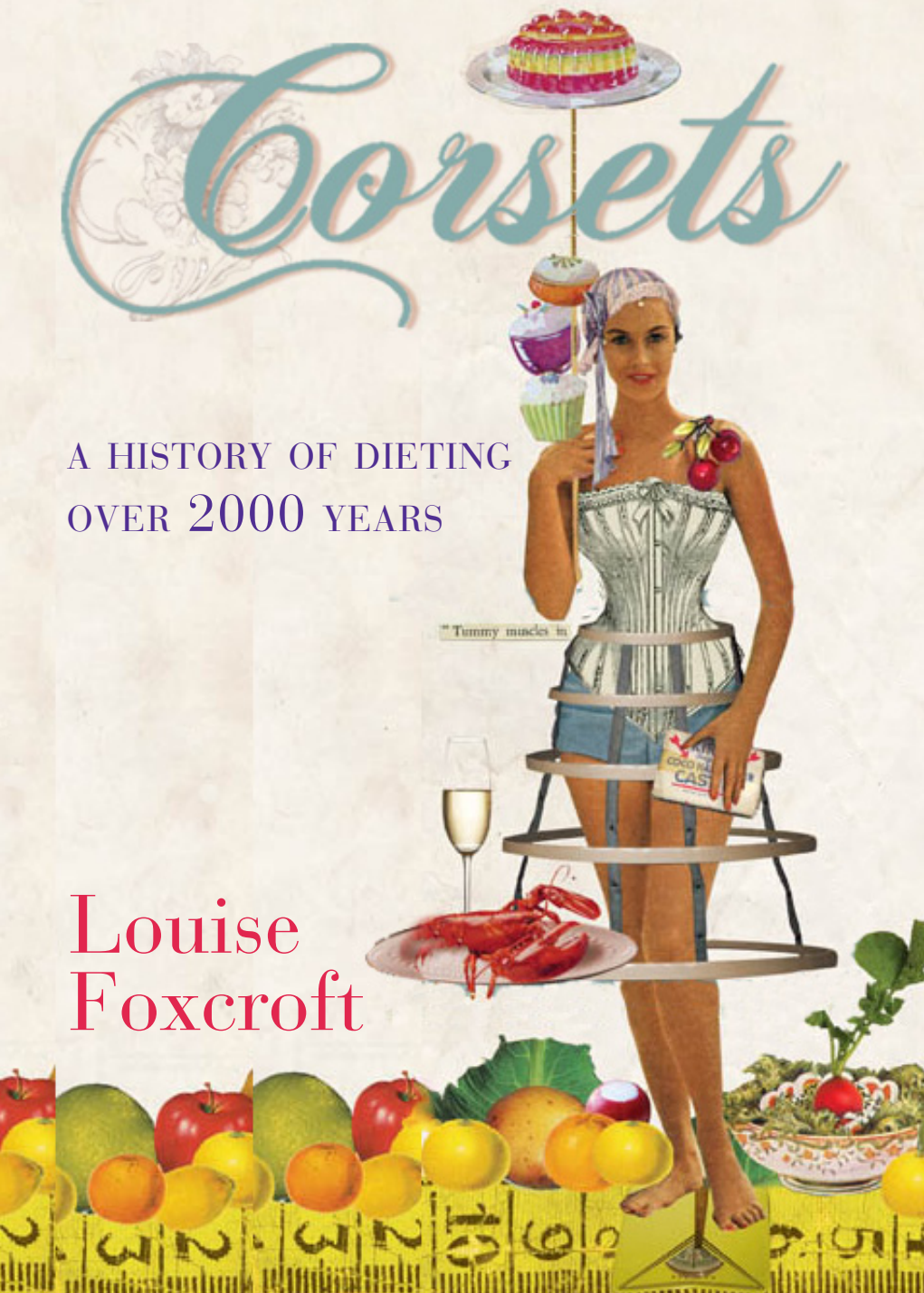


CALORIES &

Corsets

A HISTORY OF DIETING
OVER 2000 YEARS

Louise
Foxcroft



Tummy muscles in

DIET CAS