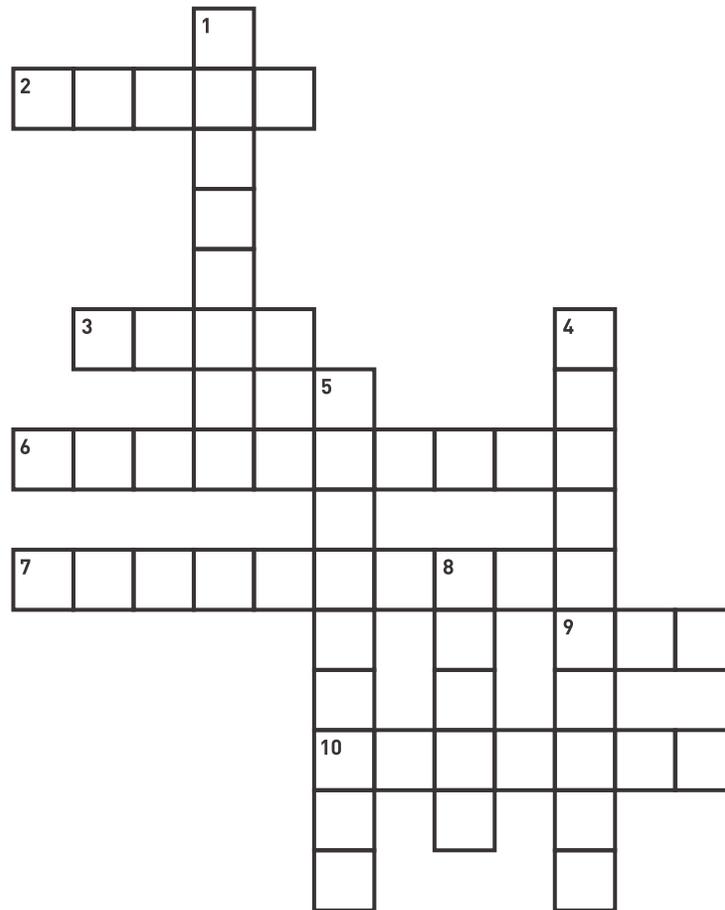
FUN ZONE

Participate and win prizes!

Send in your entries to newsletter@udgamschool.com

This crossword puzzle is for **Class 3 to 5**

Vehicles Crossword Puzzle



Across

2. Travels on a track
3. Travels through the water
6. Floats on the air
7. Has a large propeller on top
9. Has four wheels and travels on the streets
10. Has two wheels and pedals

Down

1. Travels through the air
4. Two wheels and can go fast
5. Takes many kids to school each day
8. This vehicle can have as many as 18 wheels

THE CREATION OF THE TEACHER



Mrs. Gita Singh
Teacher

The Good Lord was creating teachers. It was His sixth day of 'overtime' and He knew that this was a tremendous responsibility for teachers would touch the lives of so many impressionable young children. An angel appeared to Him and said, "You are taking a long time to figure this one out."

"Yes," said the Lord, "but have you read the specs on this order?"

TEACHER:

- ...must stand above all students, yet be on their level
- ... must be able to do 180 things not connected with the subject being taught
- ... must run on coffee and leftovers,
- ... must communicate vital knowledge to all students daily and be right most of the time
- ... must have more time for others than for herself/himself
- ... must have a smile that can endure through pay cuts, problematic children, and worried parents
- ... must go on teaching when parents question every move and others are not supportive
- ... must have six pairs of hands.

"Six pairs of hands, "said the angel, "that's impossible!"
"Well," said the Lord, "it is not the hands that are the problem. It is the three pairs of eyes that are presenting the most difficulty!" The angel looked incredulous, "Three pairs of eyes...on a standard model?"

The Lord nodded His head, "One pair can see a student for what he is and not what others have labelled him as. Another pair of eyes is in the back of the teacher's head to see what should not be seen, but what must be known. The eyes in the front are only to look at the child as he/she 'acts out' in order to reflect, "I understand and I still believe in you", without so much as saying a word to the child."

"Lord," said the angel, "this is a very large project and I think you should work on it tomorrow."

"I can't," said the Lord, " for I have come very close to creating something much like myself. I have one that comes to work when he/she is sick.....teaches a class of children that do not want to learn....has a special place in his/her heart for children who are not his/her own.....understands the struggles of those who have difficulty.....never takes the

students for granted..."

The angel looked closely at the model the Lord was creating.

"It is too soft-hearted, "said the angel.

"Yes," said the Lord, "but also tough, you cannot imagine what this teacher can endure or do, if necessary."

"Can this teacher think?" asked the angel.

"Not only think," said the Lord,"but reason and compromise."

The angel came closer to have a better look at the model and ran his finger over the teacher's cheek.

"Well, Lord," said the angel, your job looks fine but there is a leak. I told you that you were putting too much into this model. You cannot imagine the stress that will be placed upon the teacher."

The Lord moved in closer and lifted the drop of moisture from the teacher's cheek. It shone and glistened in the light. "It is not a leak," He said, "It is a tear."

"A tear? What is that?" asked the angel, "What is a tear for?"

The Lord replied with great thought, "It is for the joy and pride of seeing a child accomplish even the smallest task. It is for the loneliness of children who have a hard time to fit in and it is for compassion for the feelings of their parents. It comes from the pain of not being able to reach some children and the disappointment those children feel in themselves. It comes often when a teacher has been with a class for a year and must say good-bye to those students and get ready to welcome a new class."

"My, "said the angel, " The tear thing is a great idea...You are a genius!!"

The Lord looked sombre, "I didn't put it there."

*"Teaching is the one profession
that creates all other professions."*

SEASONAL HUES

Make Use of These Home Remedies

The change of season brings with it an array of illnesses ranging from sniffles to major ailments. A few home remedies can help to keep the maladies at bay and also make things easier for those who are afflicted.

The best home remedies do not come with a prescription but are easy to practice and go a long way in preventing seasonal blues.

1. Ginger – the root of all goodness

Ginger is a part of all our cooked food and in addition to spicing up the taste of curries, it can help ease a stomach ache. In fact ginger is known to relieve gas, nausea, heartburn and dizziness. It is a successful remedy for stomach flu and morning sickness too. Make ginger brew at home by pouring one cup of boiling water over 2 tablespoons of freshly grated ginger and let it steep for 5 to 10 minutes. Strain and drink up.

2. Honey

A spoonful of honey works wonders in soothing a sore throat. Scratchy and sore throats are a common occurrence in kids during this season. Swallowing a tablespoon of honey will help calm dry and scratchy throats. Honey can also be used as a balm for burns, cuts and scrapes. Smaller kids can be given medicines with some honey to remove the unpleasant taste.

3. Rub the Salt in

Salt can do more than make food tastier. It can help relieve itches and bug bites. It can even calm sore throats and relieve sinus congestion. In case of an insect bite, make a paste of salt and water and apply on the area for instant relief. Gargling with warm salt water is the easiest way to comfort a sore throat. Saline nasal drops helps to clear congestion in children.

4. A cube full of relief

Ice or ice packs can work wonders in treating burns and sprains. When a cold compress is applied to a recent injury, it can actually reduce swelling and bruises. Ice also stems the flow of blood by reducing the flow of blood to the injured area and this slows down the pain signals from reaching the brain too. But never put ice directly on the skin. Wrap ice cubes in a towel or clean cloth and then apply as a compress. Even a bag of frozen peas is convenient to use if ice is not available.

5. A dash of lime

Lemons and other fruits belonging to this family, are a rich source of Vitamin C. Taking liberal doses of lemon juice acts as an immunity builder and helps the body to fight against seasonal colds and other diseases. It is easy to include lemon in the regular diet, either as a drink with honey or simply sprinkled on salads.



*The 'art' of teaching...
is the art of... assisting Discovery*

- Mark Van Doren

A NOTE FROM THE EDITOR



Mrs. Sagarika Sahana
Content Manager

Five years back, while waiting at the Kolkata Airport, a dashing young lady in her twenties was ahead of me in the queue for Check In. She turned around and our eyes met for a brief moment. I could sense a flicker of recognition in her glance but couldn't place her. She strode up to me, pretty and confident. "Aren't you Sagarika Miss, my Class 5 teacher?" After sharing a few pleasantries, she shared something with me which I will always remember. "Sagarika Miss, you know because of you I have taken up teaching as a career. You have influenced me in so many ways as a teacher that I would like to inspire others in the same way."

Life goes on without us even realising the influence we have on others, through a word of encouragement or a push when required. Tiny eyes are watching us all the time, looking up to us for guidance and support. Not even a teacher fully comprehends the enormity of the role she plays in a child's life. Changing along with the times, while adhering to the basic traditions of teaching, is not easy. No wonder the entire world bows down to a teacher!

In this issue we have included all the regular features plus some more variety. We have received a whopping number of subscriptions and we are grateful to all children and parents for the encouragement. Hope you have enjoyed actually holding the newsletter in your hands and reading it with all your heart.

Please send in all entries to be included in the October issue of Udgam Matters to newsletter@udgamschool.com

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