

THE BUSHMAN WAY OF TRACKING GOD

Bradford Keeney, PhD

In stores September 28, 2010

978-1-58270-257-5 • Hardcover • 304 pages • \$24.00

The Original Spirituality of the Kalahari People

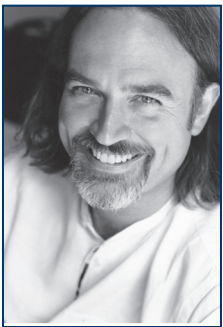
The southern tip of Africa is the home to an ancient civilization whose spiritual teachings have survived for over 60,000 years, making it the oldest form of spirituality in the world. For years, the Kalahari Bushman guarded their spiritual secrets from the outside world, but Bradford Keeney's devotion and passion for their practices helped them see the value of their teachings to other societies. They also saw that Bradford was the one to teach it to the world.

At the request of the Bushman Elders, Keeney presents the twelve original mysteries of the Bushman original spirituality: a direct means of tracking God that immerses you in the mysteries of enhanced being. The last word on spirituality comes from our first religion and its message will shake up everything you ever thought you knew about life, well-being, and the divine.

Through the words of the elders themselves and Keeney's energetic voice drawing connections, the reader sees that to celebrate God as the Bushmen do, you have to use your whole body. Through ecstatic shaking and movement, Keeney helps Westerners find the joy and spirituality in the world's oldest religion and start their own journey to tracking God.

"Hearing Bradford Keeney tell his remarkable stories, you can't help but think of Indiana Jones."

—Editors of *Utne Reader Magazine*



Bradford Keeney, PhD, is an internationally renowned scholar, author, and therapist. As the author of more than thirty books, Keeney presently is practicing and teaching what he has learned from the arts and sciences across diverse cultural traditions to help individuals, couples, and families transform their challenges and suffering into growth and more meaningful lives.

Suggested Topics of Discussion

Shaking Medicine and how it relates to today's spirituality: Keeney shares how the most ancient spiritual practice in Africa has influenced and inspired the spirituality of today.

The relationship between Technology and Spirituality: Keeney details how as human beings technologically evolved, they spiritually devolved.

What we can learn from the Kalahari Bushmen: Keeney discusses the lessons the first religion of the world has to teach us that can provide the greatest transformation possible.

Suggested Questions

How can the world change in a month if we listened to the advice given by the oldest living culture in the world, the Kalahari Bushmen?

Why do we need to be less serious and more absurd?

Explain why you say, "Move over meditation, now is the time for shaking ecstatic joy!"

What is shaking medicine? How does it relate to the Kalahari Bushmen? How does it relate to me?

Media Contact:

Rebecca Stinson—Dancing Word Group
760-231-7113
rebecca@dancingwordgroup.com

