

RACHEL

- doesn't need a mirror
- has a negative 8 prescription
- has trouble with dust
- uses 1 month contacts
- cleans them in the morning in her hand before she puts them in
- wears contacts for all day...14 hours
- doesn't sleep with them in
- had since 6th grade
- sometimes will scratch eye because she doesn't use a mirror
- has dropped contact in sink
- doesn't wash her hands
- replaces solution every day

RACHEL TAKING CONTACTS OUT - 11 seconds

6-8 s	2	takes contact out of eye
8-9 s	1	drops in filled contact case
9-11 s	1	takes contact out of eye
11-13s	2	moves really closely to case, places in
13-17s	5	closes both lids at the same time

RACHEL PUTTING CONTACTS IN - 29 seconds

0-4 s	4	unscrews lids at the same time
4-5s	1	gets contact out of case
5-7s	2	adjusts contact on finger
7-11s	4	places contact in eye
11-15s	4	gets contact out of case
15-17s	2	adjusts contact on finger
17-22	5	puts contact in eye
22-29	7	tries to screw lids on at the same time, has trouble with one