A Guide to Tea

You are in the mood for tea.

Do you know what kind of tea you are in the mood for?

- Yes → Do you own this kind of tea?
- No → Do you want more energy?

Do you want more energy?

- Yes → You are in the mood for BLACK TEA
- No → Do you want to go to sleep?

Do you want to go to sleep?

- Yes → You are in the mood for HERBAL TEA
- No → You are in the mood for GREEN TEA

Do you own this kind of tea?

- Yes → Is it in a tea bag?
- No → Do you want own a box of this tea?

Do you want own a box of this tea?

- Yes → Buy a box of tea from a tea shop or grocery store
- No → Order and buy your tea from a coffe shop → ENJOY!

Is it in a tea bag?

- Yes → Do you know the right temperature to heat the water for your tea?
- No → Place loose leaf tea in a tea infusser → Close tea infusser

Do you know the right temperature to heat the water for your tea?

- Yes → Heat water to appropriate temperature.
- No →

Green	Black	Herbal
170°F	210°F	210°F

Heat water to appropriate temperature. → Place dry tea in a mug. → Do you want hot tea?

Do you want hot tea?

- Yes → FOR HOT TEA: Pour water over and fill mug. → Do you know how long to leave your tea in for?
- No → FOR ICE TEA: Pour water over filling about 1/3rd of the mug. → Do you know how long to leave your tea in for?

Do you know how long to leave your tea in for?

- Yes → Take out at the appropriate time. → ENJOY!
- No →

Green	Black	Herbal
1-2 min	2-3 min	3-6 min

Take out at the appropriate time. → Pour over a glass full of ice. → ENJOY!

Life is like a **cup of tea**, *it's all about how you make it.*