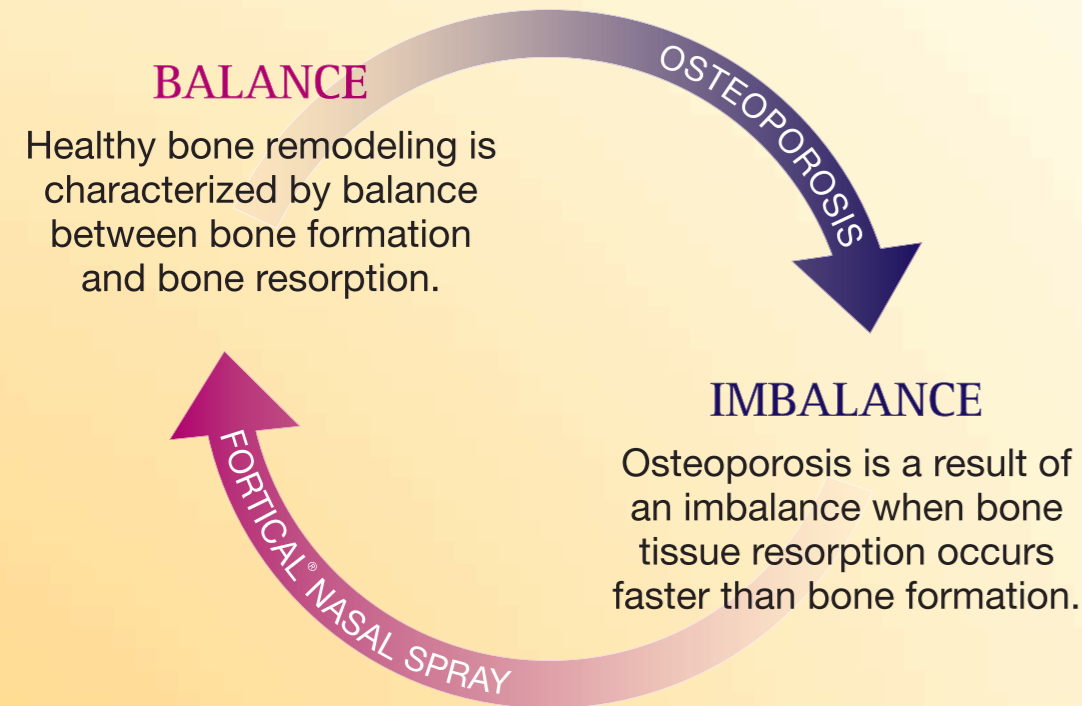


## A novel calcitonin-salmon formulation designed for individualizing treatment options

- Manufactured by unique recombinant DNA technology<sup>1</sup>
- Essentially identical in action to endogenous calcitonin, but more potent<sup>2</sup>
- Does not contain benzalkonium chloride

*Fortical® Nasal Spray helps restore the balance between bone formation and resorption\*<sup>1</sup>*



<sup>1</sup>A 5-year multicenter clinical trial (Prevent Recurrence of Osteoporotic Fractures [PROOF] study) to determine the long-term efficacy of calcitonin-salmon nasal spray in the prevention of new vertebral fractures in postmenopausal women with osteoporosis. 1,255 women were randomly assigned to receive calcitonin-salmon nasal spray (100, 200 or 400 IU), or placebo, with calcium and vitamin D daily. Vertebral fractures were assessed with lateral radiographs of the spine. The primary efficacy endpoint was risk of new vertebral fractures in the 200 IU calcitonin-salmon group compared with the placebo group. Study was performed with another commercially available calcitonin-salmon nasal spray.

<sup>2</sup>A 2-year, double-blind, placebo-controlled, randomized, parallel-group clinical trial of 208 postmenopausal women with moderate osteoporosis, randomized to receive calcitonin-salmon nasal spray (50, 100 or 200 IU) or placebo, with calcium daily. Study was performed with another commercially available calcitonin-salmon nasal spray.

<sup>3</sup>Subanalysis of 81 postmenopausal women with low bone mass receiving 200 IU calcitonin-salmon nasal spray or placebo, with calcium daily, from a 2-year, double-blind, placebo-controlled, randomized, parallel-group clinical trial. Study was performed with another commercially available calcitonin-salmon nasal spray.

<sup>4</sup>A 2-year prospective trial (Qualitative Evaluation of Salmon Calcitonin Therapy [QUEST] study) of 91 postmenopausal osteoporotic women using a unique noninvasive MRI technique to assess trabecular microarchitecture of the radius, hip, and os calcis in patients receiving 200 IU calcitonin-salmon nasal spray or placebo, with calcium daily. Study was performed with another commercially available calcitonin-salmon nasal spray.

<sup>5</sup>Although not completely elucidated, the mechanism of action depicted in this simplified graphic represents a complex continuous process. Calcitonin-salmon is intended to be used as long-term therapy.

**References:** 1. Fortical® calcitonin-salmon (rDNA origin) Nasal Spray product information. Upsher-Smith Laboratories, Inc. 2. Chesnut CH, Silverman S, Andriano K, et al: PROOF Study Group. A randomized trial of nasal spray salmon calcitonin in postmenopausal women with established osteoporosis: the Prevent Recurrence of Osteoporotic Fractures Study. *Ann J Med.* 2000;109:267-276. 3. Overgaard K, Hansen MA, Jensen SB, Christiansen C. Effect of salmon calcitonin given intranasally on bone mass and fracture rates in established osteoporosis: a dose-response study. *BMJ.* 1992;305:556-561. 4. Overgaard K, Lindsay R, Christiansen C. Patient responsiveness to calcitonin salmon nasal spray: a subanalysis of a 2-year study. *Clin Ther.* 1995;17:680-685. 5. Data on file, Upsher-Smith Laboratories, Inc. 6. Chesnut CH, Majumdar S, Newitt DC, et al. Effects of salmon calcitonin on trabecular microarchitecture as determined by magnetic resonance imaging: results from QUEST study. *J Bone Miner Res.* 2005;20:1548-1561. FC162A

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Add a flexible option to your bone health ensemble

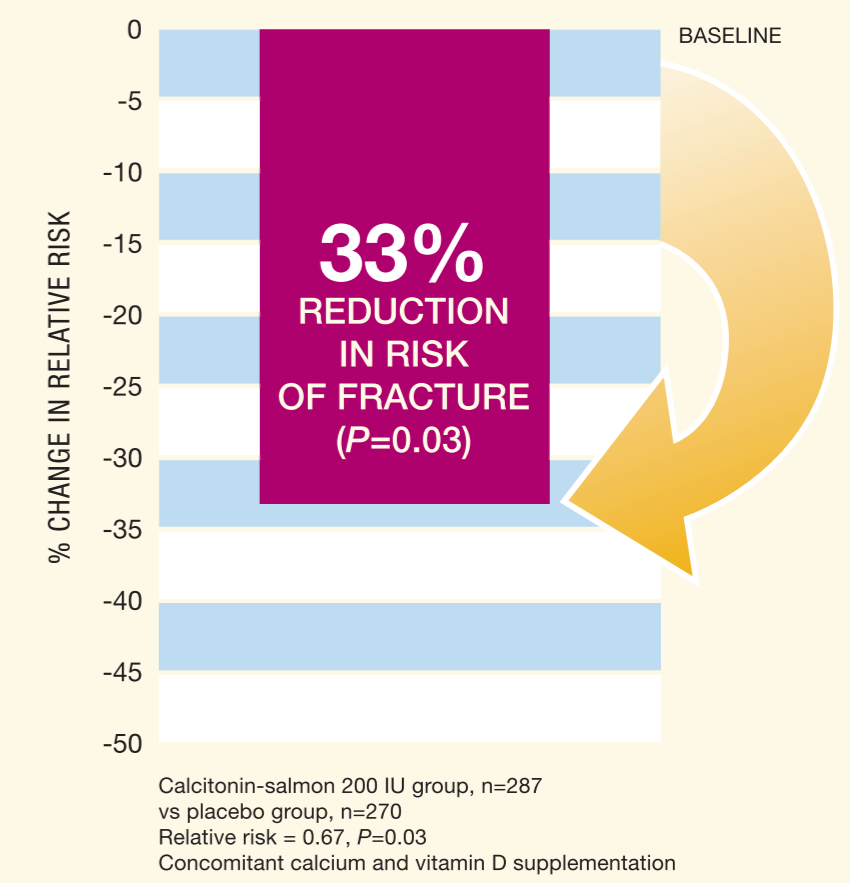


**IMPORTANT SAFETY INFORMATION**

Indicated for the treatment of postmenopausal osteoporosis in women greater than 5 years postmenopause with low bone mass relative to healthy premenopausal women. Recommended in conjunction with adequate calcium and vitamin D intake. The most common adverse events were rhinitis, other nasal symptoms, back pain, arthralgia, epistaxis, and headache. Periodic nasal examinations are recommended; if nasal ulceration occurs, discontinue treatment until healed. Because calcitonin-salmon is a protein, the possibility of systemic allergic reaction exists. Please see accompanying important prescribing information.

Calcitonin-salmon has been shown to reduce the risk of vertebral fractures by one-third

REDUCTION IN RISK OF DEVELOPING A NEW FRACTURE VS PLACEBO DURING A 5 YEAR STUDY<sup>1,2</sup>



Multiple studies demonstrate additional calcitonin-salmon efficacy

- Shown to increase vertebral bone mineral density (BMD) by an average of 3% (95% CI: 1.8% - 4.2%) from baseline<sup>1,3</sup>
- Shown to reduce the risk of bone loss by **81%** versus placebo<sup>8,4</sup>
- Shown to rapidly decrease plasma markers of bone resorption as early as 1 month of use<sup>5</sup>
- Shown to preserve or improve trabecular microarchitecture<sup>6</sup>