

Atlantic Club  
**SUMMER  
CAMP**



# SUMMER 2015 Camps

**Over 60 Great Camps to Choose From!**  
Day Camp • Tennis • Swimming • Sports • Enrichments



[www.summercampnac.com](http://www.summercampnac.com)

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## Turf Training Center

This new 80x40 indoor turf center has lined Game Day Grass 3D Turf from AstroTurf®, one of the most iconic brands in American sports — as legendary as the athletes who’ve battled on it.

For Turf Rental information contact Dan Manson at (732) 292-4462 or DanManson@theatlanticclub.com



A trusted sign. The ACA-Accredited Camp sign has 50 years of parent trust behind it. Accreditation identifies those programs which offer a solid foundation of health, safety, and program quality. Solid proof of our accountability, credibility, and commitment.

### Circus Camp

6-12 years

**Ladies and gentlemen! Children of all ages! The circus is back in town!**

Campers will learn many circus skills such as how to juggle, be a clown, walk on stilts, scarf balancing, trapeze and much more! Circus staff are trained professionals who performed with Barnum and Bailey Circus. The last day, campers will take center stage in a grand performance!

**Date:** Monday, August 24-Friday, August 28

**Time:** 9am-2pm **Cost:** \$350

Showtime is Friday 1-2:30pm - Parents Welcome!



### Mid Day Camp

All Ages

This program is offered to campers who are already enrolled in one of our morning programs to round out the full day. Campers will meet their group at noon for lunch then enjoy an afternoon of activities. Campers 4 and up will have a free swim time.

Camp runs June 22-August 21

**Time:** 12pm-3pm  
**Cost:** \$185

Daily drop in rate- \$50/day

### Extended Care

All Ages

Need extended care? We offer this program for campers that need to be here before 8:00am or after 3:00pm. Located at our Atlantis Prep School, campers will be divided into age appropriate groups with structured low key indoor and outdoor activities.

Camp runs June 22-August 21

**Time:** 7am-8am / 3pm-6pm  
**Cost:** \$8/hour

### Quick Drop

Parents may utilize our convenient Quick Drop to alleviate parking. Quick Drop will be from 8-8:30am in our Tennis #2 Parking lot. Our staff will greet your camper, take them out of the car and bring them to their program so you don't have to! Quick drop is recommended for those camps beginning at 8:30 only.



## Rookie Camp

### 2 ½ Years Old - Kindergarten

Rookie Camp is offered for children 2 ½ years old to children entering Kindergarten in the Fall 2015. Children are grouped into Preschool half day, Preschool full day, Pre Kindergarten and Kindergarten classrooms. This camp provides a non-competitive, self-esteem building, nurturing, and caring environment. Various schedules are offered including 5 full days or 2, 3, and 5 half day options.

#### **Our Rookie Camp day will include the following:**

Themed Calendar Days • Playground Time • Arts & Crafts • Story Time  
 Special Guest Visitors • Structured Play With Our Camp Gym Teacher • Wellness Events

Full day Pre Kindergarten and Kindergarten campers will also enjoy afternoons of supervised non-instructional swim. This is the perfect opportunity to become acclimated to a classroom environment before school begins.

**Camp offered June 22 -August 21**

## Junior Varsity Camp

### Grade: 1st - 4th

JV Camp is offered to children entering First Grade through Fourth Grade. Children are grouped by age and gender. The day begins at 8:30am and runs until 3:00pm. Junior Varsity Camp is offered 5 full or 5 half days weekly.

#### **Our JV Camp Day Will Include the Following:**

Gaga Pit • Themed Calendar Days • Playground Time • Arts & Crafts  
 Structured Games/Play With Our Camp Gym Teacher • Games In Our Air Conditioned Fieldhouse • Air Conditioned Game Room • Weekly Water Play Activities • Afternoons of Supervised Non-Instructional Swim

#### **JV Special Events May Include the Following:**

Color War Challenge • Olympic Week Challenges • Photo Booth • Dunk Tank • Cardboard Boat Race • Scavenger Hunt  
 Jeopardy Challenge • Amazing Race • Alex's Lemonade Stand Participation • Various Visits From Special Guests

We offer trips to our JV Campers that include going to Skyzone Trampoline Park in Ocean, Blackbeard's Cave in Bayville and bowling at Sea Girt Lanes. *\*Trips are optional and at an additional cost.*

*Our trained staff has backgrounds in education and camp. All are certified in CPR, AED and First Aid.*

**Dates: June 22-August 21 Weekly**



### Rookie & Jr. Varsity Pricing

5 Full Days - \$295/week  
 5 Half Days - \$195/week

#### **Rookie ONLY\***

2 Half Days - \$75/week  
 3 Half Days - \$110/week

*\*Must Be TWO Consecutive Weeks*





## Adventure Club at TAC

Grades 5-8

Our New Adventure Club is offered to children entering 5th, 6th, 7th or 8th grades.

Children are grouped by upcoming grade and gender. The day begins at 8:30am and runs until 3:00pm.

*The Adventure Club day will include the following:*

Sand Volleyball Court • Gaga Pit • Arts & Crafts • Games on Our Field • Games in Our Air Conditioned Fieldhouse  
Time in Our Air Conditioned Game Room • Free Swim in the Afternoon

*The Adventure Club special events may include the following:*

Color War Challenge • Olympic Week Challenges • 200 Foot Zip Line • 20 Foot High Rock Wall • Photo Booth  
Dunk Tank • Cardboard Boat Race • Jeopardy challenge • Amazing Race • Scavenger Hunt

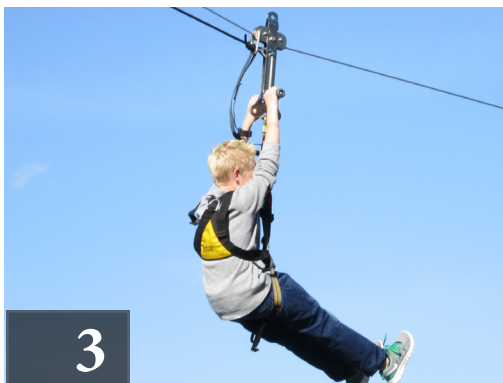
We offer trips to our Adventure Clubbers that include jumping at the new Skyzone Trampoline Park in Ocean, Blackbeard's Cave in Bayville and bowling. Trips are optional and at an additional cost.

***Our trained staff have backgrounds in education and/or sports who are all certified in CPR, AED and First Aid.***

**Dates: June 22-August 21 – Weekly**

**Time: 8:30am-3:00pm**

**Cost: \$295 per week**



## LEAD TEAM

Learning teamwork - Engaging community - Achieving goals - Developing character

The “LEAD Team” Program at The Atlantic Club provides children entering 7th, 8th and 9th grade the opportunity to develop their leadership skills through a variety of different activities offered through the camp. Children will be able to choose one of three two-week sessions where they will work on community-centered projects benefiting local hospitals and non-profit organizations. Further, LEAD Team campers in each session will participate in Red Cross CPR and First Aid certification classes and will receive certification upon completion of each program. With scavenger hunts, group interaction, and on-hand community involvement, campers will walk away with fond memories and an empowered outlook, two constructs of which are priceless in value.

**Session 1:** July 6th -July 17th **Cost:** \$750

In this session, campers will take a trip to our local hospital and participate with the “Cheer Up With Make Up” program started by Tyler Connellan. Children interact with the pediatric patients playing games with them, doing their hair and nails, reading or just talking with them.

**Session 2:** July 20th -July 31st **Cost:** \$750

In this session, campers will take part in our fund raiser for Alex’s Lemonade Stand.

LEAD campers will be responsible for the following:

- Make posters to promote the event • Bake and help sell the baked goods
- Creating a financial goal • Tracking the goal via thermometer • Reporting the goal to the camp
- Interacting with the other groups • Creating a way to outreach to promote the event

All proceeds go to Alex’s Lemonade Stand which is an organization that raises money for children with cancer.

**Session 3:** August 3rd -August 14th **Cost:** \$750

In this session, Campers will be involved with our local food bank. LEAD campers will implement a challenge during our Olympic Week to collect canned goods.

LEAD campers will be responsible for the following:

- Make posters to promote the event • Creating a goal • Tracking the goal via thermometer
- Reporting the goal to the camp • Creating a way to outreach to promote the event
- Interacting with other groups • Delivering the canned goods to the local food pantry

*All sessions are subject to change.*





# AQUATICS

## TAC Academy Swim Camp

**Days:** Monday-Friday **Times:** 9:00am-12:00pm

**Cost:** \$335 per two week session

**Dates:** June 22nd-July 3rd, July 6th-July 17th, July 20th-31st

*We will check in and check out in the FIELDHOUSE*

*This program is very limited and will only be confirmed in 2-week sessions.*

### Level 1 - Beginner Swimmers (Ages 3-4)

The Atlantic Club's Beginner Swimmers Camp for boys and girls is the ideal program to help beginner swimmers feel comfortable in the water and enjoy water safely. Through fun games and drills, children gain success in learning and practicing fundamental swimming and safety skills. **Must be potty trained.**

### Level 2 - Junior Swimmers (Ages 5-7)

Builds on previously learned skills by providing additional guided practice. Children learn the survival float, the front crawl, the elementary backstroke, and the fundamentals of treading water. Children will also learn rules for headfirst entries.

### Power Swim (Ages 8-12)

Swim training for intermediate and advanced swimmers for boys and girls ages 8-12. Power Swim will provide instruction focusing on the four competitive strokes (butterfly, breaststroke, backstroke, and freestyle), as well as starts and turns. This program will run in one week increments.

**Dates:** June 22nd-July 31st

**Days:** Monday-Friday

**Time:** 9:00a-12:00p

**Cost:** \$225 per week ... Save \$150 sign up for 6 weeks for \$1200.

### Summer Swim Team (Ages 7 years +) *Go Riptide!*

On your mark, get set, go! Calling all future Riptide swimmers to join our annual summer swim team. Under the direction of Stephanie Crofton, the team of coaches will help swimmers get in mental and physical shape for competitive swimming. All swimmers must try out for placement.

**Dates:** June 15-August 7th

**Cost:** \$275

**Days:** Monday-Wednesday-Friday

**Times:** 8:00a-9:00a (9 years and up)

4:00pm-5:00pm (8 years and under)

**Tryout Date:** May 21st at 6pm,  
May 23rd at 9:30am

**Must call to reserve spot for tryouts. Please call (732)223-2100 ext 348**

**Try-Outs : 8 & Unders must swim 1 lap freestyle, 1 lap backstroke • 9 & Up must swim 2 laps freestyle, 2 laps backstroke**

### Synchronized Swimming (Ages 6-10)

This class is perfect for children who love swimming, gymnastics, dancing and music! This program will introduce children to synchronized swimming skills and choreography while allowing them to express themselves through creative movement. Requirements: swimmers must be comfortable in deep water.

**Date:** August 3rd-7th

**Days:** Monday-Friday

**Time:** 9am-12pm

**Cost:** \$185



## Small Group Swim Lessons

*Our goal is to provide your child with the life skill of swimming through quality swim lessons with our top instructors. Keep your child safe in and around the water with one of our exceptional swim programs.*

Option 1: Lessons are conducted once a week for 8 weeks.

Option 2: Lessons are conducted 4 times a week for 2 weeks.

**Dates:** June 22nd - August 16th

## Summer Swim Club (Ages 6-10)

Summer Swim Group enables the swimmer to enjoy a SWIM TEAM atmosphere without the commitment of a competitive swim team. The practices will focus on stroke technique and endurance while enjoying a fun group setting.

**Dates:** June 22nd - August 19th

**Times:** 1:00pm - 2:00pm

**Days:** Monday & Wednesday

**Cost:** \$520 (Payment plans available!)

To Register Call the Aquatics Office





# PARISI

## Parisi Speed and Conditioning Camps

*Parisi summer camps are functional, fast, and fun! Our camps are open to youth of all ability levels and will deliver an experience that improves fitness, builds character, develops speed, and increases confidence. Campers will learn how to train like athletes, live a healthy lifestyle, and feel better about themselves. Parisi Speed School is the national leader in youth training and our summer camps will provide an unforgettable experience.*

**Fitness and fun! Parisi Summer Camp will provide the tools and foundation for a healthy lifestyle and athletic success. Each week of summer camp will include:**

- **Parisi Performance Evaluation:** Including timed sprints, vertical jump tests, and more.
- **Video analysis of running technique:** Each athlete will receive a slow motion video breakdown of their running so they can see what our coaches see and how they can improve!
- **World Class Speed Training:** Parisi is the national leader in speed and agility training for youth athletes. Every athlete will learn the fundamentals of speed, agility, and athleticism from a training system that has proven results.
- **Fitness and Wellness:** Campers will not only learn about speed but also about the benefits of being fit, eating healthy, and exercising 60 minutes every day! Through inspiring and fun workouts and educational talks on nutrition campers will learn to live and eat healthy!
- **Games, Prizes, and Guest Speakers:** Every summer camp week will include a variety of games, prizes, and special guest speakers to provide a fun and well rounded experience for all of the campers.
- **Fun!** Above all else we want every camper to leave each day sweating and smiling! Through fun games and activities every day will be a fun and motivating experience!

Our summer camps pertain to aspiring athletes and youth of all abilities from 7-13 years of age. Camps are Monday-Friday from 9:00am to 12:00pm.

**The cost is \$175 for one week.**

In addition, we offer a special 4-week package for \$500.

Group rates may be available, contact us for more details. All camps will be held at our state of the art training facility.

### Summer Camp Dates 2015:

**Camp 1:** June 22nd-June 26th

**Camp 2:** June 29th-July 3rd

**Camp 3:** July 6th-July 10th

**Camp 4:** July 13th-July 17th

**Camp 5:** July 20th-July 24th

**Camp 6:** July 27th-July 31st

**Camp 7:** August 3rd-August 7th

**Camp 8:** August 10th -August 14th

*Register early, spots will fill up fast!*





# SPORTS CAMPS

## Jersey Shore Football Academy Pre-Season Football Camp

This camp offers athletes age 7-14 years instruction in all aspect of the game. We will focus on preparing the players for the upcoming AYF & Pop Warner season. Working on position work and game relate play throughout the week. Campers will also be put through a NFL COMBINE during the final day of camp by our Parisi Speed trainers. We will have guest speakers during the week for the players to learn from each night. Spotlight on our Co-Directors: Mike Murphy Parisi Speed Coach and former Monmouth University lineman. Head Coach Joe Palmieri, Head Coach of the National Champion Wall AYF squad.

Date: July 20th-July 23rd

Time: 6pm-8:30pm

Cost: \$195

## TAC Skill Baseball Camp

Coached by Ed McRae, this camp offers athletes age 7-13 years instruction in all aspect of the game such as fielding, throwing, hitting, position work and game scrimmages. Campers will have a half hour swim time. **Spotlight on Coach McRae:** Current Ocean County College Head Coach, Collegiate Baseball Coach 35 years, 5-time coach of the Year, Coach Team USA Baseball, Published author on Baseball, Drafted professionally to the Kansas City Royals and Pittsburgh Pirates

Date: June 29th-July 3rd

Time: 8:30am-3pm

Cost: \$295

## TAC Hitting Camp

Coached by Ed McRae, this camp focuses on the finer points of hitting mechanics. Athletes will be grouped in 2 divisions- 11-16 years and 6-10 years. Video analysis of the players hitting skills will be broken down and reviewed. .

Date: July 20th-July 23rd (*Monday-Thursday*)

Time: 5pm-8pm

Cost: \$190

## Tee Ball Camp

This camp is for the beginner player age 5-7 years. Campers will learn throwing, catching, hitting, base running with fun instructional skill development games for the younger athlete. **Spotlight on Coach Cleffi :** Former Middlesex County College Baseball coach for 13 years & 2 time Coach of Year, South Brunswick HS.

Date: Monday, August 10th-Thursday, August 13th

Time: 8:30am-11:30pm

Cost: \$150

## T3 Lacrosse

Under the direction of Coach Lori Brown, players will learn skills and strategies necessary to be successful on the field. Check in time 9am and camp begins at 9:30am. Friday will be a lunch and awards with a 1pm dismissal. Campers will have a half hour swim time after lunch. Spotlight on Coach Brown: Former collegiate Division 1 Player, All American and player for Team USA.

Date: July 20th-July 24th

K-2nd grade

Time: 9am-11:30am

Cost: \$175

3rd-High School

Time: 9am-2:30pm

Cost \$285



# SPORTS CAMPS

## **Bob Hurley Basketball Camp**

Coach Hurley and his trained staff will teach campers age 7-15 different skills such as dribbling, passing, ball handling, offense and defense and apply those skills during games. Campers will also have lectures from Coach Hurley and other guest speakers. Campers are grouped by age and ability and will receive a written evaluation at the end of the week.

*Spotlight on Coach Hurley:* Americas Premier High School Basketball Coach, Member of the National Basketball Hall of Fame, 40 years Head Coach St. Anthony's High School, over 1,000 career victories

Date: Sunday July 5th-Thursday, July 9th

Time: 8am-12pm

Cost: \$200

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## **Jersey Shore Field Hockey Skills & Conditioning Camp**

This camp is for players ages 7-14 and offers great training for all levels of field hockey. All players are placed in age and skill level specific groups. Our Field Hockey program is all about teaching the players the fundamentals and improving their skill at all levels. Great for the beginners as well as the Intermediate level players. Spotlight on Pam Cosse, Coach Cosse has been the Head Coach at Manasquan High School for 6 years and was a Princeton University Field Hockey star as a player. She is a graduate of Wall High as well as a graduate of Princeton University.

Date: July 6th-9th (*Monday-Thursday*)

Time: 2pm to 5pm

Cost: \$195

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## **Cheer Camp**

Coach Kathy Cunningham will help your cheerleader age 7-14 years, improve their skills and form. Great choreography, cheering, jumps and basic stunting will be taught. Campers will have a swim time after lunch. There will be a performance for parents on the last day.

Date: Monday, July 27-Wednesday, July 29th

Time: 8:30am-3pm

Cost: \$200

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## **Softball Pitching/Catching Camp**

Coach Meg Hennessey, collegiate all American, Professional player, will be giving her expertise in softball pitching instruction. Campers age 7-17 will enhance their skill development. Space is limited- register early!

Date: Tuesday, July 28th-Thursday, July 30th

Time: 6pm-8pm

Cost: \$80

### TEAM Soccer Academy Pre-season Skills & Conditioning Camp

This camp is a camp for serious soccer players U9-15 years old. All players will be put through a challenging Academy development curriculum dedicated to the enhancing their overall game. This camp is a great opportunity for players to improve their technique, offensive & defensive skills, passing, dribbling, shooting, as well as team tactics. Players will learn to read the game through match situations. Full day campers will have Pool time each day. Spotlight on Coach Wayne Galloway & Antonio Mesa: Coach Galloway is a former professional soccer player in England and current Head Coach at NJCSA Academy program. Coach Mesa is the Director of Coaching for US Development Academy program teams at NJCSA.

Date: August 3rd-6th

Time: 8:30am-12pm

Cost: \$195

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### NJ Select Soccer & Pre-Season Skills Development

Under the direction of Coach Wayne Ramsey, campers age 7-up, will learn the fundamentals of the game such as dribbling, passing, offense and defense play. Campers are broken down into groups by age and ability. Campers will have a half hour swim time.

Date: July 13th-17th

Time: 9am-3pm

Cost: \$285 NJS Individual

Date: August 10th-14th

Time: 9am-12pm

Cost: \$265 Skill Development

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### NJ Select Goalkeeper Camp

Coach Wayne Ramsey and his staff will prepare campers age 7-17 years a progression of exercises that establish proper reaction to execute the save. Stance, catch, goal stops, diving saves and goal kicks are just some of the skills that will be learned. This camp is designed just for goalkeepers.

Date: Sunday, July 26th-Thursday, July 30th

Time: 5:30pm-8pm

Cost: \$265

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### NJ Select Micro Soccer

Coach Jeanette Ramsey returns for another fun filled camp! Players age 4-7 years, will receive professional instruction and focus on skills such as dribbling, passing, shooting in a fun atmosphere. Campers will have a swim time from 12-12:30. Mid Day camp is available through 3pm if you need the full day.

Date: July 20th-24th/August 3rd-7th

Time: 9:30am-12:30pm

Cost: \$175

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### TAC Soccer

Under the direction of JSA Director Dan Manson, this half day camp will teach the fundamentals of soccer. Campers will learn to dribble, pass and shoot. Mid Day camp is available from 12pm-3pm if you need the full day.

Date: August 17th-21st

Time: 8:30am-12pm

Cost: \$195

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### Sports Explosion

Coach Kathy Moore will introduce campers age 4-6 years to a variety of sports including baseball, soccer, basketball and more. Mid Day camp is available from 12pm-3pm if you need the full day.

Date: June 29th-July 3rd

Time: 8:30am-11:30pm

Cost: \$185





# ENRICHMENTS

Aquatic Enrichments will check in and check out in the FIELDHOUSE.

## **Week One** June 22nd – June 26th

### **Boys Will Be Boys**

Let's do all the fun things that boys love to do-make a fort, play with Legos, construct and fly our own paper airplanes, run through obstacles courses, play soccer and football, run relay races, take nature walks, and much more. We will even learn about our favorite superheroes and make our own capes. Campers will explore and have a fun, high-energy time just being boys.

Time: 8:30am-12pm

Cost: \$195

Grade: PreK-2nd

### **Little Cheer**

Spirit is what we got! Join us for a week of jumping (tucks, toe touches, straddles), stunting (base, flying and back-spot), dancing, conditioning and strengthening. Campers will learn new cheers for a variety of sports and events. We will cheer for our parents and friends on the last day of cheer camp. Cheer improves large motor skills along with building self-confidence.

Time: 8:30am-12pm

Cost: \$195

Grade: PreK-2nd

### **Just Desserts**

Our young bakers will make scrumptious treats that are fun to prepare and especially to eat! Bake all sorts of delicious dessert treats including cookies, trifles, cake pops, fruit-roll up sushi and much more. Bakers will learn how to properly measure ingredients, read recipes, and even design their own recipe books to take home.

**THIS CLASS IS NOT RECOMMENDED FOR CHILDREN WITH FOOD ALLERGIES.**

Time: 8:30am-12pm

Cost: \$195

Grade: 3rd – 6th

### **Mini Lifeguards**

AQUATICS ENRICHMENT CAMP

Did you know that it's never too early to instill a sense of awareness and safety in and around bodies of water in young children? Through fun games and activities, our team of experienced lifeguards will teach campers, how to spot potential dangers and what to do in any situation. Students will focus on water and pool deck safety, have an introduction to minor first aid and gain experience in pool rescues and other call-for-help situations.

Time: 9am-12pm

Cost: \$185

Grade: K-2nd

## Week Two June 29th – July 3rd

### Buggin' Out

Come and discover the unknown lives of insects and learn to appreciate their place in our ecosystem. Differentiate and compare bugs and insects, learn all about their different life cycle stages, create various bug crafts, and collect and identify different bugs and insects in bug jars we've created ourselves. Special insect experts will visit us with some creepy crawling friends that we cannot only observe but touch.

Time: 8:30am-12pm

Cost: \$195

Grade: PreK-2nd

### Mermaid Camp **NEW**

AQUATICS ENRICHMENT CAMP

Let's put your best fin forward in this mermaid adventure! In this camp your child will have the opportunity to swim in a real mermaid tail, learn mermaid tricks and play mermaid games under and above the water. Requirements: swimmers must be able to swim the basic front crawl and the backstroke independently without a flotation device. (Instructors will be in the water with the children.) **All Campers must register by June 1st to be sized for their mermaid tails.**

Time: 9am-12pm

Cost: \$250

Grade: 3rd-6th

### Little Fashionistas

Enjoy this ultimate world of dress-up and style as you put your own personal creative touches on fashion. Campers will be introduced to everything from personalizing clothing to jewelry making. At the end of the week, we will put on a Fashion Show for friends and family displaying the new fashions we have created.

Time: 8:30am-12pm

Cost: \$195

Grade: K-2nd

### Zumba Fiesta Spanish **Back By Popular Demand**

Join Senor Eduardo for this fun-filled, energy packed camp for a combination of Zumba Dance & Spanish. You'll move and groove to the Latin beat and learn key phrases and vocabulary, make musical crafts, and experience the food & customs that define the culture. Wear your sneakers and get ready to Zumba Fiesta!

Time: 8:30am-12pm

Cost: \$195

Grade: K-4th

## Week Three July 6th – July 10th

### Designer Diva **NEW**

We've combined two of your favorite fashion camps, Fashion Runway and Sparkle & Bling, and made one spectacular fashion event! Come strut down our fabulous catwalk where we will do everything from plan outfits, create new looks, and dabble into a little beginner sewing. Make dazzling jewelry to wear and keep. This camp ends with a Fashion Show down the red carpet for our families and fellow campers.

Time: 8:30am-12pm

Cost: \$195

Grade: 3rd- 6th





### **Cook With A Book** *Back By Popular Demand*

Get ready to savor good books and delicious recipes. Students will be provided enjoyable hands-on basic “cooking experiences” that are theme based to a story. Our little bakers will build on self-confidence as they successfully follow the recipes in class and create many delicious snacks and desserts to eat. Campers will bring home a recipe book they have created in class. **THIS CLASS IS NOT RECOMMENDED FOR CHILDREN WITH FOOD ALLERGIES.**

Time: 8:30am-12pm

Cost: \$195

Grade: PreK – 2nd

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### **Dino - Land of the Lost**

Visit the prehistoric age when the dinosaurs roamed the Earth. Our pint size paleontologists will discover how these creatures survived for over 150 million years and all about the important work paleontologists do. We will identify the different types of dinosaurs, learn fun dino-facts, create crafts, read stories, dig for fossils and participate in hands-on experiments. Conclude the week by creating a life size jaw of a Tyrannosaurus Rex.

Time: 8:30am-12pm

Cost: \$195

Grade: PreK – 2nd

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## **Week Four July 13th – July 17th**

### **Ahoy Matey!**

Arrrr mates! Join us for a swashbuckling high seas adventure while following treasure maps, learning pirate lingo and dressing up like pirates. The “crew” will make everything from hats to flags, read pirate books and create their very own mighty pirate ship during this very popular enrichment class. *Hurry, This Camp Fills Up Fast!*

### **Extra trip to Pirate Adventures of Jersey Shore for a \$30 fee (optional)**

Time: 8:30am-12pm

Cost: \$195

Grade: PreK – 2nd

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### **Storm Trackers**

Our future meteorologists will explore our atmosphere and discover the causes of different weather conditions. We will make our own tornadoes and weather wheels, record daily weather patterns, and learn how hurricanes, thunderstorms and blizzards are created. Build meteorological instruments to make weather predictions and chart weather patterns while becoming a weather caster for the week. The students will get in front of the mobile green screen weather studio and experience how a real weathercast is performed, just like in a real TV studio when our guest meteorologist visits for the morning.

Time: 8:30am-12pm

Cost: \$195

Grade: 3rd – 6th

### Photo Bomb **NEW**

Photography is more than an art. It requires both aesthetic and technical skill. In this camp, the students will explore digital photography and be encouraged to use it as an expressive tool while developing an understanding of technical and visual aspect of this art form. Taking the photos is only half of the fun, the rest comes from when the students begin to manipulate their images through the use of computers and iPads.

Time: 8:30am-12pm

Cost: \$195

Grade: 5th-8th

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### *Week Five July 20th – July 24th*

### With All My Art **NEW**

Come and explore art and discover your creativity! Expand your child's imagination by engaging them in productive projects in this camp. Children improve their abilities to plan, make decisions and think resourcefully while making one of a kind pieces.

Time: 8:30am-12pm

Cost: \$195

Grade: PreK-2nd

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### Outdoor Skills

Learn about the great outdoors with this interactive outdoor-themed enrichment camp! This week will focus on camping and outdoor living skills along with a new knowledge of nature. Campers will learn to pitch a tent, tie different types of knots, identify dangerous plants and insects, name constellations and develop basic survival and first aid skills. Campers will hike on TAC's trails, take a climb on our ropes course and end the week with a special "camp out" party.

### **THIS IS NOT A SLEEPOVER CAMP**

Time: 8:30am-12pm

Cost: \$195

Grade: 3rd-6th

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### Lakehouse Music Academy's Get Started

Lakehouse Music Academy is a progressive music school of whom has teamed up with TAC Summer Camp to bring relevant, real-life music education to our summer campers. Join the band! Our Get Started program is a group rehearsal where beginners jump right in and start making music immediately. Introduce your child to guitar, bass, drums, keyboards, or vocals. Directed by Lakehouse Music Academy's dynamic music professionals, every student gets to feel like a rock star.

We will end the week with a performance for all of camp. **NO MUSICAL EXPERIENCE REQUIRED.**

Time: 9am-12pm

Cost: \$275

Grade: 1st – 4th

Time: 12:30–3:30pm

Cost: \$275

Grade: 5th – 8th

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### Babysitters Club

Learn what you need to know and what every parent wants in a responsible babysitter. All participants will receive an introduction to CPR/ First Aid Skills Class, a certificate of completion in this course, and even designing your own business card and resume. This club will teach which toys are safe, age appropriate games and activities, how to deal with bed time issues, important ways to handle an emergency situation, and provide tips for having a safe babysitting experience while building confidence. This is designed for 11-15 year olds.

Time: 8:30am-12pm

Cost: \$195

Grade: 6th – 9th





# ENRICHMENTS

## *Week Six July 27th – July 31st*

### **Safari Adventure**

Stamp your passport and join us for a wild adventure where we will take an imaginary journey to the Safari. Stories and games, animal crafts, safari-themed treats and educational activities will ensure our campers become familiar with the many species that live in this part of the world. Campers will also learn about nature and gain a greater appreciation of wildlife.

Time: 8:30am-12pm

Cost: \$195

Grade: PreK – 2nd

### **Pencil Power**

Campers entering PreK and Kindergarten will reinforce their fine motor skills in order to develop proper grip control and strengthen handwriting. Children will practice letter formation, copying letters, and tracing techniques. With different art mediums such as beading, cutting, and other “pincher grip” activities, this camp helps to strengthen the intrinsic muscles of the hand.

Time: 8:30am-12pm

Cost: \$195

Grade: PreK – K

### **Number Crunchers**

Help to build your child's confidence in this intensive math program. This course will include computational skills, the application of mathematical operations and solution of word problems. The use of manipulatives will help to reinforce the concepts covered in class by adding some FUN to traditional math. Campers will even be responsible for tallying up the proceeds from our Summer Camp's Penny Wars. This camp is a great way not only to refresh but also to learn some new math techniques.

Time: 8:30am-12pm

Cost: \$195

Grade: 3rd - 6th

### **Girls Rule! *NEW***

Girls just want to have fun in this adorable new camp. Enjoy tea parties, playing dress up, reading stories and having a spa day just for us girls. Enjoy special themed days including Pinkalicious Day, American Girl Doll Day and even a Frozen themed day. Learn all about your favorite princesses, snack on delicious treats and just have fun doing things girls like to do!

Time: 8:30am-12pm

Cost: \$195

Grade: PreK – 2nd

### **Drawn To Art *NEW***

This class helps children develop their skill and imaginative ideas through the investigation of technique and style. Students will explore drawing realistically and classically, as well as creatively. They will work with a variety of drawing methods along with an array of mediums

Time: 8:30am-12pm

Cost: \$195

Grade: 3rd - 6th

## Week Seven August 3rd – August 7th

### Medieval Times

Imagine a week of dress up, drama, arts & crafts, and enchanting stories while learning about castles, knights, royal families and dragons! Create personalized shields, decorate swords, and design prince & princess masks and crowns. Children will discover the roles of the people in the castle and spend time in the medieval era where “make believe” rules.

Time: 8:30am-12pm

Cost: \$195

Grade: PreK-2nd

### Oceanography

AQUATICS ENRICHMENT CAMP

Campers will begin Oceanography Camp by learning facts about the ocean. They will understand things such as why the ocean is salty and what causes waves. The campers will also learn about different types of animals that live in the ocean. Children will be introduced to snorkeling instruction to view our ocean friends (in the pool.) A mask and snorkel will be provided for this activity. **Please register on or before July 20th to ensure your child receives their mask and snorkel.**

Time: 9am-12pm

Cost: \$225

Grade: 3rd - 6th

### Little Cheer

Spirit is what we got! Join us for a week of jumping (tucks, toe touches, straddles), stunting (base, flying and back-spot), dancing, conditioning and strengthening. Campers will learn new cheers for a variety of sports and events. We will cheer for our parents and friends on the last day of cheer camp. Cheer improves large motor skills along with building self-confidence.

Time: 8:30am-12pm

Cost: \$195

Grade: PreK-2nd

### Lights, Camera, Action

It's show time! In this 2-WEEK class our actors and actresses will practice acting skills through role-play, dramatic exercises, pantomimes, characterizations and skits. Our thespians will learn to take directional cues, memorize individual parts, and create simple scenery, as the play requires. Parts are given out in the first week of this camp. The cast and crew will produce our summer camp's version of "Annie". The performance for the friends and family will be on the last day of this camp.

Time: 8:30am-12pm

Cost: \$390

Grade: K – 6th

### Wild 4 Art *NEW*

Wild 4 Art offers children an opportunity to indulge, explore and expand their love of art and crafts. Campers will develop skills and become more comfortable with different art tools. We will be introduced to printmaking, collage, bookmaking, painting and drawing techniques along with many other mediums.

Time: 8:30am-12pm

Cost: \$195

Grade: 3 – 6th





# ENRICHMENTS

## **Computer Coding for Kids** *NEW*

Learn BEGINNER computer coding skills by building games, stories and interactive animations on the computer. These activities are designed to teach students computational thinking and the basics of computer programming. We will be using concepts such as repetition, conditional logic, and handling keyboard input.

### **THIS CAMP HAS LIMITED AVAILABILITY**

Time: 8:30am-12pm

Cost: \$195

Grade: 3rd – 6th

## *Week Eight August 10th – August 14th*

### **Boys Will Be Boys**

Let's do all the fun things that boys love to do-make a fort, play with Legos, construct and fly our own paper airplanes, run through obstacles courses, play soccer and football, run relay races, take nature walks, and much more. We will even learn about our favorite superheroes and make our own capes. Campers will explore and have a fun, high-energy time just being boys.

Time: 8:30am-12pm

Cost: \$195

Grade: PreK - 2nd

### **Future Lifeguards**

AQUATICS ENRICHMENT CAMP

Did you know that it's never too early to instill a sense of awareness and safety in and around bodies of water in young children? Through fun games and activities, our team of experienced lifeguards will teach campers, how to spot potential dangers and what to do in any situation. Students will focus on water and pool deck safety, have an introduction to minor first aid and gain experience in pool rescues and other call-for-help situations.

Time: 9am-12pm

Cost: \$185

Grade: 3rd - 6th

### **Oceans of Fun**

Make waves in our fun-filled class all about the wonders of the ocean. Learn about the 5 oceans, analyze coral reefs, and identify many of the creatures that call the ocean their home. We will create projects to represent oceanic life, make ocean themed snacks, learn new songs and much more. We will also talk about the importance of keeping our oceans clean and the negative effects of pollution.

Time: 8:30am-12pm

Cost: \$195

Grade: PreK – 2nd

### **Reading and Math**

Come join us for a skill building camp that centers on the foundations of both reading and math concepts. Theme driven games and hands-on activities will focus on blending and clipping sounds, beginner reading skills, comprehension, and phonemic awareness. The math element of our program uses creative techniques including counting to 100, recognizing numbers, graphing, numerical awareness and matching patterns and shapes. This is a great opportunity to reinforce and review concepts and site words learned during the school year.

Time: 8:30am-12pm

Cost: \$195

Grade: K – 2nd

## Week Nine August 17th – August 21st

### Wild, Wild West

Come explore the age-old rivalry of Cowboys and Native American Indians. Campers will make themed clothing and accessories including headdresses and cowboy hats, role-play different western adventures and learn numerous rodeo games. Create various art projects, listen to stories and end the week with a camp out. Come and lasso into our Wild, Wild West!

Time: 8:30am-12pm

Cost: \$195

Grade: PreK – 2nd

### Get Ready for Kindergarten • 1st Grade • 2nd Grade

In this program children entering Kindergarten, First and Second Grade can end the summer by building skills and confidence with our Getting Ready program for his/her upcoming grade level. Certified teachers will review and prepare your child to excel with a new confidence and a great head start for a year of success.

*\*This camp is separated into different classrooms by grade.*

Time: 8:30am-12pm

Cost: \$195

Grade: K – 2nd

### Culinary Creations **NEW**

Learn the ins and outs of running a kitchen. Everything from kitchen safety and sanitation to learning various cooking skills such as measuring and reading recipes and preparing a meal and menu will be explored. Prep, cook and eat various assortments of food. Make a reservation and join us when we visit a real chef at The Atlantic Club Café.

Time: 8:30am-12pm

Cost: \$195

Grade: 3rd - 6th

### Under the Sea **NEW**

AQUATICS ENRICHMENT CAMP

Join us for an underwater adventure this summer! Swim instruction, arts and crafts, games and educational activities will ensure your child will gain an appreciation for ocean life and conservation.

Time: 9am-12pm

Cost: \$185

Grade: PreK- 2nd

## Week Ten August 24th – August 28th

### Mermaid Camp **NEW**

AQUATICS ENRICHMENT CAMP

Let's put your best fin forward in this mermaid adventure! In this camp your child will have the opportunity to swim in a real mermaid tail, learn mermaid tricks and play mermaid games under and above the water. Requirements: swimmers must be able to swim the basic front crawl and the backstroke independently without a flotation device. (Instructors will be in the water with the children.) **All Campers must register by June 1st to be sized for their mermaid tails.**

Time: 9am-12pm

Cost: \$250

Grade: 3rd - 6th





Our staff is what makes your child's camp experience so special! Our team of counselors and coaches consists of teachers, student, and graduate students pursuing degrees in Elementary Education, Physical Education, Child Psychology, Social Work, The Arts, Drama, and other child related studies. Our year round seasoned and highly qualified Directors have an understanding of child behavior and development. All staff have completed an intensive pre-camp training program. All are fully certified in CPR, First Aid and AED, Blood borne Pathogens, and trained in the administration of Oxygen, Epi-Pen, and more. We are committed to quality, innovation, safety, fun, and excellence in everything we do. At The Atlantic Club, we strive to exceed the needs and expectations of our campers and their families.



**Camp Headquarters is located in the Atlantis Preparatory School.**

**1904 Atlantic Avenue | Manasquan, NJ 08736 | 732-292-4357**

**[www.summercampnac.com](http://www.summercampnac.com)**



*Stay Connected all summer long with the Atlantic Club Summer Camp Facebook Page!  
Daily camp updates & summer fun photos!*

