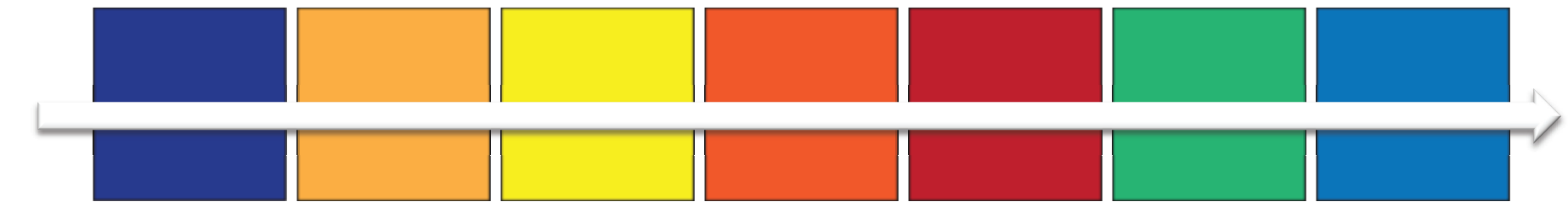


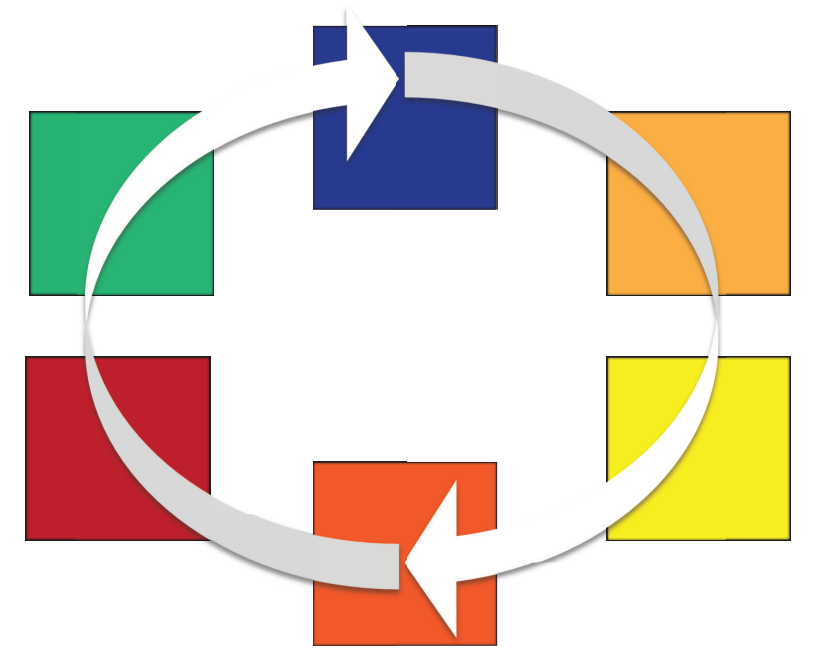
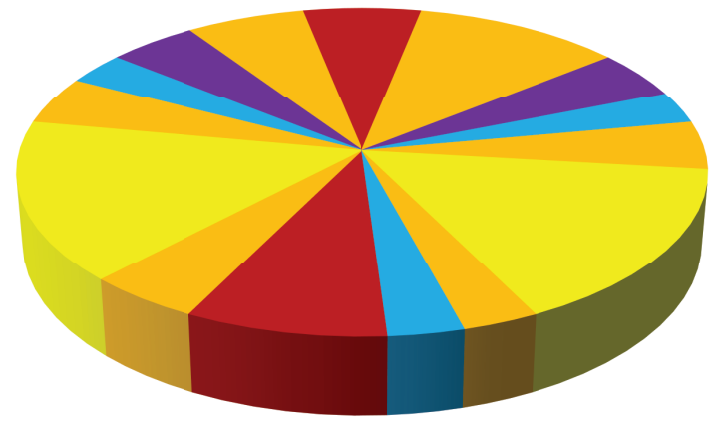
MONKS SCHEDULE

- 3:30 RISE
- 3:45 VIGILS
- 4:00 STUDY/PRAYER
- 5:00 LAUD
- 5:45 MASS
- 6:00 READING/PRAYER - POSSIBLE MEETING IN CHAPTERHOUSE
- 6:45 BREAKFAST
- 7:15 LEGIO DIVINA
- 8:00 TIERCE
- 8:30 WORK
- 11:00 END WORK
- 11:20 SEXT
- 11:30 DINNER
- 12:00 SIESTA/FREE TIME
- 1:20 NONE
- 2:00 WORK
- 4:30 END OF WORK - PRAYER/STUDY
- 5:30 VESPERS
- 5:45 COMMUNITY MEDITATION
- 6:00 SUPPER
- 6:30 STUDY -- POSSIBLE MEETING IN CHAPTERHOUSE
- 7:30 COMPLINE
- 8:00 RETIRE

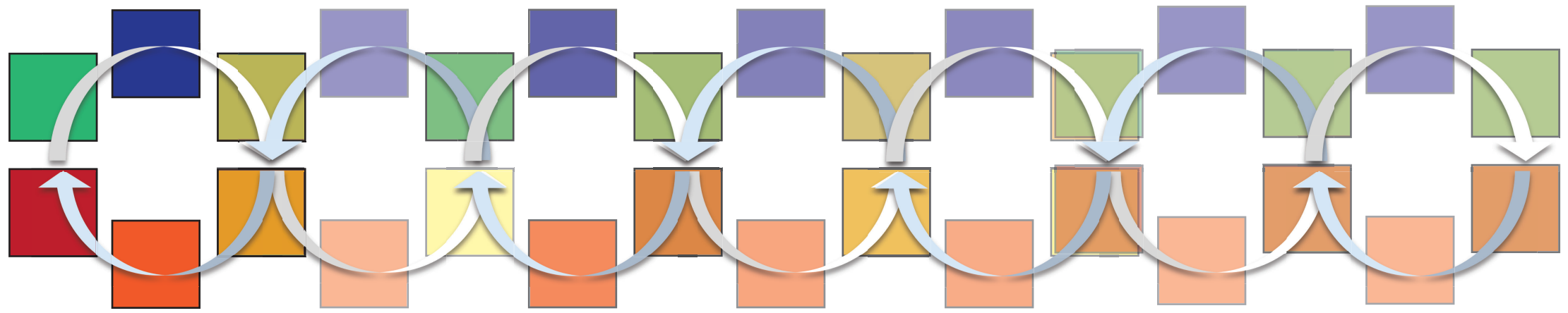


LINEAR TIME

- CHURCH
- CHAPTER HOUSE/NOVICE DAY ROOM
- CELL
- LIBRARY/SCRIPTORIUM
- REFRECTORY/KITCHEN
- MONK DEPENDENT



CIRCULAR TIME



LACED TIME CYCLE