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## SDTC IS ALMOST SOLD OUT

**Reply** to this email or **REGISTER NOW** to reserve your spot!

Dear ,

What is your favorite race or event? Maybe it's one with a scenic course or where you beat your personal best... Mine is the one that changed my life.

In 1997, when I was 9 years old, I participated in my first [Aspen Medical Products San Diego Triathlon Challenge](#) (SDTC). Since that day, I have run marathons, finished an IRONMAN® and been to three Paralympic Games. Each experience was amazing, but none was as important and special as SDTC. It was SDTC that showed me that anything is possible. And it was the funds raised through SDTC that got me to the starting line.

Will you join me on October 20th for CAF's 20th Anniversary SDTC? Together, we will witness all you have helped create and raise funds that will help change lives - and the world - for another 20 years.

Sincerely,  
Rudy Garcia-Tolson



All participants will get a pair of the hottest new Converse to hit the fashion scene!

[Check out all the SDTC PERKS](#)



Don't forget the whole family can get involved at SDTC. You can still sign up for the 24 Hour Fitness Tour de Cove cycling marathon.

[REGISTER NOW FOR TOUR DE COVE](#)



Check out the custom CAF tri kits and jackets you can earn when you reach Gold Team status for SDTC!

[Learn more about the perks of GOLD TEAM](#)

### DID YOU KNOW

that Robin Williams, Mt. Everest, Oprah, the Haiti Earthquake, and multiple Paralympic Games have all been part of CAF's history?

Check out all the other cool facts in our [CAF Interactive Timeline](#)

and see how these have played a role in CAF's 20 Years that Changed the World.

1998

**A Brave Heart Is A Powerful Weapon**

Robin Williams makes his first SDTC appearance and participates on Team Braveheart with Rudy Garcia-Tolson and Scott Tinley. He becomes a fixture at the event, helping to raise the profile of the SDTC.

How many SDTCs has Robin participated in?

ANSWER

1992 1994 1997 1998 1999 2001 2002 2004 2005

Our Partners:



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