

Don't wear
a mask this
Halloween!



Celebrate
YOUR BEAUTY

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Johnstuart M. Guarnieri, M.D.
Board Certified Plastic Surgeon
Yale University School of Medicine

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skin & beauty



perfectly
PUMPKIN



***Desert Essence Pumpkin
Spice Hand Repair Cream***

Organic pumpkin seed oil helps to even skin tone and fade the appearance of age spots on the hands.
\$8.99, desertessence.com



***MyChelle Dermaceuticals Creamy
Pumpkin Facial Cleanser***

Vitamin rich creamy cleanser moisturizes dry skin and pumpkin promotes exfoliation.
\$10, mychelle.com



***Peter Thomas Roth Clinical Peel
& Reveal Dermal Resurfacer***

This intensive, anti-aging 3-in-1 resurfacer uses pumpkin enzyme for deep exfoliation.
\$58, sephora.com



***Healthy Sexy Hair Pumpkin
Detoxifying Shampoo***

Pumpkin enzymes help to combat oxidation and damage; pumpkin soy proteins gently cleanse and detoxify.
\$19, kmart.com



***Kate Somerville "ExfoliKate Body"
Intensive Exfoliating Treatment***

Papaya and pumpkin enzymes digest dead skin cells and gentle beads buff them away.
\$65, Nordstrom



***Arcona Los Angeles
Pumpkin Body Lotion***

Excellent for regenerating and repairing sun damaged skin.
\$35, arcona.com

New for fall!

These products aren't made with real pumpkin but they sure do smell like the real thing!



***Philosophy
Homemade
Pumpkin Pie
Shampoo,
Shower Gel &
Bubble Bath***

Smells fresh from the oven! The rich, foaming lather gently cleanses and conditions skin and hair.

\$16, philosophy.com



***Bath & Body Works
Anti-Bacterial Gentle
Foaming Hand Soap
in Creamy Pumpkin***

A comforting blend of scents: gingered pumpkin, honey blossom, whipped vanilla and brown sugar.

\$5.50, Bath & Body Works