



The first and only single-capsule Rx prenatal vitamin with plant-based DHA¹⁻⁷

Essential supplementation for mom and baby...

- Folic acid supplementation—in addition to a healthy diet, helps reduce the risk of neural tube defects⁸
- Plant-based DHA (derived from microalgae)^{1,9}—
 for baby's prenatal and postnatal brain and
 visual development^{10,11}
- Vitamin B₆—an additional source, which may help to alleviate nausea and vomiting¹²



Essential nutrition for the next generation www.prenexa.com

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF THE REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

Please see accompanying full Prescribing Information for a complete list of warnings and precautions.

References: 1. PreNexa [package insert]. Minneapolis, MN: Upsher-Smith Laboratories, Inc; 2008. 2. CitraNatal DHA [package insert]. San Antonio, TX: Mission Pharmacal Company; 2007. 3. Duet DHAec [package insert]. Newport, KY: Xanodyne Pharmaceuticals, Inc; 2007. 4. Prenate DHA [package insert]. Atlanta, GA: Sciele Pharma, Inc; 2007. 5. PreNexa [package insert], Minneapolis, MN: Upsher-Smith Laboratories, Inc; 2008. 6. PrimaCare Advantage [package insert]. St. Louis, MO: Ther-Rx Corporation; 2008. 7. PrimaCare One [package insert]. St. Louis, MO: Ther-Rx Corporation; 2008. 7. PrimaCare One [package insert]. St. Louis, MO: Ther-Rx Corporation; 2007. 8. The American College of Obstetricians and Gynecologists (ACOG). ACOG Education Pamphlet—Nutrition during pregnancy, http://www.acog.org/publications/patient_education/bp001 cfm?printerFriendly=yes. Accessed July 29, 2008. 9. Martek Biosciences Corporation. Data on file. 10. Medline Plus. http://www.nlm.nih.gov/medlineplus/druginfo/natural/patient-fishoil. html. Accessed September 9, 2008. 11. Koletzko, et al. The roles of long-chain polyunsaturated fatty acids in pregnancy, lactation and infancy; review of current knowledge and consensus recommendations. J Perinat Med 36 (2008) 5-14. 12. The American College of Obstetricians and Gynecologists (ACOG). ACOG issues guidance on treatment of morning sickness during pregnancy. http://www.acog.org/from_home/publications/press_releases/nr03-29-04-1.cfm. Accessed July 29, 2008.



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...with the added value of convenience

- Includes docusate sodium—a gentle stool softener for added comfort during pregnancy
- To maximize compliance, once-daily single gel capsule can be taken any time¹

Ingredients			
Vitamin C	25 mg	Vitamin B ₆	25 mg
Calcium	160 mg	Folic Acid	1.2 mg
Iron	30 mg	Plant-based DHA	265 mg
Vitamin D ₃	170 IU	Docusate Sodium	≤55 mg
Vitamin E	30 IU		