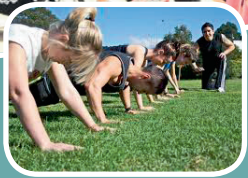
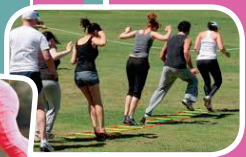
Be All You Can Be! New Season Boot Camps Enlist TODAY!





Monday, Wednesday and Friday 6-7am
26th November-21st December Only $90

Tuesday and Thursday 6-7am or 6:30-7:30pm
27th November - 20th December Only $60

Try Our New Mumz n Bubz Session
Wednesday 10:30-11:30am

Mumz n Bubz First session FREE!

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