

Aquatic Center at

BOCAIRE COUNTRY CLUB

For Bocaire members and guests, our aquatic center is a slice of paradise. Cool off and have fun in our graduated beach entry main pool, or swim a few laps in one of our two, temperature controlled 75-foot lap lanes. Visitors can also beat the heat by relaxing under one of two shaded pavilions, or by quenching their thirst at the convenient poolside bistro. Bocaire even offers water aerobic classes for an invigorating alternative to our numerous fitness center classes.

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- Temperature Controlled Pool
 - Two 75-Foot Lap Lanes
 - Spa Pool
 - Two Shaded Pavilions
 - Poolside Bistro
 - Water Aerobic Classes





Tot Lot & Recreation Center at BOCAIRE COUNTRY CLUB

Families can spend a fun time together at Bocaire's recreation center, with a “Tot Lot” that provides a safe place for children to play. Modern playground equipment designed for safety and a soft, padded rubber floor lets kids enjoy themselves without bumps and bruises. The center also has a newly expanded selection of activities and games that everyone will love. Just don't forget to shoot hoops at our short-court basketball court – less running, more basket! Whatever your preferred game is, Bocaire's recreation center is full of athletic fun for the whole family.

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- Safe, Modern Playground
 - Soft, Padded Rubber Floor
 - Short-Court Basketball Court
 - Athletic Activities for Families and Kids

Fitness at

BOCAIRE COUNTRY CLUB

Bocaire's 4300 sq. ft. Fitness Center provides the latest weight training and cardio equipment, as well as fitness assessments and personal instruction from our highly experienced professionals. If group classes are more your style, Bocaire offers a variety of classes for every fitness level. In order to provide the most comprehensive personal and group training, as well as the most innovative health and wellness techniques, Bocaire's team of fitness specialists systematically upgrade their skills, education and programs through a close connection with the Exercise Science and Wellness program at Florida Atlantic University.

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- Fully Equipped With The Most Current Weight Training and Cardio Equipment
 - Personal Instruction
 - Full Schedule of Aerobics, Body Sculpting, Yoga and Zumba Classes
 - Full-Time Certified Fitness Trainers
 - Exercise Physiologists





Spa Amenities at BOCAIRE COUNTRY CLUB

Members can enjoy a full range of relaxing spa services at Bocaire. Erase stress and sore muscles with a soothing massage from our Licensed Massage Therapist who specializes in a variety of different massage techniques including Swedish, Deep Tissue, Hot Stone and Reflexology. Our aquatic center even offers a separate spa pool for relaxing the day away in cool waters. At Bocaire, tension will be the least of your worries. We'll make sure of it.

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- Licensed Massage Therapist
 - In-Home Treatments
 - Separate Spa Pool