

Halloween Safety Tips

Halloween is a fun and exciting night for most children and families. While enjoying the festivities, please keep these safety tips in mind!

- When you're trick-or-treating, only visit well-lit homes and stay on porches, rather than entering a stranger's home.
- If your child is out with other kids, attach their names and addresses inside of their costumes
- To prevent falls, make sure your child's costume fits properly and is no longer than their ankles. Use makeup or face paint as opposed to masks that might block their vision.
- Make sure drivers can see your child by using costumes with bright fabrics or decorate them with reflective tape. Give your child a flashlight to carry.
- Tell your children to bring their treats home before eating them so you can make sure they are safe.
- Throw out any treats that are not wrapped, those in torn or open packages, or any that have small holes in the wrappers.
- Always discuss Halloween safety tips with your children, no matter what their age!

Cleaning Schedules: Tips & Tricks

We're the most happy and balanced when we live in a clean environment. But when is the best time to clean different parts of our home? This guide explains...

Once a Week

Laundry, vacuuming, sweeping, dusting and cleaning the sinks and toilets are all once a week (if not more!) tasks. Dirt, scum and grim builds up quickly in these areas!

Once Every Other Week

Cleaning the window and the showers are tasks that can easily be managed once every other week. Any less than that and your windows may get streaky and tub may get grimy!

Once a Month

Washing heavy blankets, quilts and comforters can be done once a month. Furniture too, may be tackled once a month for general cleaning.

Local Events

5th Annual Boston Book Festival

October 23rd—October 25th

All day event

Copley Square, Boston

Columbus Day Parade

Sunday, October 12th

1 pm

East Boston, Boston

Boston Pumpkin Festival

Sunday, October 19th

4:30 pm—6:30 pm

Frog Pond, Boston Common

Pru Boo!

Sunday, October 26th

11 am—1 pm

Prudential Center, Boston